

# FIRST NATION CONTROL GROUP COMMUNITY BRIEFING

### www.temagamifirstnation.ca

February 25, 2022

Please be advised, Chief and Council hereby resolve that the community of Bear Island is moving out of RED ALERT and into **PROTECTIVE MEASURES** until March 11th, 2022.

### **CURRENT ACTIVE CASES** IN THE COMMUNITY OF BEAR ISLAND

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AS OF FEBRUARY 23, 2022 1:45PM

## COVID-19 RAPID TESTING

Monday to Friday 8:30am - 12:00pm, 1:00pm - 4:30pm Saturday & Sunday 4:00pm-8:00pm

To book your appointment, call **705-237-8900 ext. 316** 

TFN RAPID TESTING STATISTICS AS OF FEB 8<sup>TH</sup>

TIME FRAME	TESTS CONDUCTED	RESULTS	
FEB.10 - FEB 23	42	3 POSITIVE 39 NEGATIVE	

Rapid Antigen Tests and N95 Masks Available at the DPHC. Call **705-237-8900 ext. 316** if require any.

# **NO TRESPASSING**

#### Due to Covid 19 Global Pandemic; Bear Island Reserve #1 remains CLOSED TO GENERAL PUBLIC

Exemptions will be made of patrons to the Pier Market, Temagami First Nation Citizens and their significant other, Teme-Augama Anishnabai Citizens and their significant other, community residents, off-island TFN essential service staff and those in need of emergency medical care.

## BEAR ISLAND'S FOOD SECURITY PROGRAM

April McKenzie, Food Security Coordinator can be reached by calling **705-237-8943 ext.121** or by email at <u>fsc@temagamifirstnation.ca</u>

Please Use Order Forms and return to <u>fsc@</u> <u>temagamifirstnation.ca</u> or drop it off to the Band Office reception or the Pier Market drop box.

The next food delivery will be on Wednesday, March 2nd.

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	Su	Мо	Tu	We	Th	Fr	Sa	
			1	2	3	4	5	
	6	7	8	9	10	11	12	
	13	14	15	16	17	18	19	
DELIVERY	20	21	22	23	24	25	26	
ORDERS DUE	27	28	29	30	31			

<b>TEMAGAMI FIRST NATION VACCINATION STATISTICS REPORTED ON FEBRUARY 7, 2022</b>							
AGE GROUP	POPULATION	2ND DOSE	3RD DOSE				
18+	221	195 = 88.2%	189 = 85.5%	122 = 55.2%			
12 -17	25	21 = 84%	20 = 80%	5 = 20%			
5 - 11	24	15 = 63%	10 = 42%				

Temagami First N	ation
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2022-008

File reference no.

#### **BAND COUNCIL RESOLUTION**

The council of the TEMAGAMI FIRST NATION							
Date of duly convened meeting	D	М	Y	Province:	ONTARIO		

Do hereby resolve that as of Friday, February 25, 2022, the community of Bear Island is moving out of RED ALERT and into **PROTECTIVE MEASURES**.

**WHEREAS** the spread of COVID-19 has been declared a pandemic by the World Health Organization on March 11, 2020.

**WHEREAS** the Covid 19 situation is changing very rapidly. Omicron, is now the dominant strain of COVID-19 in Ontario and is highly transmissible.

WHEREAS TFN is moving to PROTECTIVE MEASURES until March 11, 2022.

**WHEREAS** Chief & Council of the Temagami First Nation have the authority and jurisdiction pursuant to the Indian Act; sections 81 (1)(a), (c), (d), (p), (q), and (r) to enact emergency effort to prevent the spread of contagions and infectious diseases.

**NOW THEREFORE** The Temagami First Nation Chief & Council hereby execute the following BCR for the protection of public health and safety of Bear Island.

#### **Emergency Protective Measures:**

- 1. Under the rules of law, a strict No-Trespassing restriction will remain in effect. Exemptions will be made for; patrons to the Pier Market, Northstar Building, Temagami First Nation Citizens and their significant others, Teme-Augama Anishnabai Citizens and their significant others, community residents, off-island TFN essential service staff and those in need of emergency medical care.
- 2. The wearing of masks and hand-sanitizing is mandatory in all indoor public places.
- 3. Community residents are encouraged to remain in their household bubble.
- 4. Band owned buildings are closed to the public unit further notice with the exception of essential services.
- 5. All employees are to work remotely with the exception of essential workers.
- 6. Food security program is operational bi-weekly.
- 7. Medical Transportation services will be limited until further notice. For emergency call 9-1-1.
- 8. Limit indoor gatherings to 10 people, limit outdoor gatherings to 25 people from as few households as possible.

- 9. The LMLC will remain closed with virtual learning.
- 10. The daycare will remain closed with virtual programming.
- 11. For those who have travelled outside of the community recently, it is recommended they receive a rapid test upon return.
- 12. Covid rapid testing is operational at the clinic, residents and staff are strongly encouraged to utilize this service. If you are showing any symptoms or have been potentially exposed to the covid-19 virus, we encourage you to follow the 1-3-5-7 Rapid Testing Regime and/or self-isolate for 10 days.
- 13. Police Services are available and will enforce the no trespassing order.
- 14. Emergency/Essential Services are available.

Temporary Effectiveness

As per Council MOTION #2022-0224-008 passed on February 24, 2022, this BCR will remain in force until March 11, 2022, unless that time period is extended or abridged by a resolution by Council.

Chief Shelly Moore-Frappier

John McKenzie

2<sup>nd</sup> Chief John McKenzie

Councillor Tom Mathias

**Councillor Jamie Saville** 

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Councillor Michael Paul

**Councillor Roxane Potts** 

Councillor Joseph Katt

Councillor Douglas H. McKenzie

# **COVID-19 GLOSSARY OF TERMS**

#### SARS-CoV-2

The virus that causes Corona Virus Disease 2019 (COVID-19)

#### COVID-19

The illness or disease caused by the SARS-CoV-2 virus

#### Antibody

A protein that is produced in response to the introduction of an antigen in an organism and that plays a role in the immune response against this antigen

#### Antigen

A substance that, when introduced in an organism, induces an immune response

#### Immune response

The activity of the immune system that targets foreign substances

#### Asymptomatic

When a person does not exhibit or show symptoms

#### Symptomatic

When a person exhibits or shows symptoms

#### Transmission

The passage or mode of a disease, usually infectious, from one person to another.

#### **Communicable period**

The period during which an infectious agent may pass directly or indirectly from an infected person to another person

**Community spread** (transmission) The spread of an infectious disease among a group of people that is not linked to a contact with a person returning from a known area of infection or with an infected person

#### Comorbidity

In a person, the occurrence of one or more diseases, disorders, risk factors or pathological processes at the same time as a given medical condition A disease, disorder, risk factor or pathological process that occurs at the same time as a given medical condition in a person

#### **Confirmed case**

A person that meets all the established criteria of the case definition for a disease or whose condition is confirmed by at least one laboratory method

#### Endemic

The persistence of a disease in a given region or population

#### Epidemic

The occurrence of a higher number of disease cases than expected in a given area over a specific period of time

#### Pandemic

An epidemic occurring worldwide or over a very wide area, crossing the international borders and usually affecting a large number of people

#### Prevalence

The number of people in a population with a specific disease or condition at a given time, usually expressed as a proportion of the number of affected people to the total population

#### **Primary or Index Case**

The first case of an infectious disease that occurs in a population.

#### **Probable Case**

A person showing convincing signs and symptoms of a disease but whose condition is not confirmed by a laboratory method

#### False negative

When a test performed on a sample collected from a person with the disease being tested gives a negative result, it is a false negative

#### **False positive**

When a test performed on a sample collected from a person not having the disease being tested gives a positive result, it is a false positive

#### **Herd immunity**

The resistance of a group to the spread of an infectious disease based on the resistance to infection of a high proportion of individual members of the group. The percentage of immune people necessary for herd immunity is specific to each infectious disease

#### **Incubation period**

The period between the contamination of a susceptible host (human) by an infectious agent (example COVID-19) and the onset of signs and symptoms of an infectious disease (example SARS-CoV-2 aka COVID-19)

#### Lockdown

An emergency protocol intended to limit travel and gatherings n a population for public health or safety reasons

**Isolation** (avoiding contact when one is sick)

A preventive measure against the spread of an infectious disease that involves separating an infected or sick person from non-infected people during the communicable period of the disease.

**Quarantine** (avoiding contact after a possible exposure, but without being sick)

A measure to prevent the spread of an infectious disease in which a healthy person who may have been exposed to an infected person is isolated during the incubation period of the disease. Not to be confused with isolation and lockdown

#### Misinformation

The dissemination of false or misleading information out of ignorance or distraction, with no intention t deceive

#### **Mode of transmission**

A method by which an infectious disease is transmitted from one person to another

#### Screening

The detection of a disease (example COVID-19) in asymptomatic (people without symptoms) people. However, in the context of the COVID-19 pandemic, the term has been extended to include administration of tests to detect infection in suspect cases. For example, before entering a facility such as the workplace or, hospital or store, a screening can be conducted by asking the person (employee, visitor) if they have any signs or symptoms of a disease (example COVID-19), have they been and contact with a confirmed case of the disease or have travelled recently.

#### Self-isolate

A preventive measure against the spread of an infectious disease in which an infected person chooses to avoid contact with non-infected people during the communicable period of the disease.

However, isolation (avoiding contact when one is sick) and quarantine (avoiding contact after a possible exposure, but without being sick) DO NOT refer to the same concept

#### **Viral shedding**

The process by which virus particles are released into the environment from the body of an infected person

#### Viral load

The quantity of a virus in an infected person

**Long Hauler** (also known as post-COVID syndrome)

According to the CDC, the most common lasting symptoms are fatigue, shortness of breath, cough, joint pain and chest pain. Other issues include cognitive problems, difficulty concentrating, depression, muscle pain, headache, rapid heartbeat and intermittent fever.

#### **Rapid Antigen Test**

Antigen-based tests detect specific proteins on the surface of the virus.

#### ID NOW (Molecular Test)

To conduct a test, a swab of the nose is taken. Then the swab is placed into an acidic liquid solution heated to 132.8<sup>o</sup> F that cracks open the envelope of the SARS-CoV-2 virus, exposing its viral RNA. RNA stands for ribonucleic acid, which is a long, singlestranded chain of cells that processes protein. An example of RNA is a chain of cells that carries genetic information of many viruses from the cell to the cytoplasm. Cytoplasm is the gelatinous liquid that fills the inside of a cell

#### The GeneXpert.

The tests are designed to detect the SARS-CoV-2 strain of the coronavirus, the virus that causes COVID-19. RT-PCR test. Also called a molecular test, this COVID-19 test detects genetic material of the virus using a lab technique called reverse transcription polymerase chain reaction (RT-PCR). A health care professional collects a fluid sample by inserting a long nasal swab (nasopharyngeal swab) into your nostril and taking fluid from the back of your nose.

# SEEKING RAPID TESTERS!

In an effort to keep our community safe, the DPHC is seeking to recruit additional Rapid Testers.

Rapid Testers will be required to test community members and staff for the COVID-19 virus. Training and certification will be provided.

> If you wish to apply for this paid, casual position or for further details, call 705-237-8900 x. 304 or email <u>pandemic@temagamifirstnation.ca</u>

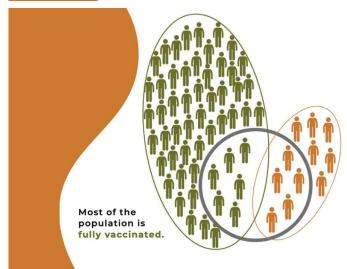
sts Collective of Canada

Help protect yourself and your community by wearing a mask.

TRAVELLING AWAY FROM BEAR ISLAND FOR ANY EXTENDED PERIOD? Book your Rapid Test upon returning home. 705-237-8900 ext. 316

#### Vaccines Work

If you need a first, second or third dose of the COVID-19 vaccine, **PANDEMIC SAFETY COORDINATOR** PAULA POTTS AT 705-237-8900 EXT. 304 OR EMAIL: <u>pandemic@temagamifirstnation.ca</u>



The chances of getting severely ill from COVID-19 are **much lower for fully vaccinated people**.



in infection does not define you

PANDEMIC SAFETY COORDINATOR PAULA POTTS 705-237-8900 EXT. 304

#### **CONTACT INFORMATION**

COVID-19 RAPID TESTING 705-237-8900 EXT. 316 (LEAVE A MESSAGE IF NO ANSWER)

#### Understand your chances of getting hospitalized with COVID-19

The proportion of people hospitalized with COVID-19 looks something like this:

= Unvaccinated

You may look at that image and question

bu may look at that image and question the effectiveness of the vaccines. But let's take a step back and look at the bigger picture...

Isolation tips: How to move more!

A healthy lifestyle includes moving your body.









### COVID-19 at home?

You can manage it, together.

While you self-isolate:

- Stay fed and well hydrated.
- Keep a routine of things you like to do.
- Spend time with family and friends online or on the phone.
- Think good thoughts.
- Nurture your spirit.

FOOD SECURITY COORDINATOR APRIL MCKENZIE 705-237-8943 EXT. 121