



FIRST NATION CONTROL GROUP
COMMUNITY BRIEFING

www.temagamifirstnation.ca

January 28, 2022

Please be advised, Chief and Council hereby resolve that the community of Bear Island is moving to **RED ALERT - PROTECTIVE MEASURES** until February 5th, 2022.

Please see Band Council Resolution on pages 4 and 5 which outlines protective measures.

COVID-19 VACCINE CLINIC POSTPONED

UNTIL FRIDAY, FEBRUARY 4TH.

ALL INDIVIDUALS WHO HAD AN APPOINTMENT TO RECEIVE THEIR COVID-19 VACCINE WILL HOLD THE SAME APPOINTMENT TIME.

QUESTIONS/CONCERNS
PLEASE CALL TANYA LEGALL
705-237-8900 EXT. 313

BEAR ISLAND'S

FOOD SECURITY PROGRAM

April McKenzie, Food Security Coordinator can be reached by calling **705-237-8943 ext.121** or by email at fsc@temagamifirstnation.ca

Please Use Order Forms and return to fsc@temagamifirstnation.ca or drop it off to the Band Office reception or the Pier Market drop box.

The next food delivery will be on Wednesday, February 2nd.

DELIVERY ORDERS DUE		FEBRUARY						
		Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3	4	5
			7	8	9	10	11	12
			14	15	16	17	18	19
		20	21	22	23	24	25	26
		27	28					



COVID-19 RAPID TESTING

Temporarily **ON HOLD**
Until Further Notice

TFN RAPID TESTING STATISTICS AS OF JAN 27TH

TIME FRAME
JAN 18TH -
JAN 27TH

TESTS CONDUCTED
51

RESULTS
4 POSITIVE
47 NEGATIVE

TEMAGAMI FIRST NATION VACCINATION STATISTICS REPORTED ON JANUARY 20, 2022

AGE GROUP	POPULATION	1ST DOSE	2ND DOSE	3RD DOSE
18+	221	193 = 87.3%	185 = 83.7%	98 = 44.3%
12 - 17	25	20 = 80%	19 = 76%	2 = 8%
5 - 11	24	14 = 58%		

NEED TO TALK? YOU ARE NOT ALONE.

TFN Family Healing & Wellness Centre

705-237-8022

First Nations and Inuit Hope For Wellness Helpline

1-855-242-3310

Native Youth Crisis Hotline:

1-877-209-1266

Mental Health Helpline

1-866-531-2600

Indian Residential School Survivors and Family Hotline

1-866-925-4419

MMIWV Crisis Line

1-844-413-6649



TEMAGAMI
FIRST NATION



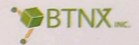
ARE YOU STRUGGLING WITH THE AT-HOME RAPID ANTIGEN TESTS?

Need guidance?

Call Tanya at 705-237-8900 ext.313


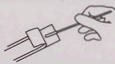
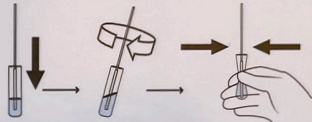
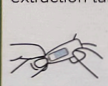



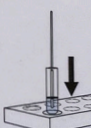
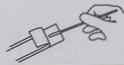




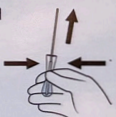



Rapid
Response

Procedure Card | COVID-19 Antigen Rapid Test Device



REF: COV-19C25

IMPORTANT: Bring all testing materials and specimens to room temperature (15-30°C) before use. Process specimens as soon as possible after collection.

Step 1: Set Up	Step 2 - Option B: Nasal Swab	Step 3: Test Procedure
<p>Step 1.1 Before collecting the sample, place the extraction tube into the tube stand so it stands upright.</p> 	<p>Step 2b.1 Remove the swab from its packaging.</p> 	<p>Step 3.1 Insert the swab with the collected specimen into the extraction tube. Swirl the swab, mixing well. Squeeze the swab 10-15 times by compressing the walls of the tube against the swab.</p> 
<p>Step 1.2 Gently mix the extraction buffer bottle.</p> <p>Empty the entire contents of one single use extraction buffer vial into the extraction tube. Or Without touching the buffer bottle to the extraction tube, add 10 drops into the extraction tube.</p>   	<p>Step 2b.2 Tilt patient's head back 70°. Insert the swab through the anterior nares in contact with nasal septum at least 0.5 inches inside the nostril until mild resistance is encountered at the middle turbinate.</p> <p>min 0.5 inch</p> 	<p>Step 3.2 With the swab still inside, securely place the extraction tube upright into the tube stand. Let the swab stand in the solution for 2 minutes.</p> 
<p>Step 2 - Option A: Nasopharyngeal Swab</p> <p>Step 2a.1 Remove the swab from its packaging.</p>  <p>Step 2a.2 Gently insert the sterile swab into the nostril parallel to the palate, not upwards. The distance should be equivalent to that from the ear to the nostril of the patient, indicating contact with the nasopharynx, or until resistance is encountered. Gently rub and roll the swab, leave in place several seconds to saturate tip with secretions. Slowly remove the swab while rotating it.</p> 	<p>Step 2b.3 Using a circular motion, the nasal orifice should be swabbed for a minimum of five seconds.</p>  <p>Step 2b.4 Compress the nostril with the fingers to trap the swab tip and rotate the tip for a minimum of five seconds.</p>  <p>Step 2b.5 Remove and repeat for the other nostril with the same swab.</p> <p>min 0.5 inch</p> 	<p>Step 3.3 Remove the swab while pressing the swab head firmly against the inner wall of the tube to release as much liquid as possible. Dispose of the used swab in accordance with the appropriate biohazard waste disposal protocol.</p> 
<p>Results Interpretation</p> <p>C T Positive</p>  <p>C T Negative</p>  <p>C T Invalid</p> 		<p>This reference sheet is not a replacement for the Product Insert. Read the instructions prior to use and follow the directions carefully.</p> <p>1100030963 V1.1-10202021</p>

YOU CAN VIEW AN INSTRUCTIONAL VIDEO AT THIS LINK: <https://www.youtube.com/watch?v=Nr5cApPXg8>



TEMAGAMI FIRST NATION

BEAR ISLAND
LAKE TEMAGAMI, ONTARIO P0H 1C0
TEL 1.888.737.9884 or 705.237.8943
tfn@temagamifirstnation.ca
www.temagamifirstnation.ca

COMMUNITY MEMO

TO: All Bear Island Community Residents, TFN/TAA Membership
FROM: TFN Chief & Council
DATE: January 28, 2022
RE: **RED ALERT – Protective Measures**

Temagami First Nation will enact a **RED ALERT** with protective measures effective until **FEBRUARY 5TH, 2022**.

Due to 4 positive COVID-19 rapid tests reported at the DPHC, elected Council has implemented a BCR for RED ALERT. These individuals are all being cared for and isolating and will remain in isolation until the cases are deemed resolved. Contact tracing has been completed for all of the reported positive cases. All of those who are considered to have been exposed, have been supplied At-Home Rapid Antigen Test Kits due to a temporary interruption of our Rapid Testing Services.

We encourage everyone to stay-at-home and stay within your household bubble. If you are showing symptoms of COVID-19, are encouraged to follow the Rapid ANTIGEN Testing Regime days 1-3-5 and 7 and/or self-isolate for 10 days. If any community member receives a positive Covid-19 test result, you are required to report it immediately to our Community Nurse, Delma Peshabo by calling **705-237-8900 ext. 305**.

If any community members are in need of any additional at-home Rapid Antigen Tests, or for any other questions at this time concerning Covid-19, please reach out to our Environmental Health and Safety Advisor, Tanya Legall at **705-237-8900 ext. 313**.


The move to the RED ALERT means that the following changes will be implemented:

- All Band buildings are closed to the public.
- Both the LMLC and TMFC are closed until further notice. Online education and virtual programming will continue.
- Essential services will be operational with protective measures in place. All other programs will utilize virtual service formats for the interim.
- All Health Services at the DPHC are to be made by appointment only.

The Food Security Program will continue, and community members are encouraged to access this service to help support community members to stay-at-home. Please contact the Food Security Coordinator for more information at fsc@temagamifirstnation.ca or call **705-237-8943 ext. 121**.

Your continued diligence and attention to safety is greatly appreciated.

Stay-at-home and Stay Safe!
Sincerely,
Chief and Council

 Temagami First Nation	Chronological no. 2022-003
BAND COUNCIL RESOLUTION	File reference no.

The council of the TEMAGAMI FIRST NATION	
Date of duly convened meeting D M Y 2 7 0 1 2 2	Province: ONTARIO

Do hereby resolve that the community of Bear Island is now in **RED ALERT** with protective measures due to positive cases of COVID-19 reported at the DPHC Rapid Testing Centre.

WHEREAS the spread of COVID-19 has been declared a pandemic by the World Health Organization on March 11, 2020.

WHEREAS the Covid 19 situation is changing very rapidly. Omicron, is now the dominant strain of COVID-19 in Ontario and is highly transmissible.

WHEREAS TFN is moving to **RED ALERT** until February 5th , 2022.

WHEREAS Chief & Council of the Temagami First Nation have the authority and jurisdiction pursuant to the Indian Act; sections 81 (1)(a), (c), (d), (p), (q), and (r) to enact emergency effort to prevent the spread of contagions and infectious diseases.

NOW THEREFORE The Temagami First Nation Chief & Council hereby execute the following BCR for the protection of public health and safety of Bear Island.

Emergency Protective Measures:

1. Under the rules of law, a strict No-Trespassing restriction will remain in effect. Exemptions will be made for; patrons to the Pier Market, Temagami First Nation Citizens and their significant other, Teme-Augama Anishnabai Citizens and their significant other, community residents, off-island TFN essential service staff and those in need of emergency medical care.
2. The wearing of masks and hand-sanitizing is mandatory in all in-door public places.
3. Community residents are encouraged to remain in their household bubble.
4. Band owned buildings are closed to the public and all in-person programs are suspended with the exception of essential services.
5. The Day Care will be closed with virtual programming.
6. The LMLC will be closed with virtual learning.
7. All employees are to work remotely with the exception of essential workers.
8. Food security program is operational bi-weekly.
9. Medical Transportation services are operational with safety precautions and modifications.

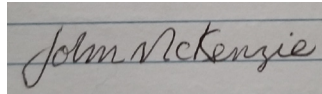
10. Limit indoor gatherings to 5 people, limit outdoor gatherings to 10 people from as few households as possible.
11. For those who have travelled outside of the community recently, it is recommended they receive a rapid test upon return.
12. Covid rapid testing is operational at the DPHC, residents and staff are strongly encouraged to utilize this service. If you are showing any symptoms or have been potentially exposed to the COVID-19 virus, we encourage you to follow the Rapid Testing Regime day 1-3-5-7 and/or self-isolate for 10 days.
13. Police Services are available and will enforce the no trespassing order.
14. Emergency/Essential Services are available including external contract workers.

Temporary Effectiveness

As per Council **MOTION #2022-0127-015** passed on January 27th, 2022 this BCR will remain in force until February 5th, 2022 unless that time period is extended or abridged by a resolution by Council.



Chief Shelly Moore-Frappier



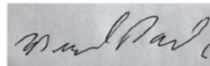
2nd Chief John McKenzie



Councillor Tom Mathias

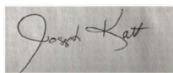


Councillor Roxane Potts



Councillor Jamie Saville

Councillor Michael Paul



Councillor Joseph Katt



Councillor Douglas H. McKenzie

Quorum: 5

Page 2 of 2

<p>QUESTIONS?</p> <p>ENVIRONMENTAL HEALTH AND SAFETY ADVISOR</p> <p>TANYA LEGALL 705-237-8900 EXT. 313</p>	<p>COVID-19 REPORTING</p> <p>COMMUNITY NURSE,</p> <p>DELMA PESHABO 705-237-8900 EXT. 305</p>	<p>FOOD SECURITY</p> <p>FOOD SECURITY COORDINATOR</p> <p>APRIL MCKENZIE 705-237-8943 EXT. 121</p>
--	--	---

I Have Symptoms...

You have symptoms and are concerned you may have COVID-19. Now what?

Do you have any of these symptoms: Fever/chills, cough, shortness of breath, decrease/loss of smell and taste?

No

Yes

Do you have two or more of these symptoms?:

- Sore throat
- Headache
- Extreme fatigue
- Runny nose/nasal congestion
- Muscle aches/joint pain
- GI Symptoms (i.e. vomiting or diarrhea)

No

Yes

- It is less likely that you have COVID-19 infection.
- Self-isolate until your symptoms are improving for at least 24 hours (48 hours for gastrointestinal symptoms).
- Your household members do not need to self-isolate.

- It is highly likely that you have a COVID-19 infection.
- You must [self-isolate](#) immediately:
For at least **10 days** from your symptom onset and until your symptoms have been improving for 24 hours (or 48 hours if gastrointestinal symptoms) whichever is longer in duration if you are:
 - 12 years of age or older AND fully vaccinated.
 - 11 years old or younger, regardless of your vaccination status
 For **10 days** from your symptom onset if you are:
 - 12 years of age or older AND either partially vaccinated or unvaccinated.
 - Immune compromised, regardless of your age
 All of your household members (regardless of their vaccination status) must self-isolate while you are self-isolating. Most individuals do not need a COVID-19 test. If you are in the eligible individual list, get PCR test, rapid molecular test or rapid antigen tests (if you have access). If testing is not available, you must fulfill the self-isolation. If your symptoms worsen, seek advice from Telehealth or your health care provider. Notify your workplace.

I Have Been Exposed...

You've been exposed to someone who has tested positive for COVID-19 on PCR, rapid molecular, or rapid antigen test and you work in a highest risk setting.* Now what?

Have you had at least 2 doses of the COVID-19 vaccine?

Yes

No

Does the COVID-19 positive person live with you?

No

Yes

Do you have any [symptoms](#) of COVID-19?

No

Yes

- [Self-isolate](#) immediately.
- If you are fully vaccinated, you should self-isolate for 10 days.
- Notify your employer and follow any work restrictions and early clearance guidance.
- If you develop symptoms, get tested and follow the guidance for cases.

- [Self-monitor](#) for symptoms for 10 days.
- Get tested if recommended by the public health unit.
- If your test is **positive** you must self-isolate. Follow the guidance for cases.
- If leaving home, you should maintain masking, physical distancing and all other public health measures.
- You should **NOT** attend work for 10 days from your last exposure.
- Report your exposure to your employer and follow any work restrictions. If there is a critical staff shortage, you may be able to attend work under work-self isolation (WSI). Follow WSI guidelines.
- If you develop any symptoms, get tested as soon as possible and [self-isolate](#) until you get your result.

- [Self-isolate](#) immediately.
- Get tested as soon as possible.
- If your test is **negative** you can discontinue self-isolation once symptoms have been improving for at least 24 hours (or 48 hours if you have gastrointestinal symptoms).
- If your test is **positive** you must self-isolate. Follow the guidance for cases.
- Notify your employer and follow any work restrictions and early clearance guidance.