



B.I.
BLAST



**FIND OUT DETAILS ABOUT
HANTA YO INSIDE**

MISKOOMIN GIIZIS

**RASPBERRY MOON
JULY 2022**



**TEMAGAMI
FIRST NATION**



**TEMAGAMI
FIRST NATION**

AT THE
**BEAR
ISLAND**
BALL FIELD

POW WOW

RETURNS



**BIGIIWAYAUNG N'DAKI MENAN
- COMING HOME TO OUR LAND -**

**SATURDAY
JULY 9TH**



**VENDORS
WANTED**

CONTACT

Tyler Paul or Band Office
705 237 8022 ext. 405 or
705 237 8943 ext. 101
fwb@temagamifirstnation.ca
tfn@temagamifirstnation.ca

temagamifirstnation.ca



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Read about the return of artifacts on page 9

HAVE YOU CHANGED YOUR ADDRESS?

Make sure to contact our Membership Clerk to let us know your current mailing and email address.

705-237-8943 ext. 120
membershipadmin@temagamifirstnation.ca

Bear Island Blast Submissions can be sent to communication@temagamifirstnation.ca or call 705-237-8943 EXT.107

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CONNECT WITH US
temagamifirstnation.ca



The Bear Island Blast is a monthly publication. To submit content or subscribe, email communication@temagamifirstnation.ca. The deadline for submissions for the **August** Edition is July 29th, 2022. Please note, due to annual leave, the August Edition will be delayed one week.



NOTICE

Regular Council Meetings

Thursday, July 14th, 2022
 and Thursday, July 28th, 2022
 at 7:00 pm MgM Council Chambers

Under agenda item “ANY MATTER A RESIDENT WISHES TO RAISE” - all matters are to be put in writing and sent by mail or email (councilmeeting@temagamifirstnation.ca) by 3pm on prior to meetings.

This meeting is accessible to TFN members. In accordance with COVID-19 protective measures:

In-Person:

1. In-person attendees are required to register by emailing: councilmeeting@temagamifirstnation.ca;
2. A well-fitted, properly worn mask is required;
3. Attendees are expected to maintain 6 feet distance between fellow attendees, or as much as practically possible;

Via Zoom;

1. Please email councilmeeting@temagamifirstnation.ca to request the link.

TFN Shuttle Boat Schedule

SCHEDULE A MONDAY TO FRIDAY		July 2022							
Depart Bear Island WEEK DAY (MON-FRI)	Depart Mineroad WEEK DAY (MON-FRI)	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
8:00 a 8:30 a	8:15 a 8:45 a	3	4	5	6	7	1 Canada Day No Shuttle	2	<i>NOTE: MUST BOOK IN ADVANCE DURING OFFICE HOURS (8:30AM-4:30PM) BY CALLING: 705-237-8943 EXT 101 tfn@temagamifirstnation.ca</i>
1:45 p Tues/Fri	2:15 p Tues/Fri	10	11	12	13	14	15	16	<i>PLEASE NOTE THAT EMERGENCY SERVICES CALLS MAY PRE-EMPT THIS SCHEDULE.</i> COVID 19 GLOBAL PANDEMIC: PROTOCOL & PROCEDURES: 1. HAND SANITIZER PRIOR TO BOARDING IS AVAILABLE. 2. FACE MASKS ARE MANDATORY PRIOR TO BOARDING. 3. Five (5) PASSENGER MAXIMUM PLUS DRIVER. 4. GARBAGE BIN AVAILABLE.
4:00 p 4:30 p	4:15 p 4:45 p	17	18	19	20	21	22	23	
		24	25	26	27	28	29	30	

NOTE: ALL TRIPS MUST BE BOOKED MONDAY-FRIDAY (8:30AM-4:30PM) AT LEAST TWO (2) HOURS IN ADVANCE – PLEASE LEAVE A MESSAGE FOR BOOKING & CANCELLED TRIPS

THIS SCHEDULE MAY CHANGE WITHOUT NOTICE ~ WEATHER PERMITTING
FOR MORE INFORMATION, CALL THE BAND OFFICE AT (705) 237-8943 EXT 101

- Programs & Services: \$25/person up to \$100 max.
- Two Regular Bin Size Limit; \$10 per passenger.
- Cash, EMT Available vicky.blake@temagamifirstnation.ca
****Shuttle Trip only if booked prior to 1:45p****



Congratulations Students

CLASS OF 2022

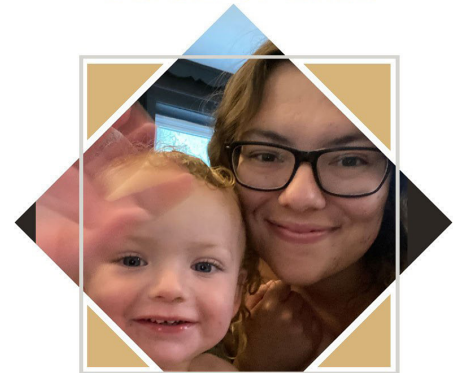


Graduate

"I have graduated from the Northern Ontario School of Medicine in Sudbury. I will be completing my 2 year family medicine residency program in North Bay. I am looking forward to being a family physician working in Northern Ontario. Its been a long journey and I am very grateful for all the support i have received from my family and community. Miigwetch" -Brooke

Brooke Mathias is a daughter of Tom and Sheri Mathias and granddaughter of George and Linda Mathias.

CLASS OF 2022



Graduate

After having her son a week before school started, Kendall White is proud that she has completed her Social Service Worker diploma at Canadore College. Through all the ups and downs that come along with being a single parent, she always focused on her end game of bettering herself educationally for her community. Now working for the AIDS Committee of North Bay she is addressing the stigma seen around topics such as harm reduction and sexually transmitted diseases. With the support of her partner and community she will be continuing at Nipissing University to study her BA of Psychology so that she can further work on the diagnosis, management and treatment of mental health issues that are so prevalent in BIPOC communities.

Kendall's parents are Lynn & Trent White and Robin Twain & Norman Jeanveau and grandparents are Lucille & Lance White and Annie Twain.

CLASS OF 2022



Graduate

Congratulations to Peyden Mongrain!
Peyden is graduating from West Ferris Secondary School. She is taking a year to work then plans on attending college in September 2023.

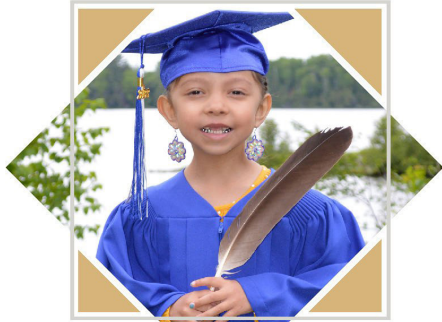
Dad, Mom, Thomas, Kaiya and Austin are very proud of you!

Peyden's parents are Lynn and Dan Mongrain.



Congratulations Students

CLASS OF 2022



Graduate

Graduating from the Tillie Missabie Family Centre and Senior Kindergarten at LMLC, Madeline Paul is entering grade one this coming September.

She is 5, turning 6 on September 18th, making her one of LMLC's youngest graduates of 2021-22. A world full of little learners today means a universe packed with brilliant minds tomorrow, and when asked what she wants to be when she grows up, she says "Im gonna be a Police just like my mamma is going to be."

"Momma and Daddy are super proud of you little lady, keep reaching for the stars and you can achieve anything you set your mind to. We love you so very much" – Nancy Shipman

CLASS OF 2022

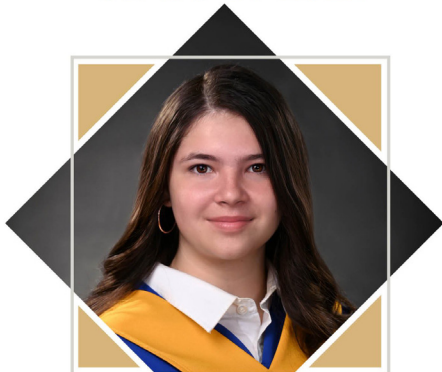


Graduate

Cooper Charyna graduated from St Benedict's Catholic School in Sudbury. He is heading off to Keewaydin for the summer!

Cooper is the son of John and Holly Charyna and the grandson of George and Linda Mathias and the late Ray and Lois Charyna.

CLASS OF 2022



Graduate

Sophia Jane Elizabeth Turner, Kakitawapanokwezens (Wise Day Girl) graduated Grade 8 from LMLC on Bear Island. She will be moving to North Bay to attend St. Joseph Scollard Hall for grade 9. Her parents are Patsy and John Turner. Her grandparents are James and Patricia Turner.



Congratulations Students

CLASS OF 2022



Graduate

I am very pleased to announce that I graduated from Brock University in St. Catharines, Ontario on Wednesday, June 15th, 2022 with my Sport Management Bachelor of Honours Degree.

I am excited to announce that this summer I have signed a contract to work for Maple Leaf Sports & Entertainment (Toronto Maple Leafs) to work as an on ice coach for their hockey school in Toronto.

My plans for September are to continue with my education and pursue my Masters degree in Sport Management and after that a doctorate. I have applied to Malmo University in Malmo, Sweden for their two Masters programs: Their two-year "Sport Sciences: Sport In Society, Masters Programme" and their one-year program of the same name. I have also applied to Mid Sweden University in Ostersund, Sweden for their "Master's Programme in Sports Science (One Year) - Performance Optimization With A Focus On

Elite Sport". Sweden's masters' programs offer an on ice hockey component as part of the degree. I chose Sweden because their programs are well regarded in the sports industry and because I can play hockey while I am there as I have an invitation to play women's pro in Sweden. Malmo is waiting to review my application upon receiving confirmation of my degree and I am on a waiting list for Mid Sweden University's program. I am waiting to hear from both of these universities with respect to applying for my student visa. I have also applied to Masters in Sport Management programs at Georgetown University in Washington, DC but their application process does not close until July 15th and the University of Florida in Gainesville, Florida but their application process does not close until July 1st, so I will not hear from either of them until sometime in late July or August.

My goal is to be the first Anishinabai Kwe bench staff (coach) with an NHL team and/or to pursue coaching in Europe. I would also one day welcome the opportunity to teach at the university level. At this time though I want to thank my family, especially my Mum and my grandparents (I unfortunately lost my grandma the day after I graduated last week) for their continued love and support through all my ups and downs. I want to thank my dad and his partner, Tina for coming to see me graduate and my dad for instilling in me my love of hockey. Lastly, as a proud member of both the Temagami First Nation and Teme Augama Anishnabai I want to thank my Chief and Council along with Lynn, Hilary and Maranda and my community for supporting my post secondary education pursuits, none of the above would have been possible without all of your support. I hope to make you all proud. Chi Meegwetch! - Shaiyena Côté

Nora Becker, daughter of Kevin Becker and Cindy Becker (Etmanski), granddaughter of the late Millie Becker and George Axten, is graduating from Saint Joseph's Catholic high school in Windsor Ontario, grade 12. Nora will be attending university at the University of Chester in Chester England taking biomedical science in September.

CLASS OF 2022



Graduate



Student Special

We would like to share and celebrate the successes of our graduating TFN students with the community by featuring them on our Facebook page and in the August edition of the BI Blast.

Please forward a photo and information (name, where student graduated from, plans for September, etc...) of graduating students from Day Care, Senior Kindergarten, Grade 8, secondary and post-secondary.

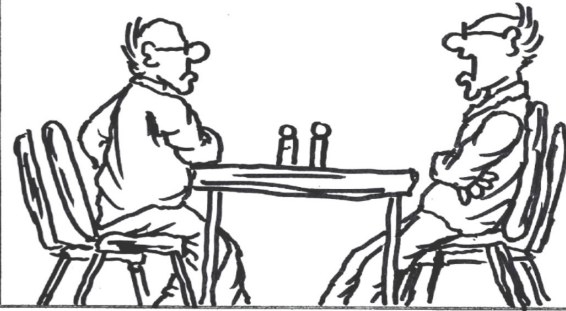
Submissions can be emailed to Maranda Mathias at ssw@temagamifirstnation.ca.

Old Guys

© Lindsay Cote 2021



I wish the caller would once, just once call any number on my card



LINDSAY COTE

DAVID LARONDE SUMMER TOUR



June 21 | Dundas Square Toronto | 2pm

June 26 | Temagami Outfitter's | 7pm

July 10 | Northern Lights Festival | 4pm

July 15 | Porquis Music Festival | 9pm

July 16 | Temagami Farmer's Market | 9am

July 20 | Art in the Park Haileybury | 7pm

Sept 3 | Temagami Outfitter's | 7pm

Sept 4 | Bluesfest North Bay | 3pm

The Pier Market

summer hours

effective July 1, 2022

11am-7pm Daily



This news clipping sent in from TFN Member, Sherri Duffy as published in the Moncton Times and Transcript, Moncton, NB.

Daniel Duffy is a TFN Member, the great grandson of Madeline Katt Theriault and Alex Mathias and was honoured at this highschool's first Indigenous Graduation Ceremony. Congratulations Daniel, Miigwetch for sharing!



Moncton teens Daniel Duffy and Karlee Carmichael were honoured in Anglophone East School District's first traditional Indigenous graduation ceremony on Wednesday. PHOTO: PAYGE WOODARD/TIMES & TRANSCRIPT

District hosts first Indigenous graduation ceremony

PAYGE WOODARD
TIMES & TRANSCRIPT

Two Moncton teens were honoured on Wednesday during Anglophone East School District's first traditional Indigenous high school graduation ceremony.

Moncton High School graduate Karlee Carmichael and Caledonia Regional High School graduate Daniel Duffy's achievements were celebrated by elders and members of the district's Indigenous Education Team. The pair were gifted stoles with traditional beadwork, eagle feathers and smudge kits.

Carmichael, who is Mi'kmaq, said knowing that culture was taken away from her ancestors through oppressive actions like the residential school system made the reclaiming of traditions all the more important on Wednesday.

"I find it makes my soul come alive," she said.

Duffy, a member of the Anishinabe Nation whose traditional name

Daniel James Wawatay means Northern lights in Anishnaabemowin, said these kinds of ceremonies have helped him learn more about his culture.

During the ceremony, throat singers Pauline Kyak and Hovak Johnston taught the graduates about the practice and performed several songs.

Inuit elder Sarah Anala talked about her experience in the residential school system. She said despite efforts to take her language from her, she still speaks it. She taught those in attendance proper pronunciation of a few common words and how tools like the qulliq oil lamps work.

Speaker Cas Ward said it's the kind of ceremony they wish had been held when they graduated from Bernice MacNaughton High School in 2019.

Tantramar Regional High School student Zachery Dube, who helped introduce the speakers, said he hopes the district will continue organizing the event so he can take part when he is in Grade 12.

The Fort Folly First Nation teen is a member of the Peace and Friendship

Advisory Youth Group at Tantramar Regional High School, and he said he'd like to see more Indigenous culture in the school system.

"In my school, there isn't much awareness or many activities," Dube said, adding he hopes the youth group can help change that.

According to the District's First Nation education coordinator Tracy Landry, the district has 1000-1,200 Indigenous students.

"We're hoping that this [ceremony] will bring awareness to folks who are interested in joining us in our peace and friendship group or maybe advising us and giving us feedback of what they want to see in the system because when we know better, we do better," she said.

Landry said they plan to continue hosting the Indigenous graduation ceremony in the years to come. She wants the event to grow, but Duffy, one of this year's honourees, said the inaugural ceremony will be hard to top.

"I think we set the example and set the bar pretty high," he said.

Who is Hanta Yo?

A beautiful work of sculptural art has been placed in the yard of the Minowaabandan-gamiing Maawanjihidiwining. Who is he, where did he come from and why is he here? Justice Coordinator, Virginia McKenzie offered some background information in that regard. John Picard of RR Donnelly Publishing has been summering on Lake Temagami for over 20 years

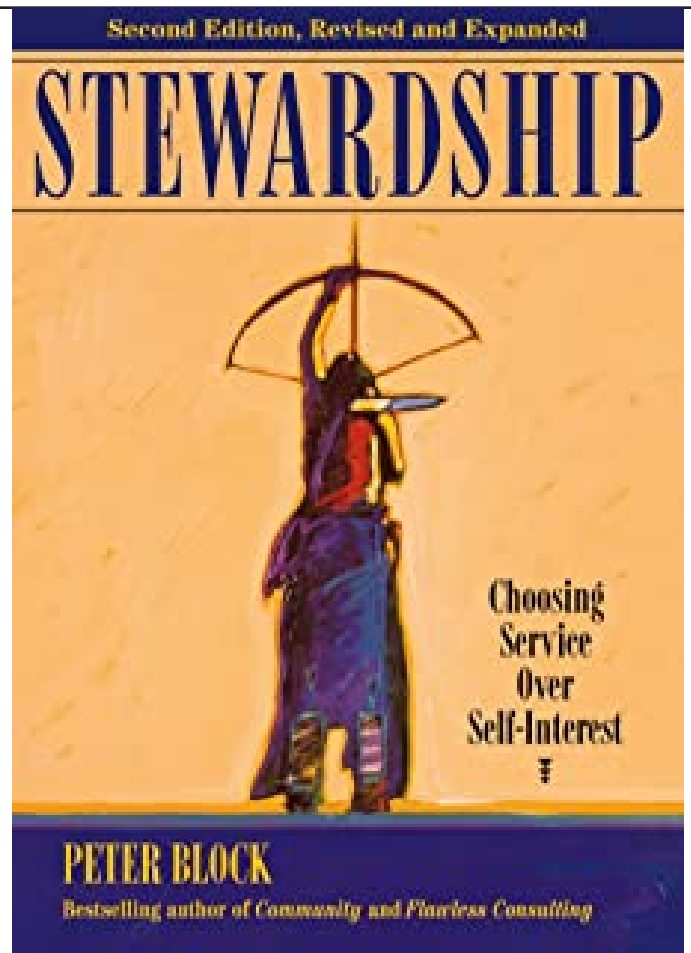
Background

In 1996 John Pecaric was in the process of building a factory that would print Educational and Coffee Table books in Roanoke, Virginia. He wanted everyone who came to their place of work every day to be inspired and perform their work with pride. He read the book, "Stewardship" by Peter Block and not only was impacted by the words and thoughts shared in the book, but by the art on the front cover from the artist John Nieto.

With the dust jacket from the book in his hands, he went to art galleries in Roanoke to find an artist who might be interested in doing a sculpture inspired by this print. Destiny brought John to the gallery of Judith Damon, who had recently moved from Arizona to Roanoke. They spent time together and during the next 6 months Judith molded pound after pound of clay into the warrior you see today. From there it was sent to a foundry and cast as a bronze. It was dedicated at the RRD Factory in Roanoke in May of 1997. As Judy worked, she felt that this person was more than just a "warrior", but was a "guiding spirit". It is from these dreams and inspirations came the name – Hanta Yo.

For the next 22 years Hanta Yo greeted and inspired many. In 2019 RRD decided to dedicate "Hanta Yo" to the people of the First Nation on Bear Island to be part of their new community center.

Chi miigwetch to John Pecaric for donating this piece. Chi miigwetch also goes out to Interim Community Infrastructure Manager, John Charyna and the Public Works Crew for erecting the sculpture for all of us to enjoy and be inspired by.



“This statue expresses the best intentions of the people of Teme-Augama Anishnabai. The archer’s feet are planted on the ground, practical and connected to reality. The bow and arrow are aimed at the heavens. The arrow carries within it clear intentions, the sky a place of infinite view and vision. The imagery of the warrior speaks to passion and adventure. These are the means within each of us that touch the spirit, sustain our individuality, and create the means to build a better community and world.”
- John Pecaric

For more information on the artist or the author of the book, feel free to reach out to the TFN Communications Officer for Bios by emailing communication@temagamifirstnation.ca.



Temagami First Nation
Lands and Resources

Artifacts Return

On June 28th, we welcomed 5 artifacts to Bear Island for a one-year loan from the Canadian Museum of History. We also welcomed the generous loan of one of Maggie Turner's outfits from her granddaughter Virginia McKenzie.

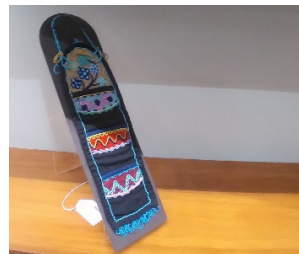
The artifacts from the Canadian Museum of History include a tikinaaganens (little cradleboard), 2 wiigwemod (birch bark baskets), a rabbit fur blanket, and a beaded needle case.

Sized for a doll, this tikinaaganens would have been used as a teaching tool for children.



The rabbit fur blanket would have been made with 100 rabbits. The variety of colours shows that the rabbits were caught across all seasons.

The birch bark baskets have different images on each side. These images include: canoes, moose, birds, trees and other plants. The baskets were taken to the museum in 1913, but their exact age is unknown.



This needle case has incredible ornamental value, as well as being a highly practical item. The beadwork is very detailed, and includes a multi-strand beaded handle, decorative looped beading at the bottom, and intricate beading at the top edge of each pocket. It would have been used for holding needles, thread, and other small items.

The jacket and skirt set was made and worn by Maggie Turner, and it is more than 150 years old. She made this outfit while she lived in the Lakeview House (currently the location of the Lakeview Gathering Place). The intricate beadwork on this outfit was done freehand. The skirt was beaded with original trade beads, and the jacket was made at a later date. This outfit is kindly on loan to us from her granddaughter, Virginia McKenzie.



Our aim over the next year will be to add complete background information to these artifacts. We encourage everyone to come view the collection at the Lakeview Gathering Place.

Please contact Victoria Winsor (landstech@temagamifirstnation.ca or 705-237-8943 x210) with any questions, comments, or information.

Lands and Resources, Temagami First Nation,
General Delivery, Bear Island, ON, P0H 1C0, 705-237-8943



**TEMAGAMI
FIRST NATION**

Information Session

followed by

TFN Community Meeting

Sunday, July 17th, 2022

At the MgM Gathering Hall, Bear Island

9am - 11am

Information Session

Please join us

TFN Manager's Updates

TFN Strategic Plan

and much more

11am - 5pm

TFN Community Meeting

Agenda to Follow

DINNER TO BE SERVED

Questions or concerns can be directed to :

705-237-8943 ext. 101

tfn@temagamifirstnation.ca

Please note that the TFN By Election Note will take place also Sunday, June 17th, 2022 at the MgM Gathering Hall. Polls Open at 9am and Close at 6pm

We hope to see you all out.



[temagamifirstnation.ca](https://www.temagamifirstnation.ca)



**TEMAGAMI
FIRST NATION**

BY ELECTION VOTE

To be held **SUNDAY, JULY 17, 2022** at the
 Minowaabandan-Gamiing Maawanjihidiwining,
 Lakeview Gathering Place, Bear Island

Poll Opens 9:00 AM
 Poll Closes 6:00 PM



**TEMAGAMI
 FIRST NATION**

705-237-8943 ext.101

tfn@temagamifirstnation.ca

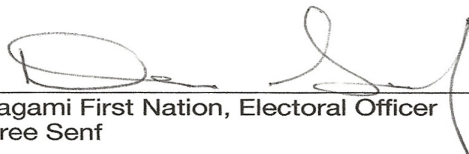
1-888-737-8943

**Results of Nominations Meeting held at MgM Gathering Hall on Saturday, June 11, 2022
 from 7:00 pm-9:00 pm:**

Nomination Forms for Councillors

<u>NOMINEE</u>	<u>NOMINATED BY</u>	<u>SECONDED BY</u>	<u>ACCEPTED</u>
Walter McBride Deering	John R McKenzie	Lucille McKenzie	yes
Mae Katt	Delma Peshabo	Jennifer Peshabo	yes
Raymond Katt	Delma Peshabo	Virginia Paul	yes
Michelle Lalonde	Kandace Donnelly	Christine Lalonde	yes
Steve Missabie	Michael Paul	Jules Twain	yes
Kim Montroy	Carol James	Lucille McKenzie	yes
Jesse Paul	JJ Peshabo	Amanda Paul	yes
Paula Potts	Lynn Mongrain	Vicky Blake	yes

Verified by:



Temagami First Nation, Electoral Officer
 Desiree Senf

On this 13th day of June, 2022

CALLING ALL NEW TEMAGAMI FIRST NATION (TFN) MEMBERS



If you are a newly registered member with Temagami First Nation please contact the office. We would like to welcome you to Temagami First Nation.

Please feel free to access the website at www.temagamifirstnation.ca or call the Membership Office @ 705-237-8943 ext. 120 and we can add your address and contact information to our master list.



**Thank you, Sheri Mathias
For information or forms please
contact the office 705-237-8943
Ext. 120 or email [membershipadmin@
temagamifirstnation.ca](mailto:membershipadmin@temagamifirstnation.ca)**

On the website you can find information such as:

- Enrichment Funds (Health Dollars, Skills Enhancement, Culture and Art)
- Education
- Employment Opportunities
- Summer Camp fund
- Cultural Programs
- And much more...

Temagami First Nation also provides a Shuttle service during the spring, summer, and fall, if you were planning a visit to Bear Island. The Membership office is located on Bear Island at the Minowaabandangamiing Maawanjihidiwining, Lakeview Gathering Place. We also have a newsletter called the BI Blast that circulates once a month and your email will be added to this list, if you wish.



TEMAGAMI FIRST NATION

CANDIDATES NIGHT

In-Person & Virtual

SAVE THE DATE

At the MgM Gathering Hall, Bear Island
or by ZOOM

6pm on July 6th, 2022

Please join us to get to know the Candidates for Council in the 2022 By-Election to be held on Sunday, July 17th. **Limited Shuttle Service will be available. Please book your trip by calling 705-237-8943 ext. 101**

If you prefer to join virtually, please register at this link:

<https://us06web.zoom.us/meeting/register/tZYof-GpqjstHdRIWyQGFQyDMTSPwKBzxUs0>

Questions or concerns can be directed to Heidi Jobson at 705-237-8982 ext. 107
communication@temagamifirstnation.ca

 [temagamifirstnation.ca](https://www.facebook.com/temagamifirstnation.ca)

Please note: Those who have registered and are joining virtually will receive a meeting link on the morning of the event. Please check your junk mail if you do not see it and if you are still having trouble, contact Heidi at 705-237-8943 ext. 107 or email communication@temagamifirstnation.ca.



TEMAGAMI FIRST NATION

Upcoming Joint Council Meetings

NOTICE

**Regular TFN/TAA
Joint Council Meeting**

Tuesday, July 12th, 2022

6:00 pm

MgM Gathering Hall

Please contact Natasha Fortin for information on attending this meeting as an observer or if you would like anything added to the agenda at jointadmin@temagamifirstnation.ca or 705-978-0110

NOTICE

**TFN/TAA Lands and Resources
Joint Council Meeting**

Tuesday, July 19th, 2022

6:00 pm

MgM Gathering Hall

Please contact Natasha Fortin for information on attending this meeting as an observer or if you would like anything added to the agenda at jointadmin@temagamifirstnation.ca or 705-978-0110

**TEMAGAMI
FIRST NATION**



**TEME-AUGAMA
ANISHNABAI**

NEGOTIATIONS INFORMATION SESSION

**In-Person
at the MgM
Gathering
Hall**

CALLING ALL TFN AND TAA CITIZENS

Wednesday, July 13, 2022

**COMMUNITY DINNER: 5PM
NEGOTIATIONS SESSION: 6PM**

Joint Council will be holding an evening information session to raise awareness and gather input about our relationship building initiatives with Ontario and Canada. Come out and meet the negotiations team including our Director of Negotiations, Guy Ginter, and our legal counsel, Bruce McIvor, as well as our project manager, Geneva Lloyd.

Dinner will be provided from 5-6 PM for all attendees.

Virtual Option

Those who wish to attend the meeting virtually, please register by following this link:
<https://us06web.zoom.us/meeting/register/tZUtcOmsrDMsGtYegKg8seEIDcxuu8dM9LY1>

**There will also be an update
on the Resource Revenue
Agreement and the Restoule
Legal Proceeding.
Everyone is invited to join
one of the sessions**



TEMAGAMI FIRST NATION / TEME-AUGAMA ANISHNABAI
705.237.8943 ext. 101
tfn@temagamifirstnation.ca | www.temagamifirstnation.ca



TEMAGAMI FIRST NATION OPERATING BUDGET 2022-2023

Chief and Council approved an operating budget of \$15.9 million on June 2, 2022 for the 2022-2023 fiscal year. The spreadsheet and pie charts below summarize the sources of our funding as well as how the funds will be spent.

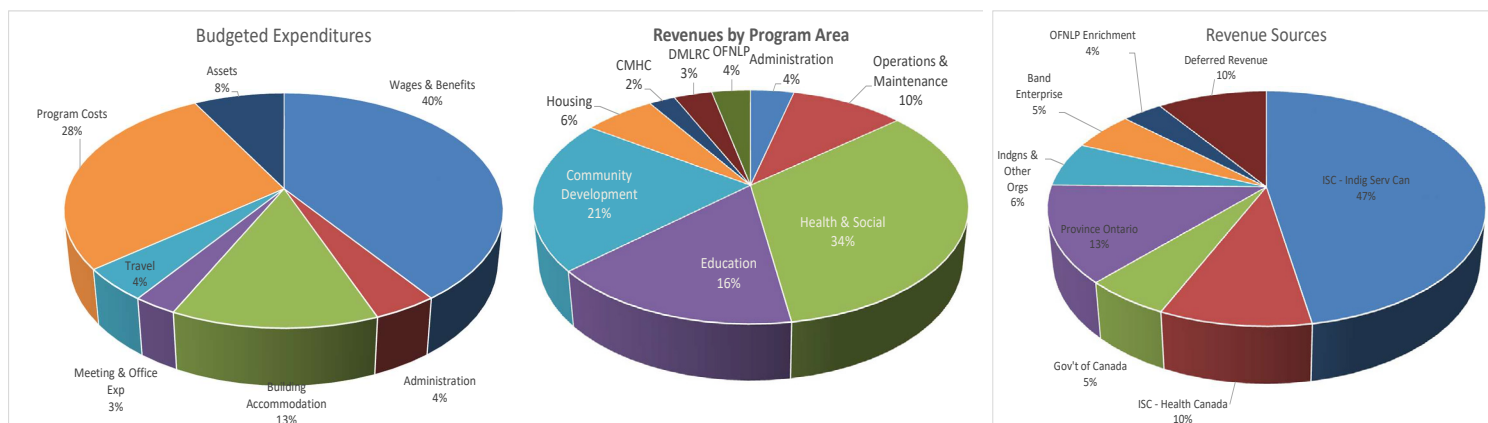
BUDGET 2022-2023

	Admin	Operations & Mtnc	Health & Social	Education	Community Development	Housing	CMHC	DMLRC	OFNLP	TOTAL
REVENUES										
ISC - Indig Serv Can	588,609	1,253,501	1,521,852	2,303,694	1,079,379	739,365	-	-	-	7,486,400
ISC - Health Canada	-	-	1,499,841	-	-	-	-	-	-	1,499,841
Gov't of Canada	-	-	-	-	320,962	110,000	189,488	226,000	-	846,450
Province Ontario	-	18,198	1,546,143	-	496,580	-	-	40,000	-	2,100,921
Indgns & Other Orgs	20,000	6,500	274,496	-	656,970	-	-	20,000	-	977,966
Band Enterprise	-	190,703	-	-	206,000	40,540	178,121	239,010	-	854,374
OFNLP Enrichment	-	-	-	-	12,340	-	-	-	547,328	559,668
Deferred Revenue	3,900	125,292	481,798	215,325	584,098	110,000	-	12,000	-	1,532,413
TOTAL	612,509	1,594,194	5,324,130	2,519,019	3,356,329	999,905	367,609	537,010	547,328	15,858,033

EXPENSES

Wages & Benefits	857,074	490,110	2,061,809	1,169,711	1,444,682	135,000	-	247,900	-	6,406,286
Admin, Legal, Insurance	(480,390)	77,299	599,796	28,000	335,679	6,700	61,090	5,500	-	633,674
Building / Accommod	13,440	480,978	327,452	80,000	693,750	231,430	120,250	92,450	-	2,039,750
Meeting & Office Exp	99,000	11,800	101,598	48,157	162,905	3,275	-	2,501	1,500	430,736
Travel	39,460	105,200	325,497	38,000	164,608	2,000	-	37,100	-	711,865
Program Costs	74,000	73,807	1,674,136	1,155,151	538,705	7,500	186,267	116,740	612,869	4,439,175
Total Expenses	602,584	1,239,194	5,090,288	2,519,019	3,340,329	385,905	367,607	502,191	614,369	14,661,486
Revenues Less Exp.	9,925	355,000	233,842	0	16,000	614,000	2	34,820	(67,041)	1,196,547

ASSETS	9,925	355,000	233,840	-	16,000	614,000	-	39,000	-	1,267,765
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Administration includes Band office operations, Dog By-law enforcement and Chief and Council governance.

Operations and Maintenance includes the operations of the Water Treatment Plant, heavy equipment, solid waste and recycling, maintenance of roads, buildings and infrastructure, Fire and Emergency First Response (EFR).

Health and Social includes programs and operations of the Doreen Potts Health Centre including Ontario Works. It also includes Home & Community Care, the Family Healing and Wellness Centre and the Tillie Missabie Family Centre.

Education includes elementary education at the Laura McKenzie Learning Centre as well as funded secondary and

post-secondary students. Work on a Regional Education Agreement continues.

Community Development covers a wide range of activities including the Lands and Resources Department and community services such as the shuttle, post office and library. Also included are special projects such as the youth Stewardship program, IBA Elder's allocations, Negoti-

ations, Victim Support Services and a Solar Energy initiative.

Housing includes band owned apartments (3 duplexes) and 2 houses, the two trailers and two mini-homes for teachers. It also includes RRAP (Residential Repairs Assistance Program).

CMHC housing includes 14 houses, 2 apartment duplexes and the Elder's Complex.

The Daki Menan Lands & Resource Corporation (DMLRC) is included because it is under the control of the TFN. The DMLRC has a Board of Directors appointed by Council. The DMLRC has a fuelwood business, forestry operations including tree planting and thinning and are also in the process of starting a small sawmill.

The Ontario First Nation Limited Partnership (OFNLP) budget includes Enrichment Programs for Band members. The OFNLP funds are being utilized to service the loan from the First Nation Finance Authority (FNFA).

First Nation Finance Authority (FNFA) Borrowing Update

A total of \$9.474 million has been borrowed for the Lakeview Gathering Place and the Elder's Complex.

The balance of the loan owing at March 31, 2022 is \$8.763 million (\$9.145 million at March 31, 2021) with \$225,369 in interest payments made during the year. The adjusted interest expense is \$209,062 which includes income earned on principal repayments (\$8,938) and the debt reserve fund (\$7,368).

Interest loan relief funding due to COVID-19 in the amount of \$107,523.79 was received in the Fall of 2020. OFNLP monthly receipts that service this loan were reduced to

\$555,377 for 21/22 from \$1,011,037 the prior year. The relief funds were utilized to cover the shortfall and there is a current balance of \$66,881 held by the FNFA.

If you have any questions please do not hesitate to contact Vicky Blake, Finance Manager at 705-237-8943 ext. 113 or by email at vicky.blake@temagamifirstnation.ca.

MULTI-YEAR FINANCIAL PLAN

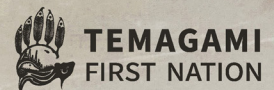
The multi-year financial plan was also approved by Council on June 2, 2022. Capital projects included in this plan are: New school, Fiber Optics to Homes, Sonny Moore Building, Rink and Ballfield, Fiber Optics to Homes, Lot creation, Dock and retaining walls, temporary band office conversion to housing, two duplexes, water and sewer upgrades. A copy of the multi-year financial plan may be obtained by contacting Vicky Blake.

Food Safety Training

Thursday July 14th, 2022
8:30 am to 4:30 pm
LMLC Gym

facilitated by our ISC Environmental Public Health Officer, Ray Alatalo. Lunch will be provided (12:00 pm to 12:30 pm) as well as the course material.

If Interested, please confirm attendance no later than July 7th by contacting:
Tanya Legall,
Environmental Health and Safety Advisor
ehsa@temagamifirstnation.ca
P 705-237-8900 ext. 313



Species at Risk Studies Occurring on n'Daki Menan

Monarch Butterflies



within n'Daki Menan UPDATE



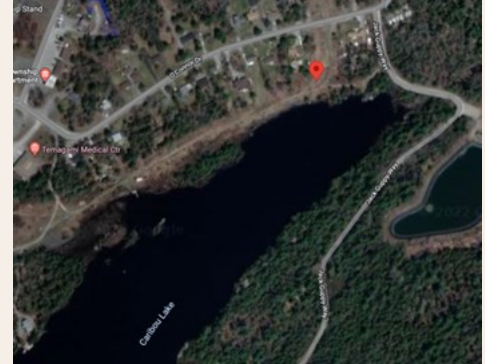
By Jenna Sanderson, datatech@temagamifirstnation.ca

The Monarch Butterfly research project is in full swing! This last three weeks has been dedicated to collecting data about Monarchs and milkweed.

The **main research location has been determined** to be between O'Connor Drive and Caribou Lake in the town of Temagami (see picture). This location has an abundance of Milkweed to support Monarch life with minimal disturbing factors.

Various locations will be used as recording sites to get an idea of the presence of milkweed within n'Daki Menan. Within the last three weeks of field research, Monarch abundance has been more apparent as milkweed continues to grow.

More research is to come through the course of the summer months as well, so keep your eyes out for those beautiful orange flying creatures!



ECONOMIC DEVELOPMENT

**TEMAGAMI FIRST NATION BUSINESSES
REMINDER TO MAIL, EMAIL, OR DROP OFF
YOUR BUSINESS CONSENT FORM SO YOUR
BUSINESS CAN BE ADDED TO THE TFN
BUSINESS DIRECTORY AND THE NEW TFN
BUSINESS DIRECTORY WEBSITE
MIIGWECH!**

Peter McKenzie - Interim EcDev Officer
ecdev@temagamifirstnation.ca

Resource Revenue Sharing with Ontario

The Ontario government has developed a policy to share the economic benefits of forestry, mining, and aggregate activities which occur in and around n'Daki Menan with Temagami First Nation (TFN)



- **Entering into a Resource Revenue Sharing (RRS) Agreement does not mean that TFN or the Teme-Augama Anishnabai (TAA) supports resource extraction on n'Daki Menan**
- TFN/TAA can 'opt-out' or terminate the agreement at any time
- This could create a revenue stream to support our land stewardship objectives
- If TFN ratifies the agreement, TFN would receive an estimated \$500k to \$1.5 million for the 2021-2022 fiscal year
- **Revenues from resource extraction will be collected by Ontario regardless of an agreement between TFN and Ontario**
- The agreement is a five-year contract
- 35 First Nations in Ontario have active agreements for Resource Revenue Sharing
- TFN/TAA is not permitted to use the funds for cash payouts, distribution to any other Indigenous communities, or litigations
- [Learn more...](#)

Members will decide through a vote in accordance with the TFN Constitution if TFN should opt-out of the Resource Revenue Sharing Agreement

TFN could use funds from revenue sharing to invest in the community

- Community Development
- Cultural Development
- Economic Development
- Education
- Health

March
31

Fiscal year ends for resource extraction revenues

April

TFN signed RRS agreement with option to terminate at any time

Sept
TBD

Vote in accordance with the TFN Constitution

Dec
31

Funds paid to TFN if agreement is ratified

What did the participants have to say?

From Engagement Sessions held on March 29 and April 6, 2022



Temagami First Nation
Lands and Resources

Members

- Some members are in favour and some are opposed to being part of this agreement
- Want a thoughtful engagement process on this matter
- Feel like we are 'selling out' and it is unethical to sign the agreement
- We could use this revenue to protect the land, support young people to get trained in environmental protection, hire TFN/TAA youth to look after the land, and have more control protecting our lands and water
- We need to take care of n'Daki Menan for future generations
- There is stewardship program funding available from the federal government that will allow TFN and TAA members to protect lands and waterways
- If we sign this agreement we would be able to be more knowledgeable on n'Daki Menan and we could hire land monitors and maintain a stronger presence at the table when discussing resource extraction and asserting our stewardship principles within n'Daki Menan

Discussion from Joint Council

- The value of the fiscal year 2021-2022 has been estimated to be between \$500k and \$1.5 million which would be issued to TFN in December this year (2022) and each December for subsequent years of the agreement
- This whole agreement is a double-edged sword because TFN/TAA does NOT support resource extraction on n'Daki Menan, but the funds will be collected by Ontario either way
- Now is the time we need to do something; our lands are being abused and we are under capacity when it comes to taking care of our land
- The unusually quick time frame is really to ensure that the agreement includes the fiscal year 2021-2022 revenues

Lawyers from First Peoples Law LLP

- This agreement does not effect ongoing or future negotiations, litigations, rights to defend lands, or Lands Set Aside
- Joint Council reviewed this agreement thoroughly with the lawyers to make sure this would not effect the treaty litigation in the future
- This agreement cannot be used to bind TFN/TAA to the Robinson Huron Treaty or as proof of participation
- There is no penalty for TFN/TAA upon termination of the agreement
- It's best if a decision is made long before December 2022

Why was the agreement signed first?

- Joint Council wants to ensure that TFN/TAA citizens are involved in this process and will hold a community vote as soon as possible. To be eligible to receive funding in 2022 and to keep this opportunity available until a vote could occur, TFN/TAA was required to submit a signed Resource Revenue Sharing Agreement by March 31, 2022. After thorough review, and considering there is no penalty upon termination, Joint Council made the executive decision to sign the agreement until such a time where a community vote could occur. The agreement will stay in place only if consent from the community is obtained.

LOOKING FOR MORE INFORMATION?

Contact Mike Molyneux
Acting Lands & Resources Director
705-237-8943 ext. 205
assistantlandsdirector@temagamifirstnation.ca

[Click here to watch the full Info Session on the TFN website in your Member Portal](#)



Temagami First Nation



Environmental Management Plan & Implementation (Zoning) Plan

We have started to develop two new plans to support the Land Use Plan for Bear Island!

Door
Prizes

What is an Environmental Management Plan (EMP)?

An Environmental Management Plan is a **tool** that will help our community to identify any existing or potential environmental issues on our reserve lands and strategies to manage and prevent them in the future.

What is an Implementation Zoning Plan?

An Implementation (Zoning) Plan is a tool that will help our community to regulate development so that it is consistent with the Land Use Plan for Bear Island and to establish a consistent procedure to review and process development applications.

Join us at the following events:

July
26

Elders Meeting

When: 10 a.m. – 3 p.m.
Where: Elders Building

Lunch
provided

July
26

Community Engagement Session on the EMP

When: 5:00 p.m. – 8:30 p.m.
Where: Lakeview Gathering Place

Dinner
provided

July
27

Community Engagement Session on the Implementation (Zoning) Plan

When: 5:00 p.m. – 8:30 p.m.
Where: Lakeview Gathering Place

Dinner
provided

Questions? Please contact Mike Molyneux at
assistantlandsdirector@temagamifirstnation.ca or 705-237-8943 ext. 205

WATER MANAGEMENT WITHIN N'DAKI MENAN

Presented by Ontario Power Generation (OPG) and TFN Lands and Resources on June 22, 2022

THANK YOU FOR ATTENDING THIS SESSION HOSTED BY LANDS AND RESOURCES



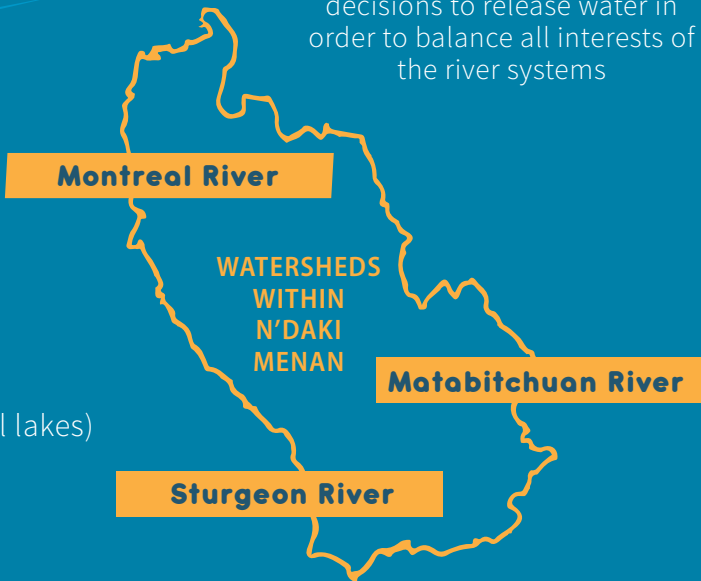
Ontario Power Generation operates:

- 66** hydroelectric stations
- 29** small hydroelectric plants
- 241** dams on **24** river systems

OPG works with MNDMNRF, local Conservation Authorities, and other stakeholders on the rivers and lakes when making decisions to release water in order to balance all interests of the river systems

WHAT INFLUENCES WATER LEVELS?

- Water evaporation
- Snow evaporation
- Other types of precipitation
- Rain (spring rains needed to fill lakes)
- Dam manipulations
- Wind
- Runoff
- Weather



What did TFA and TAA members have to say?



How does OPG compensate for low/high water levels on Lake Temagami?



Interested to learn more about how the water content in the snow in the winter is used to calculate the water levels of the lakes in the summer.



Does the health of the lake take precedent on the approach to OPG opening dams?



What influences water levels on lakes and rivers within n'Daki Menan?

Questions? Contact Mike Molyneux (705) 237-8943 ext. 205 assistantlandsdirector@temagamifirstnation.ca

Stay tuned for future in-person engagements with OPG





IT Analyst
DYLAN SHIGWADJA
 dylan.shigwadja@temagamifirstnation.ca

Aanii/Kwe-kwe,

My name is Dylan Shigwadja. I am very excited to have recently accepted the position of IT Analyst with Temagami First Nation. A little background about me, I have worked in various sectors providing project management and leadership around IT Administration and Network Support.

I have a wealth of experience with start-ups to new organizations. Some of the previous involvement I have with other agencies are within the Health sector providing supports, processes and policy development to two organizations during their initial start-ups; the North Bay Indigenous Hub and the Mushkegowuk Tribal Council-Health Governance and Authority, my experience also extends to the education sector supporting post-secondary users across multi-platforms in distance education programs at Contact North Sudbury Operations Centre, Implementing student success performance measurement tools and performance indicators at Wikwemikong Board of Education. I have also worked in Employment and Social Services training and facilitating workshops to clients for job skills as part of the employment readiness initiative. During my down time I enjoy spending time with family, travelling and performing as a part-time professional musician. As a new team member, I look forward to making my contribution during my experience here at Temagami First Nation.

Chi-Miigwetch!

ONLINE POLICE RECORD CHECKS

APPLY NOW

Types of checks:

- ✓ Criminal Record Checks
- ✓ OPP Non-Parent Custody Check (LE213)
- ✓ Criminal Record and Judicial Matters Checks
- ✓ Vulnerable Sector Checks for volunteer or employment purposes

If fingerprinting is required, applicants will be notified online to book an appointment to visit a local OPP detachment.

Fees

Record checks: \$41.00 each
 Fingerprints: \$90.00
 Volunteer checks: free

Community Safety Services
 ONTARIO PROVINCIAL POLICE

09-2022

POLICE RECORD CHECKS JUST GOT EASIER

NOW ONLINE

- 1 Go to opp.ca/recordchecks
- 2 Complete the entry form and pay the processing fees
- 3 Your results will be securely delivered online*

*Some police record checks will require in-person fingerprinting

Health and Safety Tips



Lifejacket Wear and Boating Safety

For many Canadians, the summer season means enjoying outdoor activities such as fishing, powerboating or canoeing.

But each year, tragic and avoidable boating-related fatalities occur across Canada. A Canadian Red Cross report examining recreational and daily living boating related deaths from 2009-2014 revealed many common factors:

- Only 12.5% of people who died were wearing a properly fastened and fitted lifejacket or personal flotation device (PFD).
- Of all recreational boating immersion deaths during this period, 92% were male.
- Men between 16 and 64 years old accounted for 70% of fatalities.
- Alcohol was a factor for nearly half of the deaths.
- 64% of the immersion deaths resulted from a capsized vessel or a fall overboard with environmental conditions such as the weather, wind and waves as significant contributing factors.

Always wear a lifejacket

A properly worn lifejacket is the fundamental safety item for anyone heading out on a boat. It keeps you at the surface of the water during unexpected or unintentional entries into water, reduces the initial impact (cold water shock to your muscles) of a fall into cold water, and can help you reach safety. All persons on board, even strong swimmers, should be wearing a lifejacket.

Be aware of environmental conditions

Be aware of the weather and water conditions and any hazards that may affect your trip. Plan ahead! To prepare a safe day on the water, you should always check the weather forecast in your area and run through a Pre-departure Checklist. Be sure to stay alert to changing weather conditions while out on the water.



Stay alert and in control

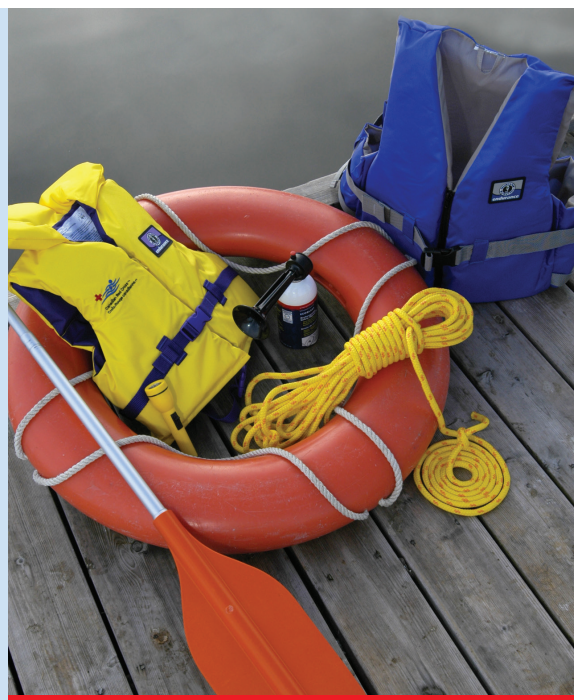
Never consume alcohol before or during a boating outing.

Plan and Prepare

Ensure the operator of the boat is experienced, the vessel is loaded properly, and that appropriate safety equipment is on board. An emergency plan should be established ahead of time.

Checklist for Choosing a Lifejacket

- Is it approved by the Ministry of Transportation or Department of Transportation?
- Will it support the person it was made for?
- Are all the snaps, belts, ties, tapes and/or zippers in good condition?
- Is it easy to put on and take off?
- Can you move your arms freely when wearing it?
- Does it let you bend at the waist?
- Can you see the ground at your feet and walk over obstacles easily?
- Does it keep your head above water?
- Can you swim and manoeuvre easily in the water?
- Have you attached a whistle to your flotation device?



Considerations when Choosing a Lifejacket

Activities: When available, choose a lifejacket that meets your particular needs. Today there are lifejackets specially designed for various activities including pleasure boating, fishing, water skiing, tubing, kayaking, canoeing and rafting. Note that inflatable PFDs are not approved for persons who are less than 16 years of age, or weight less than 36.3 kgs, as well for those participating in activities where an inherent buoyant (contains permanent flotation) vest is required such as riding a personal water craft, paddling in white water, being towed behind a boat (water skiing, wakeboarding, etc.), or using a sailboard.

Colour: Lifejackets are available in many bright colours. The Canadian Red Cross recommends bright colours for better visibility in the water.

Size: Lifejackets must be an appropriate size to be effective. Sizing is based on chest measurements for adults and weight for children—read the label for details. Choose one that is comfortable but snug, and allows free movement.



Swimmer's Itch FAQs

What is swimmer's itch?

Swimmer's itch, also called cercarial dermatitis, appears as a skin rash caused by an allergic reaction to certain microscopic parasites that infect some birds and mammals. These parasites are released from infected snails into fresh and salt water (such as lakes, ponds, and oceans). While the parasite's preferred host is the specific bird or mammal, if the parasite comes into contact with a swimmer, it burrows into the skin causing an allergic reaction and rash. Swimmer's itch is found throughout the world and is more frequent during summer months.

How does water become infested with the parasite?

The adult parasite lives in the blood of infected animals such as ducks, geese, gulls, swans, and certain mammals such as muskrats and raccoons. The parasites produce eggs that are passed in the feces of infected birds or mammals.

If the eggs land in or are washed into the water, the eggs hatch, releasing small, free-swimming microscopic larvae. These larvae swim in the water in search of a certain species of aquatic snail.

If the larvae find one of these snails, they infect the snail, multiply and undergo further development. Infected snails release a different type of microscopic larvae (or cercariae, hence the name cercarial dermatitis) into the water. This larval form then swims about searching for a suitable host (bird, muskrat) to continue the lifecycle. Although humans are not suitable hosts, the microscopic larvae burrow into the swimmer's skin, and may cause an allergic reaction and rash. Because these larvae cannot develop inside a human, they soon die.

What are the signs and symptoms of swimmer's itch?

Symptoms of swimmer's itch may include:

- tingling, burning, or itching of the skin
- small reddish pimples
- small blisters

Within minutes to days after swimming in contaminated water, you may experience tingling, burning, or itching of the skin. Small reddish pimples appear within twelve hours. Pimples may develop into small blisters. Scratching the areas may result in secondary bacterial infections. Itching may last up to a week or more, but will gradually go away.

Because swimmer's itch is caused by an allergic reaction to infection, the more often you swim or wade in contaminated water, the more likely you are to develop more serious symptoms. The greater the number of exposures to contaminated water, the more intense and immediate symptoms of swimmer's itch will be.

Be aware that swimmer's itch is not the only rash that may occur after swimming in fresh or salt water.

Do I need to see my health care provider for treatment?

Most cases of swimmer's itch do not require medical attention. If you have a rash, you may try the following for relief:

- Use corticosteroid cream
- Apply cool compresses to the affected areas
- Bathe in Epsom salts or baking soda
- Soak in colloidal oatmeal baths
- Apply baking soda paste to the rash (made by stirring water into baking soda until it reaches a paste-like consistency)
- Use an anti-itch lotion

Though difficult, try not to scratch. Scratching may cause the rash to become infected. If itching is severe, your health care provider may suggest prescription-strength lotions or creams to lessen your symptoms.

Can swimmer's itch be spread from person-to-person?

Swimmer's itch is not contagious and cannot be spread from one person to another.

Who is at risk for swimmer's itch?

Anyone who swims or wades in infested water may be at risk. Larvae are more likely to be present in shallow water by the shoreline. Children are most often affected because they tend to swim, wade, and play in the shallow water more than adults. Also, they are less likely to towel dry themselves when leaving the water.

Once an outbreak of swimmer's itch has occurred in water, will the water always be unsafe?

No. Many factors must be present for swimmer's itch to become a problem in water. Since these factors change (sometimes within a swim season), swimmer's itch will not always be a problem. However, there is no way to know how long water may be unsafe. Larvae generally survive for 24 hours once they are released from the snail. However, an infected snail will continue to produce cercariae throughout the remainder of its life. For future snails to become infected, migratory birds or mammals in the area must also be infected so the lifecycle can continue.

What can be done to reduce the risk of swimmer's itch?

To reduce the likelihood of developing swimmer's itch

- Do not swim in areas where swimmer's itch is a known problem or where signs have been posted warning of unsafe water.
- Do not swim near or wade in marshy areas where snails are commonly found.
- Towel dry or shower immediately after leaving the water.
- Do not attract birds (e.g., by feeding them) to areas where people are swimming.
- Encourage health officials to post signs on shorelines where swimmer's itch is a current problem.

This information is not meant to be used for self-diagnosis or as a substitute for consultation with a health care provider. If you have any questions about the parasites described above or think that you may have a parasitic infection, consult a health care provider.

Ref: <https://www.cdc.gov/parasites/swimmersitch/faqs.html>

Submitted by:

*Delma Peshabo, CHN,
705-237-8900 ext. 305*

**North Bay Hub Services include:**

Traditional Healing
Child Care
EarlyON
Clinical Services
Wellness Practitioners
Social Services
and so much more

North Bay Hub Service

on Bear Island

July 20, 2022

at the Doreen Potts Health Centre

There will be practitioners to help with intake forms and answer any questions. Please contact Donna at the DPHC to book a time to come in by calling 705-237-8900 ext. 301 or email dphc@temagamifirstnation.ca.

 [temagamifirstnation.ca](https://www.facebook.com/temagamifirstnation.ca)



**TEMAGAMI
FIRST NATION**

Ways to help your child become better readers

1. Teaching reading will only help.

Sometimes, parents are told early teaching is harmful, but it isn't true. You simply can't introduce literacy too early. I started reading to my own children on the days they were each born! The "dangers of early teaching" has been a topic of study for more than 100 years, and no one has ever found any convincing evidence of harm. Moreover, there are hundreds of studies showing the benefits of reading to your children when they are young.

2. Teaching literacy isn't different than teaching other skills.

You don't need a Ph.D. to raise a happy, healthy, smart child. Parents have been doing it for thousands of years. Mothers and fathers successfully teach their kids to eat with a spoon, use a potty, keep their fingers out of their noses, and say "please." These things can be taught pleasantly, or they can be made into a painful chore. Being unpleasant (e.g. yelling, punishing, pressuring) doesn't work, and it can be frustrating for everyone. This notion applies to teaching literacy, too. If you show your 18-month-old a book and she shows no interest, then put it away and come back to it later. If your child tries to write her name and ends up with a backwards "D," no problem. No pressure. No hassle. You should enjoy the journey, and so should your child.

3. Talk to your kids (a lot).

Reading is a language activity, and if you want to learn language, you'd better hear it, and eventually, speak it. Too many moms and dads feel a bit dopey talking to a baby or young child, but studies have shown that exposing your child to a variety of words helps in her development of literacy skills. Talk about their features, likes, dislikes, weather, family, etc..



4. Read to your kids.

I know everyone says this, but it really is a good idea — at least with preschoolers. One of my colleagues refers to this advice as the "chicken soup" of reading education. We prescribe it for everything. (Does it help? It couldn't hurt.) Use audio-books as an alternate; but for those who can, reading a book or story to a child is a great, easy way to advance literacy skills. Research shows benefits for kids as young as 9-months-old, and it could be effective even earlier than that. Reading to kids exposes them to richer vocabulary than they usually hear from the adults who speak to them, and can have positive impacts on their language, intelligence, and later literacy achievement. What should you read to them? There are so many wonderful children's books. Visit your local library, and you can get an armful of adventure. You can find recommendations from kids at the Children's Book Council website or at the International Literacy Association Children's Choices site. [Reading Rockets also provides guidance and lots of themed booklists in our Children's Books & Authors section.]

5. Have them tell you a "story."

One great way to introduce kids to literacy is to take their dictation. Have them recount an experience or make up a story. We're not talking "Jane Austin" here. A typical first story may be something like, "I like fish. I like my sister. I like grandpa." Write it as it is being told, and then read it aloud. Point at the words when you read them, or point at them when your child is trying to read the story. Over time, with lots of rereading, don't be surprised if your child starts to recognize words such as "I" or "like." (As children learn some of the words, you can write them on cards and keep them in a "word bank" for your child, using them to review later.)

6. Teach phonemic awareness.

Young children don't hear the sounds within words. Thus, they hear "dog," but not the "duh"- "aw"- "guh." To become readers, they have to learn to hear these sounds

(or phonemes). Play language games with your child. For instance, say a word, perhaps her name, and then change it by one phoneme: Jen-Pen, Jen-Hen, Jen-Men. Or, just break a word apart: chair... ch-ch-ch-air.

7. Teach phonics (letter names and their sounds).

You can't sound out words or write them without knowing the letter sounds. Most kindergartens teach the letters, and parents can teach them, too. I just checked a toy store website and found 282 products based on letter names and another 88 on letter sounds, including ABC books, charts, cards, blocks, magnet letters, floor mats, puzzles, lampshades, bed sheets, and programs for tablets and computers. You don't need all of that (a pencil and paper are sufficient), but there is lots of support out there for parents to help kids learn these skills. Keep the lessons brief and fun, no more than 5–10 minutes for young'uns. Understanding the different developmental stages of reading and writing skills will help to guide your lessons and expectations.

8. Listen to your child read.

When your child starts bringing books home from school, have her read to you. If it doesn't sound good (mistakes, choppy

reading), have her read it again. Or read it to her, and then have her try to read it herself. Studies show that this kind of repeated oral reading makes students better readers, even when it is done at home.

9. Promote writing.

Literacy involves reading and writing. Having books and magazines available for your child is a good idea, but it's also helpful to have pencils, crayons, markers, and paper. Encourage your child to write. One way to do this is to write notes or short letters to her. It won't be long before she is trying to write back to you.

10. Ask questions.

When your child reads, get her to retell the story or information. If it's a story, ask who it was about and what happened. If it's an informational text, have your child explain what it was about and how it worked, or what its parts were. Reading involves not just sounding out words, but thinking about and remembering ideas and events. Improving reading comprehension skills early will prepare her for subsequent success in more difficult texts.

Submitted by Anastasia Cywink, SERT

FAMILY HEALING AND WELLNESS CENTRE

July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 HOLIDAY	2
3	Art Camp Open Workout 7:00PM-9:00PM	4 Art Camp Medicine Making 9:15AM-4:00PM Women's Workout 6:00PM-8:00PM	5 Art Camp Youth Drop-In 7:00PM-9:00PM	6 Art Camp Youth Dinner 5:30PM-8:30PM	7 Art Camp	8 Art Camp
10	Summer Camp Open Workout 7:00PM-9:00PM	11 Summer Camp Women's Workout 6:00PM-8:00PM	12 Summer Camp Adult Pool Night 7:00PM-9:00PM	13 Summer Camp	14 Summer Camp	15 Summer Camp
17	Summer Camp Open Workout 7:00PM-9:00PM	18 Summer Camp Women's Workout 6:00PM-8:00PM	19 Summer Camp Youth Drop-In 7:00PM-9:00PM	20 Summer Camp	21 Summer Camp	22 Summer Camp
24	Summer Camp Summer Camp Begins Open Workout 7:00PM-9:00PM	25 Summer Camp Women's Workout 6:00PM-8:00PM	26 Summer Camp Adult Pool Night 7:00PM-9:00PM	27 Summer Camp	28 Summer Camp	29 Summer Camp
31						30

EVENTS

Art Camp will run:
July 4th – 8th, 2022

Summer Camps will run:
July 11th – 15th, 2022 ; 10:00AM-3:00PM
July 18th – 22nd, 2022 ; 10:00AM-3:00PM
July 25th – 29th, 2022 ; 10:00AM-3:00PM
Please call 705-237-8022 ext. 405 or 408

**Open Workouts/ Adult Pool
Nights/Youth Drop-Ins will run between
7:00PM-9:00PM**

**Women's Workouts will be Tuesdays
from 6:00PM-8:00PM**

For any questions, please contact The Family Healing & Wellness Centre @ 705-237-8022

Family Healing & Wellness Centre Summer Camp Program

Choose your Weeks of July 11-
August 26th!!

10:00 AM-
3:00 PM

MUST BRING WATER
Bring Your Own Lunch
Bring Your Own Life Jacket

**Swimming
Arts/Crafts
Activities &
Games**

**Safety
Protocols MUST
be followed!
Wearing Masks,
Sanitization and
Social
Distancing**

**COME LAUGH, RUN, PLAY &
ENJOY CREATIVE ACTIVITIES
WITH US!**

For Grades 1-8

REGISTER with Form to Tamara at FHWC

FOR MORE DETAILS

CALL (705) 237-8022 ext 408 or
cysw@temagamifirstnation.ca

Family Healing & Wellness Centre Presents



Medicine Making

July 5, 2022 ● 9:15AM - 4:00PM

Please come join us in medicine making with Ed Pitawanakwat

Culture Resource Coordinator

For more information please call 705-237-8022 ext. 406

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YOUTH DINNER

WELCOME HOME!

JULY 7, 2022
5:30-8:30

FAMILY HEALING & WELLNESS CENTRE
AGES 13-30

For more information please contact 705-237-8022 ext. 409 or 405

Family Healing & Wellness Centre

Adult POOL NIGHT

July 13th and July 27th
FROM 7:00-9:00PM

Ages 18+



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WOMEN'S WORKOUT

Nights

BEGINNING JULY 2022
EVERY TUESDAY BETWEEN 6-8PM
FOR AGES: 13-30

JOIN US AT THE SONNY MOORE BUILDING

705-237-8022 ext. 409
Family Healing & Wellness Centre

Made with PosterMyWall.com

Annual Justice and Victim Service

Career Days

Please join us

Thursday, July 21st, 2022

10:00 am - 3:00 pm

at the Gathering Hall

Special Guest

Traditional Pickeral Lunch Provided

RSVP Nancy Shipman 705 237 8943 ext.804

justiceassistant@temagamifirstnation.ca



BIGIWAYAUNG N'DAKI MENAN



FUNDRAISER FOR ADRIEN KATT

Gloria Katt is raising money for her grandson's trip. She is selling some of her beadwork to help him raise funds.

Lighter Cases - \$80

3D Stars from priced from \$80 - \$120.

Also accepting cash donations.

If interested, call Gloria at 705-237-8333



NORTH VIEW
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GIRLIE'S GRILL
chip stand
99 Wawate Ave.
Bear Island



705-237-8500

OPEN 3 DAYS A WEEK
11:30AM-2PM AND 6PM-8PM

MENU

HOT DOG - 3.50\$
HAMBURGER - 5.50\$
FRIES - 4.00\$
HOTDOG COMBO - 6\$
HAMBURGER COMBO - 10.00\$
POP 1.50\$

PEPSI
COKE
DIET PEPSI
DIET COKE
ROOT BEER
CREAM SODA
GRAPE
ORANGE

*Combos include fries and a pop



TEMAGAMI
FIRST NATION

JULY / RASPBERRY MOON

MISKOOMIN GIZIS

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

					1	2
					Canada Day	
3	4	5 Medicine Making FWWC see inside for details Women's Workout Sonny Moore Bldg see inside for details	6 Candidates Night Mgm & Virtual 6-9pm see inside for details	7 Youth Dinner Mgm 5:30pm see inside for details	8	9 TFN Pow Wow
10	11	12 Regular Joint Council Mtg Mgm Gathering Hall 6:00pm Women's Workout Sonny Moore Bldg	13 Joint Council Negotiations Session Mgm & Virtual 5:00pm Dinner 6:00pm Session	14 Food Safety Training LMLC Gym 8:30am - 4:30pm Regular Council Mtg Mgm Council Chambers 7:00pm	15	16
17 TFN Info Session 9-11am TFN Community Meeting 11-5 Mgm see inside for details TFN By-Election Vote 9am-6pm	18	19 Joint Council Lands & Resources Mtg Mgm Gathering Hall 6:00pm Women's Workout Sonny Moore Bldg	20	21 Justice Services Career Days Mgm Gathering Hall 10am - 3pm	22	23
24	25	26 EMP Community Engagement Mgm Gathering Hall 5pm - 8:30pm Women's Workout Sonny Moore Bldg	27 18+ Pool Night Sonny Moore Bldg See inside for details	28 Regular Council Mtg Mgm Council Chambers 7:00pm	29	30
31						