



**TEMAGAMI  
FIRST NATION**

September 11, 2020

**FIRST NATION CONTROL GROUP  
BI WEEKLY REPORT**

# **COMMUNITY INFORMATION**

**STATE OF EMERGENCY  
LEVEL 3  
COVID-19 PANDEMIC**





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## TFN First Nation Control Group Update

### **PUBLIC WORKS/ ELECTRICAL UTILITY REP/COMMUNITY EMERGENCY**

Shuttle boat is operating; Covid 19 Pandemic Protocol and Procedures in place – please be sure to wear a mask and use hand sanitizers that are available. **All trips must be booked in advance** by calling the office at ext. 101. The shuttle times are posted.

### **POLICE**

The police remain status quo and have been responding to calls and general inquiries and enforcing the restricted access to Bear Island.

### **FIRE CHIEF**

We are currently without a Fire Chief; if you know of any one that may be interested, please have them contact Human Resources. We are looking for a reliable person to check the equipment monthly; caches; and respond to calls if necessary.

### **EMERGENCY MEDICAL SERVICES REP**

Emergency services remain status quo; EFR have been responding to calls and practicing pandemic protocols and procedures.

### **MEDICAL/HEALTH REP**

Community Health Nurse, Delma Peshabo is taking appointments for Community Members to have COVID-19 testing done at the DPHC. **Appointments must be booked.** Please call the DPHC to book an appointment. 705-237-8900 ext. 301 and remember to bring your Health Card.

Medical Trans program is in effect and using a “double bubble” strategy in which they transport two household members at a time in keeping with social distancing and safety protocols

Cloth face masks are still available at the clinic for adult community members. Call the DPHC to arrange for a mask if required. 704-237-8900 ext. 301

### **SOCIAL SERVICES**

The FHCW continue to provide programming to community members. This month Culture Camp will take place September 16th - 19th at Obabika Inlet. Registration is required by September 14th to ensure supplies are available as well as to follow programming protocols in place during the Covid-19 pandemic. You can register by contacting Boshk at 705-237-8022 ext. 406 or email [boshk.aguonia@temagamifirstnation.ca](mailto:boshk.aguonia@temagamifirstnation.ca). A Fasting Camp is also planned for September 22nd - 26th. You can contact Boshk at 705-237-8022 ext. 406 or email [boshk.aguonia@temagamifirstnation.ca](mailto:boshk.aguonia@temagamifirstnation.ca) for information. A Women's Circle is scheduled for September 29th. Refreshments and snacks will be available. Masks required and physical distancing will be in effect. Program contact is Linda Paul. 705-237-8022 ext 403

Kevin McPhee is available for in-person sessions. He is expected on-island on 23rd. If you wish to have an in-person appointment with him, please call Linda Paul to book an appointment. 705-237-8022 ext. 403

A survey to assess **off-reserve band members** financial needs can be found at <https://www.temagamifirstnation.ca/wp-content/uploads/2020/06/Funding-Eligibility.pdf> This will help to determine how the **COVID-19 Urban Indigenous Community Support Fund** can be disbursed based on needs.

### **MENTAL HEALTH**

Mental Health resources remain advertised in the newsletter, online and in the bi-weekly updates. Should you or any member of your household just need someone to talk to – there are workers available to do so. During these difficult times, mental health and wellness are of the utmost importance.



## **HCC - ELDER'S SUPPORT**

Elders drop-in program takes place Tuesdays from 1-3pm at the North Star Building and HCC workers have commenced with client in-home cleaning services.

## **FOOD SECURITY**

The Food Security Group has **discontinuing services** and instead has reinstating client shopping trips. Please follow health and safety protocols when going into public settings. Masks are mandatory in most indoor establishments; be sure to bring them on all shopping trips.

## **EDUCATION/LMLC REP**

LMLC staff have outlined a phased in approach to re-opening the school. They are currently in Phase one, on-line learning approach. The BIEA will reassess 30 days into this phase and proceed based on that assessment. In school protocols and procedures are being established and the BIEA have plans to consult parents on these measures.

## **INFORMATION COORDINATOR**

Information has been made available through various media sources; The BI Blast; the Weekly Updates; Facebook, email – we continue to inform the community with those updates and how we are progressing through the pandemic. Continue to monitor the website and TFN facebook page for information.

## **REOPENING PROCEDURES AND PROTOCOLS**

Band offices remain **closed to the public** and the FNCG is working towards efforts to opening band buildings. Should you wish to attend band buildings for business, an appointment is required. All staff are following the established health & safety procedures.

## **SPOKESPERSON**

With the Level 3 State of Emergency still in place and the First Nation Control Group remaining in place; our team has been working diligently in efforts to keep our community members safe and free from Covid. We continue to keep the **community closed to the public**; we continue to keep the buildings closed to the public; this is the best practice to ensure the limited chance of exposure within our community.

FNCG reminds the community to continue to practice social distancing; wear masks when out in public; wash hands and use sanitizer when hand washing stations are unavailable. Self-monitor and keep yourselves safe from exposure.

## **OPERATIONS OFFICER**

FNCG operations remain status quo – the Level 3 State of Emergency has not heightened; we are ensuring we are addressing the overall needs of the community during this pandemic. The current Trespassing restriction remains in effect. We are working towards defining stages with the Level 3 State of Emergency and will have the information on that available to the community.

The staff have been closely monitoring our needs to meet the community demands. We shall continue to have the FNCG in place until the State of Emergency is lifted.



# TFN MENTAL WELLNESS RESOURCES

**THERAPY** Access to Kevin McPhee can be done through a referral via the Family Healing & Wellness Program at (705) 237-8022 to the attention of Linda Paul. Kevin is a therapist, who has been coming to Bear Island. Currently, due to Covid-19 access is offered though phone contact until the Ontario Emergency levels are lessened and TFN FNCG opens a change in policy for him to come to Bear Island again.

## **North Bay Indigenous Hub Traditional Healing Services**

The North Bay Indigenous Hub has many services available. To access these services you will need to speak with staff from FHWC or DPHC for a referral. FHWC 705-237-8022 ext 401 or DPHC 705-237-8900 ext. 301

**Mental Health Support for Indigenous**  
call or text - 1-855-242-3310

**Mental Health or Addictions Programs:**  
toll free number 1-866-531-2600

**Indigenous Women**  
call or text - 1-855-554-4325

**Children & Youth Support Line**  
1-800-668-6868

**Mental health and addictions support**  
[www.ontario.ca/page/mental-health-services](http://www.ontario.ca/page/mental-health-services)  
1-866-531-2600

**Good Talk Ages 17 – 25 yrs**  
1 (866) 925 5454

**Bounce Back**  
1 (866) 345 0224

**211 Ontario Live Chat**  
1 (877) 330 3213

**Hope for Wellness Helpline**  
1 (855) 242 3310

**TAKE CARE OF YOURSELVES**



## HEALTH SERVICES UPDATE

# HOW TO PREPARE CHILDREN FOR GOING BACK TO SCHOOL DURING THE COVID-19

Many children are about to go back to school after months of being at home with only parents and siblings to socialize and learn with. Each province has their own standards for what constitutes safety regarding COVID-19. A new way of socializing including staggered days and extended recess and outdoor times are just some of the ideas that have been suggested. With the abundance of social media and advertisements regarding concerns and recommendations surrounding the spread of COVID-19, adults and children may also be facing anxiety around going back to school.

How can you prepare your child to return to the new normal as they go back to school this fall? Here are five tips to help get you and your child ready and minimize those anxious thoughts around going back to school:

### **Only share the necessary facts**

As parents, it is important to only share the facts that will keep your child safe. Simply put, communicate only what is needed and keep it age-appropriate because too much information may cause unintended anxiety. The younger the child, the less information they need. For example, it's not necessary or helpful for a five-year-old to watch or hear all the gory details of death tolls around the world.

If children are going to feel that they can play with their classmates in a safe way, they need the facts that are pertinent to their situation – not the fear that comes from world statistics. This includes things like proper handwashing and mask hygiene ( don't share your mask ), practicing physical distancing (personal space), and understanding how others would like to be treated (empathy).

### **Practice COVID-19 protocols at home**

Practice common COVID-19 safety measures with your children at home so they are not embarrassed or sur-

prised when they come up at school. For example, they will be required to wash/sanitize their hands upon entering the school or classroom. Set up a handwashing sign at your front door or at the entrance to the kitchen for practice.

Depending on district rules, children may be required to wear masks for all or part of the day. To reduce anxiety and stigma surrounding this, have your child practice wearing a mask for short periods of time at home while doing something they enjoy. Increase the time they wear the mask incrementally until they are up to a timeframe that the school has set out.

**Practice common COVID-19 safety measures with your children at home so they are not embarrassed or surprised when they come up at school.**

### **Reinforce boundaries**

Teaching children a common social norm such as keeping their hands to themselves when playing with others is not unique to COVID-19. We can explain this as a way of saying it's important to respect other people's space just like we would want them to respect ours. We can use language like, "Sometimes you just want to have your own space. Not everyone likes to be hugged or pulled along somewhere." Letting your child know that this practice also helps reduce the spread of the common cold and flu is helpful too. Practicing a personal space bubble is something that can be taught quite early on. Use language like "Hands off " instead of " don't touch ".



## **Practice empathy with your child**

One way to teach empathy would be explaining that there may be friends who are still a bit wary of hanging out the way they used to. Remind them of a time when they had a hard time warming up to a new situation so they can empathize with their friend. Do this before they go back to school so that they will not be surprised if a friend does not want to play right away.

Also part of showing empathy is discussing why some cannot wear masks (e.g., asthma or other concerns that make it difficult to use a mask). Practice the language involved in seeing someone without a mask so they are ready if that does happen: “Some people are unable to wear masks for different reasons. We should remember be kind to everyone.”

**Communicate only what is needed and keep it age appropriate because too much information may cause unintended anxiety.**

## **Chart the course**

Create a chart of things that are okay and not okay to do. Make it realistic so that children understand that they’ve

lost the ability to do some things while their ability to do others remains the same – this helps build resilience. For example, it was never a good idea to share food or drinks with friends, so that goes in the “Not Okay” column. Having a meal with your friends (in an acceptable place as outlined by health guidelines) goes in the “Okay” column. While we don’t want children to be afraid of their peers, we do want to teach them to be aware of the need for proper hygiene and safe distancing to reduce the spread of all airborne viruses.

These five tips will help counteract the negative messages around COVID-19 children may have already heard before going back to school. Remind them of the positives that have occurred (and will continue to occur) such as increased downtime and more family time and meals together as parents continue to work from home. Turn towards the positives that have come from the pandemic and take the opportunity help change the negative narrative around going back to school into a positive one.

**Author: Elaine Conrad (MEd, RP)**

Submitted by:

**John Wayne Potts**

**Temagami First Nation**

**Health Services Manager**



TEMAGAMI  
FIRST NATION

# NO TRESPASSING

## BEAR ISLAND RESERVE #1

**Due to Covid 19 Global Pandemic;  
Bear Island Reserve #1 is**

**CLOSED TO GENERAL PUBLIC**

**With the exception of the Pier Market  
and to essential workers**

**(Hydro, Telecommunications, Water/Sewer,  
Contractors, Emergency Service Personnel)**

**and Temagami First Nation Members**

**& Teme-Augama Anishnabai Members and those  
visiting your dwelling.**

**POLICE WILL BE ENFORCING  
TRESPASSING LAWS.**

## COVID-19 TESTING

**AVAILABLE at DPHC by appointment only.**

**Call to book your appointments at  
705-237-8900 ext 301**





**Head Office:**

247 Whitewood Avenue, Unit 43  
PO Box 1090  
New Liskeard, ON P0J 1P0  
Tel.: 705-647-4305 Fax: 705-647-5779

**Branch Offices:**

Dymond Tel.: 705-647-8305 Fax: 705-647-8315  
Englehart Tel.: 705-544-2221 Fax: 705-544-8698  
Kirkland Lake Tel.: 705-567-9355 Fax: 705-567-5476

[www.timiskaminghu.com](http://www.timiskaminghu.com)

September 4, 2020

Dear Parents and Families:

Going back to school can be challenging in the best of times and heading back in the midst of a global pandemic is of course even more complex. I want to acknowledge the varied emotions that families may be feeling, such as excitement, worry, fear, relief, uncertainty, and more. While there will be changes, if you have chosen in-school learning, the key school experience will be much the same as before—your children will learn in class with their teacher and see friends.

Everyone plays an active role in keeping our kids safe during the 2020/21 school year. The attached “Top 10 COVID-19 Basic Rules for Safe Schools” provides simple yet effective guidance for a safe return to school. These rules are endorsed by Medical Officers of Health and Directors of Education from across the North. Please review them very carefully.

**Remember that screening your child(ren) daily for illness and potential COVID-19 symptoms is a must. More details about screening are in the attached document. Children with symptoms must stay home.**

When it is time for a student to return to school, a verbal attestation that a student has tested negative or consulted with their health care provider is enough—there is no need to provide a medical note or proof of a negative test.

Please accept my sincere gratitude and admiration for all parents, guardians, educators, students themselves, and all who support students, for all you have done to flatten the curve of the first wave of COVID-19. You have sacrificed much and made school 2020/21 reopening a possibility.

And whether you have chosen in-school or virtual learning, Timiskaming Health Unit is committed to supporting you and your schools as we begin this next phase of the COVID-19 pandemic. For additional information about COVID-19 and resources, please visit [timiskaminghu.com](http://timiskaminghu.com).

Congratulations students and parents and guardians—you have my very best wishes for the coming school year.

Sincerely,

Dr. Glenn Corneil  
Acting Medical Officer of Health/CEO

Encl.



# Top 10 COVID-19 Basic Rules for Safe Schools

- 1. The best way to protect schools and support a successful school reopening is to keep COVID-19 out of our communities.** Now, more than ever, we need to recommit to COVID-19 prevention. Follow the guidance set out by your local health unit.
- 2. Make COVID-19 symptom screening part of your daily routine.** Just like brushing your teeth every morning, checking for COVID-19 symptoms and using a COVID-19 self-assessment tool (e.g. <https://covid-19.ontario.ca/self-assessment/>), are essential parts of your daily habits.
- 3. Got symptoms? Stay home!** Now is not the time to “tough it out” when you are under the weather. No one will thank you for showing up to school sick. When in doubt, wait it out—and let your school know!
- 4. Have a “plan B”.** Things can change quickly with COVID-19. You know your “plan A”. Have a back-up plan so you can deal with unexpected changes caused by COVID-19 in your school, like needing to stay home and being prepared to shift from in school learning to distance learning, or a combination of both.
- 5. Talk to each other.** Discuss different age-appropriate scenarios and role play them to support kids in how to handle them safely. Examples include situations in the school or classroom related to masks, distancing, touchless greetings, or handwashing, and getting to and from school.
- 6. Stay informed.** School boards and public health units post valuable information on their websites and on social media. It’s also available by phone. School boards are required to post COVID-19 case information and share any real-time impacts on their schools, such as class dismissals or school closures.
- 7. Be prepared.** This year back-to-school supplies include non-medical masks. Follow your school’s policies on what to bring and what they will supply.
- 8. Get involved.** As we work through this together, we will face unknowns and unexpected situations. Be solution oriented and know that we all have the same aim. Share your observations and your suggestions with your school.
- 9. Take care of yourself.** You may feel alone as a student or someone who cares for a student. Unsettling feelings at school re-entry are very normal—and even more so right now with a global pandemic in our midst. You are never as alone as you feel. Whether you need clinical information or mental health supports—reach out for help when you need it.
- 10. Be COVID kind. Practise kindness, patience, and gratitude—we are all in this together.**



# COVID-19 CONCERNS

**If you think you have any symptoms of COVID-19 or are concerned that you have been exposed, please call your local Regional Assessment Center (RAC) for testing.**

(Booked appointment basis only)

Temiskaming Shores and area Regional Assessment Center – 705-648-1844

Doreen Potts Health Centre - 705-237-8900 ext.301

For more information or questions on Covid-19 call the THU COVID-19 line.

705-647-4305, Ext. 7 | 1-866-747-4305, Ext. 7

Monday to Friday - 8:30 a.m. - 4:30 p.m. | Saturday and Sunday - 9 a.m. - 12 p.m.

## When should I call the Timiskaming Health Unit?

Anybody who has any of the following symptoms should call the THU COVID-19 line or DPHC for additional screening and testing arrangements if applicable.

Symptoms range from mild – like the flu and other common respiratory infections – to severe.

The most common symptoms include:

- Fever (37.8 or higher)
- Cough
- Shortness of breath
- Runny nose
- Nasal congestion
- Sore throat
- Difficulty swallowing
- Loss of sense of smell or taste
- Nausea/vomiting
- Diarrhea
- Abdominal pain

## IF YOU TEST POSITIVE

**You're required to quarantine for 14 days or until a negative COVID-19 test is received.**

**COVID-19 ALERT**  
**AVIS DE COVID-19**  
Protect yourself and others  
*Protégez-vous et les autres*



**Practice physical distancing.**  
*Maintenir une distance physique.*



**Wash hands after being outdoors.**  
*Se laver les mains après avoir été à l'extérieur.*



Services de santé du  
**TIMISKAMING**  
Health Unit

[www.timiskaminghu.com](http://www.timiskaminghu.com)



## PROTOCOLS FOR COVID-19 POSITIVE SECONDARY LEARNERS

1. Have protocols in place regarding COVID-19 Positive children / returning home for learners that decide to go to school off island to attend school.

### **What happens to a COVID-19 positive child if/when they return to Bear Island:**

- The child must self quarantine for 14 days OR quarantine until a negative COVID-19 test result is received
- Family members in the household must also quarantine for at least 14 days, or until a negative test result is received
- Child and household family members must test negative for COVID-19 before they can reintegrate into the community

### **Learners in Boarding homes:**

- The child must test negative for COVID-19 before they can return to the island
- Learner will quarantine at the boarding house pending there is an agreement between the parent(s)/learner and the boarding home
- Boarding house will also have to follow quarantine procedures and protocols set out by the school the learner is attending
- *If the learner decides they would like to return to the island while sick, they must follow the procedures above*



## Mask Policy

(Adapted from Timiskaming Health Unit)

This policy mandates the Use of Mask or Face Coverings within the public buildings on Bear Island.

1. All employees, visitors and customers are required to wear a mask or face covering upon entering and remaining within any of the public buildings on Bear Island, such as the DPHC, FHWC, MGM/MUF, School/LMLC, Elders building. The mask or face covering must cover the nose, mouth and chin.

a. The following persons are exempted from the requirement to wear a mask or face covering and will not be required to provide proof of such exemption:

i. Children under two years of age, or children under the age of five years either chronologically or developmentally who refuse to wear a mask or face covering and cannot be persuaded to do so by their caregiver;

ii. Persons with medical conditions who cannot safely wear a mask or face covering (e.g. due to breathing difficulties, cognitive difficulties, hearing or communication difficulties);

iii. Persons who cannot wear or remove a mask or face covering without assistance, including people who are accommodated under the Accessibility for Ontarians with Disabilities Act (AODA) or are protected under the Ontario Human Rights Code, R.S.O. 1990, c.H. 19 as amended;

iv. Employees who are in an area of the premise that is not designated for public access, or who are within or behind a physical barrier (e.g. Plexiglass, closed office door).

b. Temporary removal of the mask or face covering is permitted where necessary for the following purposes:

i. Actively engaging in an athletic or fitness activity including water-based activities;

ii. Consuming food or drink;

iii. For any emergency or medical purpose;

iv. Working alone in an enclosed space (office, cubicle, OR workspace 6ft. away from another work space).

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ADMINISTRATION DEPARTMENT

705.237.8943 ext.101

tfn@temagamifirstnation.ca | www.temagamifirstnation.ca

2. This policy will be implemented and enforced in “good faith” to primarily educate people on masks and face coverings and promote their use in enclosed public spaces.

- a. Persons with exemptions listed under 1a) are not required to show proof of exemption.
- b. Signs about the requirement to wear masks or face coverings shall be posted at all public entrances.
- c. Persons entering or remaining without a mask or face covering will be given a verbal reminder of the policy’s masking requirement.
- d. Employees will be trained on the policy, including where and how to properly wear a mask or face covering, and how to help and respond to customers who do not have a mask or face covering.
- e. A copy of this policy will be made available on request to a public health inspector or other person authorized to enforce the EMCPA.



## Appropriate Gathering Sizes Based on Risk Assessment

### Gathering Size

1. Gathering duration should be kept to a minimum time if possible, to reduce potential exposure time. (2 hours is desirable to minimize risk)
2. Gatherings must not exceed 50 people indoors and 100 people outdoors, as per the Government of Ontario.
  - Ontario Regulation 52/20, section 6, subsection 2 (1) states that “The persons conducting the wedding, funeral, service, rite or ceremony must ensure that the number of persons occupying any room in the building or structure while attending the gathering does not exceed 30 per cent of the capacity of the particular room”
  - MGM:  $270 \times 0.3 = 81$  people max
  - If the 50 person limit is lifted, OR if there is no food service present, the max people allowed in the room would be 81 (MGM/LVGP)
3. Individual capacity limits for public buildings on Bear Island can be found in the table below

### Building Capacities:

Building Name	COVID-19 Capacity
<b>MGM/LVGP</b>	Gathering room: 30-40 people / MAX 50 (81) with PPE Council chambers: 10-12 people / MAX 12 with PPE Reception room: 4 people / MAX 6 with PPE Library: 5 / MAX 8 with PPE
<b>DPHC</b>	10-15 people / MAX 15
<b>FHWC</b>	Large room 20 Small room 10 / MAX 30
<b>Elders Building</b>	20-25 people / MAX 25
<b>Youth Building</b>	Entrance room – 5-10 people / MAX 10 Pool table room – 5- 10 people / MAX 10 Building capacity total – Maximum 20 people at one time

### Planning a General Large Gathering

1. Consider informing the at-risk population (elderly, immunocompromised, pre-existing health conditions) of the risk that they are going to expose themselves to by attending the event.
2. Sanitation stations must be present and fully stocked inside the venue, including
  - a. Hand sanitizer
  - b. Masks
  - c. Paper towel/tissue
  - d. Designated waste bin
3. Pre-screening of patrons before entry



- a. Take their temperature and use the sanitize station
  - b. COVID questionnaire (symptoms, potential exposure)
- 4. Encourage people from the same household to sit together, to further reduce the risk of spread between patrons/households
- 5. Have volunteers/employees perform extra sanitation measures during the event (periodically sanitize high touch surfaces before, during and after the event)
- 6. Encourage single use products (condiment packets, utensils, plates)

### Planning a Large Gathering where Food is Present

1. Currently the Government of Ontario as it enters stage 3 does not permit the opening or conducting of buffet style food establishments or organizations to operate
2. To be able to safely operate a gathering/ luncheon the following protocols need to be considered:
  - a. Having kitchen staff pre-portion the food for the guests, **OR**
  - b. Having the guest line up in support of physical distancing, and while staying two meters away from the buffet, point to the items they would like, and have to kitchen staff assemble the plate for them.
  - c. Have people line up in groups, rather than all together to avoiding crowding or bottleneaking.

### Staff Responsibilities at All Times

1. Wear proper PPE, including masks or face coverings, gloves, hair nets, close toed shoes, at all times except when:
  - a. Eating or drinking;
  - b. Using the washroom;
  - c. Taking a break.
2. Gloves should be changed at least every hour, **OR** after using the washroom, taking a break, eating or drinking, to ensure the maintenance of cleanliness and sanitation. Proper handwashing must occur before putting on new gloves!
3. Ensure that patrons are following physical distancing protocols
4. Ensure that there is an appropriate but not excessive amount of staff working, to adhere to physical distancing requirements.

### References

Government of Ontario (2020). O. Reg. 52/20: ORDER UNDER SUBSECTION 7.0.2 (4) OF THE ACT - ORGANIZED PUBLIC EVENTS, CERTAIN GATHERINGS. Retrieved from <https://www.ontario.ca/laws/regulation/200052>

Government of Ontario (2020). A Framework for Reopening our Province: Stage 3. Retrieved from <https://www.ontario.ca/page/framework-reopening-our-province-stage-3>



**TEMAGAMI  
FIRST NATION**

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# NOTICE

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**REGULAR COUNCIL MEETING  
THURSDAY, SEPTEMBER 24, 2020  
Minowaabandan-gamiing Maawanjihidiwing  
Council Chambers  
7pm**

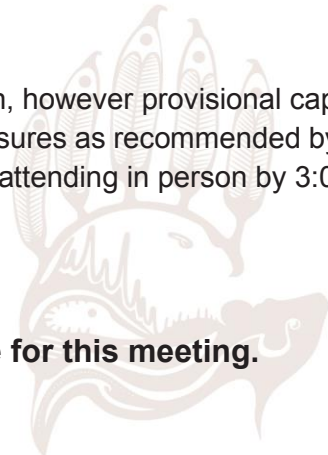
*DRAFT AGENDA TO COME ON FRIDAY, SEPTEMBER 18, 2020*

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\*NOTE - Due to TFN State of Emergency Level 3 measures:

1. Under agenda item "ANY MATTER A RESIDENT WISHES TO RAISE" - all matters are to be put in writing and sent by mail or email (tfn@temagamifirstnation.ca) by 3:00 p.m. on Friday, September 18<sup>TH</sup>.
2. This meeting is accessible via Zoom or in person, however provisional capacity limits are in effect to maintain physical distancing measures as recommended by health professionals so you must reserve your space if attending in person by 3:00 p.m. on Friday, September 18<sup>TH</sup>.

**Webex will not be available for this meeting.**



## News Release: Community Notice of a confirmed Case of COVID-19 at the Bay Street Café in Parry Sound

Posted on Thursday September 10, 2020

PARRY SOUND, ON - The North Bay Parry Sound District Health Unit (Health Unit) is issuing a community notice of a confirmed case of COVID-19. This individual worked on September 5, 2020 from 11 a.m. to 2 p.m. at the Bay Street Café located at 22 Bay St. Parry Sound, while awaiting for COVID-19 test results.

The individual, who was tested and resides out of district, is an occasional staff member at Bay Street Café. Local contact tracing is underway by the Health Unit. Contact information for patrons of the establishment on September 5, 2020 from 11 a.m. to 2 p.m. are not available. Individuals who ate at the establishment during this time are considered low risk, as per the Ministry of Health guidelines. These individuals are recommended to self-monitor for symptoms of COVID-19, until September 19, 2020, and contact the local assessment centre for testing, should symptoms develop.

The Health Unit was made aware of this situation through concerned citizens and was able to confirm that the information was actionable by public health.

Individuals are reminded to follow public health protocols, which include self-isolating if you have symptoms of COVID-19 and if you are waiting for COVID-19 test results.

Restaurants and bars are reminded that they are required to keep a log of patrons for case contact management.

While we are experiencing very low levels of COVID-19 in our district, the public is encouraged to continue to practice public health measures, including physical distancing, wearing a face covering, washing or sanitizing hands often, not touching your face, and coughing or sneezing into your sleeve.

For more information on COVID-19 please visit [www.myhealthunit.ca/COVID-19](http://www.myhealthunit.ca/COVID-19).

-30-

### Media Inquiries:

Alex McDermid, Public Relations Specialist

P: [705-474-1400](tel:705-474-1400), ext. 5221 or [1-800-563-2808](tel:1-800-563-2808)

E: [communications@healthunit.ca](mailto:communications@healthunit.ca)

<https://www.myhealthunit.ca/en/News/index.aspx?feedId=00000000-0000-0000-0000-000000000000&newsId=aec16384-9443-4781-bedc-d995e8adf010>

# Northeastern Ontario Situation Report

<https://www.cbc.ca/news/canada/sudbury/covid-19-numbers-northeastern-ontario-1.5509386>

As of September 11, 2020, there have been 254 confirmed cases of COVID-19 in northeastern Ontario.

- According to health unit data, there are at least **241 recovered** cases in the region, which is about 95 per cent of the total cases.
- There are currently **2 active cases** of COVID-19 in northeastern Ontario, according to local health units.
- A total of 12 people have died from COVID-19 in the northeast region.
- Northeast health units are reporting that at least 113,992 tests have been conducted for the COVID-19 virus.

Cases by health unit:	
• Public Health Sudbury & Districts:	94
• Porcupine Health Unit:	74
• Timiskaming Health Unit:	19
• Algoma Health Unit:	29
• North Bay Parry Sound District Health Unit:	38



Temagami First Nation

## SHUTTLE BOAT SCHEDULE – SEPTEMBER 2020

SCHEDULE A MONDAY TO FRIDAY		SEPTEMBER							
Depart Bear Island WEEK DAY (MON-FRI)	Depart Minerod WEEK DAY (MON-FRI)	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
				1	2	3	4	5	<i>NOTE: MUST BOOK IN ADVANCE DURING OFFICE HOURS (8:30AM-5:00PM) BY CALLING: 705-237-8943 EXT 101</i>
*7:45 a *8:45 a *9:45 a *10:45 a	*8:15 a *9:15 a *10:15 a *11:15 a		Labour Day No Shuttle Service	8	9	10	11	12	<i>PLEASE NOTE THAT EMERGENCY SERVICES CALLS MAY PRE-EMPT THIS SCHEDULE.</i>
*1:00 p *2:00 p *3:00 p *4:00 p *5:00 p	*1:30 p *2:30 p *3:30 p *4:30 p *5:30 p	13	14	15	16	17	16	17	COVID 19 GLOBAL PANDEMIC: PROTOCOL & PROCEDURES: <ol style="list-style-type: none"> <li>1. HAND SANITIZER PRIOR TO BOARDING IS AVAILABLE.</li> <li>2. FACE MASKS ARE MANDATORY PRIOR TO BOARDING.</li> <li>3. FIVE (5) PASSENGER MAXIMUM PLUS DRIVER.</li> <li>4. GARBAGE BIN AVAILABLE.</li> </ol>
		18	19	20	21	22	23	24	
		25	26	27	28	29	30		

**NOTE: ALL TRIPS MUST BE BOOKED MONDAY-FRIDAY (8:30AM-5:00PM) AT LEAST TWO (2) HOURS IN ADVANCE – PLEASE LEAVE A MESSAGE FOR BOOKING & CANCELLED TRIPS**

***THIS SCHEDULE MAY CHANGE WITHOUT NOTICE ~ WEATHER PERMITTING***  
 FOR MORE INFORMATION, CALL THE BAND OFFICE AT (705) 237-8943 EXT 101

- Programs & Services; \$25/person up to \$100 max.
- Two Regular Bin Size Limit; \$10 per passenger.
- Cash, EMT Available [vicky.blake@temagamifirstnation.ca](mailto:vicky.blake@temagamifirstnation.ca)

# EMPLOYMENT ESSENTIALS

Starting  
Monday October 19  
9-12

Miziwe Biik Aboriginal Employment and Training is offering a six-week program that will provide tools and resources to assist participants with job searching and finding their next steps.

Supported by Ontario Works.



**Eligibility criteria:** Indigenous, Ontario Works recipient, and available for duration of program.

## Program Components:

- True Colours & Essential Skills
- Communication
- Career Exploration
- Life Skills & Self-Management
- Job Search
- Career Awareness & Research

\*Some programming will be offered remotely through online video conferencing.

Program Screening will be conducted via Zoom or Telephone appointment.  
Email [brenna@miziwebiik.com](mailto:brenna@miziwebiik.com) or call 647-325-4686 to register.





# CULTURE CAMP

SEPT. 16<sup>TH</sup>-19<sup>TH</sup>

OBABIKA BAY INLET



TEMAGAMI  
FIRST NATION



Contact Boshk at DPHC to register.  
705-237-8022 ext. 406

## PLEASE BE ADVISED:

The Wood- Burn Pile is NOT a dumpsite. If you are, or know the previous owner, of this couch; please kindly remove it to the proper disposal bin as pictured below.

The Infrastructure works diligently to create and maintain suitable disposal sites for Bear Island residents to help keep our land safe and beautiful for the future generations.

Please do your part and respect the effort by disposing of your items as indicated by the signs at the dump site. Miigwetch for your help!



Infrastructure Department  
705-237-8600 EXT. 103





# FIRST NATION CONTROL GROUP

## ROLES AND CONTACT INFO

**CONTACT INFORMATION: RECEPTIONIST AT (705) 237-8943 EXT. 101**

<b>Position &amp; Description</b>	<b>Main Contact</b>	<b>Designate</b>
<b>Chief</b> <i>Providing overall leadership in responding to an emergency</i>	Shelly Moore-Frappier OFFICE: (705) 237-8943 EXT. 105 <a href="mailto:chief@temagamifirstnation.ca">chief@temagamifirstnation.ca</a>	John McKenzie  <a href="mailto:2ndchieftfn@temagamifirstnation.ca">2ndchieftfn@temagamifirstnation.ca</a>
<b>Operations Officer</b> <i>Chairing the FNCG</i>	Virginia Paul OFFICE: (705) 237-8943 EXT. 102 <a href="mailto:ed@temagamifirstnation.ca">ed@temagamifirstnation.ca</a>	Robin Koistinen OFFICE: (705) 237-8943 EXT. 204 <a href="mailto:robin.koistinen@temagamifirstnation.ca">robin.koistinen@temagamifirstnation.ca</a>
<b>Community Emergency Management Coordinator</b> <i>Ensuring that all members of the FNCG have necessary plans, resources, supplies, maps, and equipment</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 <a href="mailto:cim@temagamifirstnation.ca">cim@temagamifirstnation.ca</a> <a href="mailto:jamie.koistinen@temagamifirstnation.ca">jamie.koistinen@temagamifirstnation.ca</a>	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 <a href="mailto:pwsuper@temagamifirstnation.ca">pwsuper@temagamifirstnation.ca</a>
<b>Police Representative</b> <i>Notifying necessary emergency and community services, as required;</i>	Brad Kerr OFFICE: (705) 237-8963 DISPATCH: 1 (888) 310-1122 <a href="mailto:brad.e.kerr@opp.ca">brad.e.kerr@opp.ca</a>	Tom Saville OFFICE: (705) 237-8963 DISPATCH: 1 (888) 310-1122 <a href="mailto:thomas.saville@opp.ca">thomas.saville@opp.ca</a>
<b>Fire Chief</b> <i>Activating the emergency notification system through the Community Emergency Coordinator;</i>	Louis LeFrancois DISPATCH: 1 (866) 762-0911 <a href="mailto:2fire.chief@temagamifirstnation.ca">2fire.chief@temagamifirstnation.ca</a>	
<b>Public Works Rep</b> <i>Providing and maintaining all equipment necessary as well as keeping the water/sewer services running</i>	Derek Green OFFICE: (705) 237-8631 EXT. 701 <a href="mailto:derek.green@temagamifirstnation.ca">derek.green@temagamifirstnation.ca</a>	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 <a href="mailto:pwsuper@temagamifirstnation.ca">pwsuper@temagamifirstnation.ca</a>
<b>Medical/Health Rep</b> <i>Acting as a coordinating link for all emergency health services at the FNCG and ensuring liaison with Health Canada;</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 <a href="mailto:hsm@temagamifirstnation.ca">hsm@temagamifirstnation.ca</a>	Delma Peshabo OFFICE: (705) 237-8900 EXT. 305 <a href="mailto:delma.peshabo@temagamifirstnation.ca">delma.peshabo@temagamifirstnation.ca</a>
<b>Social Services Rep</b> <i>Ensuring the well-being of residents who have been displaced from their homes by arranging emergency lodging, clothing, feeding, registration and inquiries and personal services;</i>	Annette Paul OFFICE: (705) 237-8022 EXT. 401 <a href="mailto:sss@temagamifirstnation.ca">sss@temagamifirstnation.ca</a>	Alice Moore OFFICE: (705) 237-8022 EXT. 402 <a href="mailto:3tfn councillor@temagamifirstnation.ca">3tfn councillor@temagamifirstnation.ca</a> <a href="mailto:hbhc@temagamifirstnation.ca">hbhc@temagamifirstnation.ca</a>
<b>Emergency Medical Service Rep</b> <i>Ensuring emergency medical services at the emergency site</i>	Marie Paul DISPATCH: (705) 569-3434 <a href="mailto:efr@temagamifirstnation.ca">efr@temagamifirstnation.ca</a>	Delma Peshabo OFFICE: (705) 237-8900 EXT. 305 <a href="mailto:delma.peshabo@temagamifirstnation.ca">delma.peshabo@temagamifirstnation.ca</a>
<b>Electrical Utility Rep</b> <i>Monitoring the status of power outages and customers without services;</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 <a href="mailto:cim@temagamifirstnation.ca">cim@temagamifirstnation.ca</a> <a href="mailto:jamie.koistinen@temagamifirstnation.ca">jamie.koistinen@temagamifirstnation.ca</a>	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 <a href="mailto:pwsuper@temagamifirstnation.ca">pwsuper@temagamifirstnation.ca</a>
<b>Emergency Information Coordinator</b> <i>The Emergency Information Coordinator is responsible for the dissemination of news and information to the media for the public</i>	Heidi Jobson OFFICE: 1 (705) 237-8943 EXT. 107 <a href="mailto:communication@temagamifirstnation.ca">communication@temagamifirstnation.ca</a>	Courtney Saville OFFICE: 1 (705) 237-8943 EXT. 110 <a href="mailto:courtney.saville@temagamifirstnation.ca">courtney.saville@temagamifirstnation.ca</a>

## FIRST NATION CONTROL GROUP ROLES AND CONTACT INFO CONTINUED

<b>Telecommunications Coordinator</b> <i>Ensuring that all communication methods continue to stay up and running</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 <a href="mailto:cim@temagamifirstnation.ca">cim@temagamifirstnation.ca</a> <a href="mailto:jamie.koistinen@temagamifirstnation.ca">jamie.koistinen@temagamifirstnation.ca</a>	
<b>Education/LMLC Rep</b> <i>Providing any school (as appropriate and available) for use as an evacuation or reception centre and a representative(s) to co-ordinate the maintenance, use and operation of the facilities being utilized as evacuation or reception centres;</i>	Lynn Mongrain OFFICE: (705) 237-8943 EXT. 501 <a href="mailto:lynn.mongrain@temagamifirstnation.ca">lynn.mongrain@temagamifirstnation.ca</a>	Michelle Polson OFFICE: (705) 237-8698 EXT.601 <a href="mailto:michelle.polson@temagamifirstnation.ca">michelle.polson@temagamifirstnation.ca</a>
<b>Health Centre Administrator</b> <i>Implementing the health centre/nursing stations emergency plan;</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 <a href="mailto:hsm@temagamifirstnation.ca">hsm@temagamifirstnation.ca</a>	Delma Peshabo OFFICE: (705) 237-8900 EXT. 304 <a href="mailto:delma.peshabo@temagamifirstnation.ca">delma.peshabo@temagamifirstnation.ca</a>
<b>Community Spokesperson</b> <i>The voice of the community for outside organizations; provides updates and constant communication for media etc.</i>	Shelly Moore-Frappier OFFICE: (705) 237-8943 EXT. 105 <a href="mailto:chief@temagamifirstnation.ca">chief@temagamifirstnation.ca</a>	John McKenzie  <a href="mailto:2ndchieffn@temagamifirstnation.ca">2ndchieffn@temagamifirstnation.ca</a>
<b>Citizen Inquiry Spokesperson</b> <i>Point of contact for community members that may have questions or require an update on developing situations.</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 <a href="mailto:hsm@temagamifirstnation.ca">hsm@temagamifirstnation.ca</a>	Delma Peshabo OFFICE: (705) 237-8900 EXT. 304 <a href="mailto:delma.peshabo@temagamifirstnation.ca">delma.peshabo@temagamifirstnation.ca</a>
<b>Food Service Lead</b> <i>Ensuring that the most vulnerable population within the community will have their basic needs met during the duration of the emergency plan.</i>	Rachel McKee OFFICE: (705) 237-8900 EXT. 312 <a href="mailto:hcc@temagamifirstnation.ca">hcc@temagamifirstnation.ca</a>	
<b>Finance Lead</b> <i>Provides essential financial services such as Ontario Works cheques and other payments as required.</i>	Vicky Blake OFFICE: (705) 237-8943 EXT. 113 <a href="mailto:vicky.blake@temagamifirstnation.ca">vicky.blake@temagamifirstnation.ca</a>	Beverley St.Denis OFFICE: (705) 237-8943 EXT. 111 <a href="mailto:beverly.stdenis@temagamifirstnation.ca">beverly.stdenis@temagamifirstnation.ca</a>

Your  
actions  
matter.



canada.ca/coronavirus

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