

FIRST NATION CONTROL GROUP COMMUNITY BRIEFING

www.temagamifirstnation.ca

MASKS STILL STRONGLY RECOMMENDED BUT NOT MANDITORY

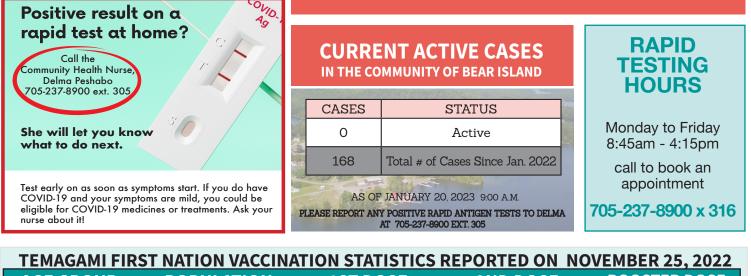
Kwe kwe community members!

As you've all probably recognized, the FNCG has been pulling back on services and restrictions pertaining to the COVID-19 pandemic. We've been lucky to have not seen many new COVID-19 cases in the community. This is likely largely due to the extended freeze-up season that we've had and not a lot of movement on or off the island. Now though, with the snowmobile trail being well used, we shouldn't get complacent. COVID-19 continues to be a threat so the FNCG wishes to remind everyone to continue to practice your usual safety measures. Chief and Council have agreed that masks within public spaces are no longer a requirement but they and our medical advisor reminds community that it continues to be one of our best protective measures against the virus. There continues to be a triple threat of respiratory infections in Ontario: RSV, COVID & Influenza A. We know that serious infections put a strain on the health and hospital system.

We want to ensure that if anyone is showing any flulike symptoms, they stay at home and test for COVID-19 either by the Rapid Antigen Tests or by calling the clinic for testing at 705-237-8900 ext.316.

Further to COVID-19 testing, the DPHC can now test for other respiratory viruses, namely, RSV, Influenze A and Influenza B. When you call the clinic and describe symptoms, we can now first rule out COVID-19 and then potentially find out which virus you're being affected by.

Take good care.



TEMAGAMI FIRST NATION VACCINATION STATISTICS REPORTED ON NOVEMBER 25, 2022					
AGE GROUP	POPULATION	1ST DOSE	2ND DOSE	BOOSTER DOSE	
18+	221	89.6%	86.8%	61.2%	
12 -17	25	88%	83%	42 %	
5 - 11	24	63%	46 %	13%	

Indicators used to determine may not be 100% accurate - individuals may reside on Bear Island BUT may not be a TFN member; or there may be TFN members with addresses or postal codes outside of BI. Therefore, coverage rates may be overestimated in some age groups ***

VACCINE CLINICS

New Liskeard

Services do satella du TIMISKAMING Haadto Ust

Clinics for people aged 12+ (all doses, including the bivalent COVID-19 vaccine) Cliniques pour les personnes âgées de 12 ans et plus (toutes les doses, y compris le vaccin bivalent contre la COVID-19)

Date	Community Communauté	Time Heures		
Tuesday, January 24 mardi 24 janvier	New Liskeard - Old 'Movie Gallery'*	1 - 4 p.m. 13 h à 16 h		

Clinics for children aged 6 months to 11 years Cliniques pour les enfants de 6 mois à 11 ans

Date	Community Communauté	Time Heures
Thursday, January 26 jeudi 26 janvier	New Liskeard - Timiskaming Health Unit Office	9 a.m. to 12 p.m. & 1 to 4 p.m. 9 h à 12 h et 13 h à 16 h

North Bay

Date	Location	Time
Thursday, January 26	Elks Lodge	Noon to 4 p.m.
Tuesday, February 7	Elks Lodge	Noon to 4 p.m.
Thursday, February 23	Elks Lodge	Noon to 4 p.m.

Booking is encouraged due to limited walk-in capacity. Book using the provincial booking system: Réservation encouragée en raison de la disponibilité limitée pour les personnes sans rendez-vous.

https://covid-19.ontario.ca/book-vaccine/ or call | ou appelez 866-747-4305, Ext./poste 6.





Make sure to stay home until your symptoms have been resolved for at least 48 hours. Stomach flu is an infection of the stomach and intestines. It is not the same as seasonal influenza.

It is still contagious

- Stay home!
- Clean and disinfect in the bathroom after each use
- Wash your hands often
- Wash soiled laundry in hot, soapy water.

Get comfy at home

- Rest!
- Drink fluids to rehydrate and replace lost fluids
- When you feel like eating, start with plain foods like toast, bananas, or plain rice.

PANDEMIC SAFETY COORDINATOR PAULA POTTS 705-237-8900 EXT. 304

CONTACT INFORMATION

COVID-19 RAPID TESTING 705-237-8900 EXT. 316 (LEAVE A MESSAGE IF NO ANSWER) COMMUNITY HEALTH NURSE DELMA PESHABO 705-237-8900 EXT. 305