



**TEMAGAMI
FIRST NATION**

July 31, 2020

**FIRST NATION CONTROL GROUP
WEEKLY REPORT**

COMMUNITY INFORMATION

**STAY
DILIGENT
this Long
Weekend**

**STATE OF EMERGENCY
LEVEL 3
COVID-19 PANDEMIC**



Image: Designed by Freepik

TABLE
OF

CONTENTS

PG 4-5 FNCG Updates - July 31, 2020

PG 6 THU Mask or Face Covering Required

PG 7 Timiskaming Health Unit Press Release - July 28, 2020

PG 8 TFN Mental Wellness Resources

PG 9 - 11 NIHB - New Claim Processing System

PG 12 Giving Yourself Permission to Slow Down - DPHC, Health Services Manager

PG 13 COVID-19 Testing

PG 13 Safely putting on and taking of a face mask

PG 14 Situation Report - July 30, 2020

PG 14 PSA: Public Health Sudbury & Districts - July 29, 2020

PG 15 Provisional Shuttle Boat Schedule

PG 16 -17 FNCG Contact List



Telehealth: 1-866-797-0000

*Emergency Information Coordinator:
Heidi Jobson
OFFICE: (705) 237-8943 EXT. 107
communication@temagamifirstnation.ca*

www.temagamifirstnation.ca

**CITIZEN INQUIRY SPOKESPERSON:
Wayne Potts
OFFICE: (705) 237-8900 EXT. 302
hsm@temagamifirstnation.ca**

TFN First Nation Control Group Update

PUBLIC WORKS/ ELECTRICAL UTILITY REP/COMMUNITY EMERGENCY

Shuttle boat is operating; Covid 19 Pandemic Protocol and Procedures in place – please be sure to wear a mask and use hand sanitizers that are available. **All trips must be booked in advance** by calling the office at ext. 101. The shuttle times are posted.

Public Works team continues on the Flyer's Bay Clean up initiative. There will be no future dumping at that site.

POLICE

The police remain status quo and have been responding to calls and general inquiries.

FIRE CHIEF

We are currently without a Fire Chief; if you know of any one that may be interested, please have them contact Human Resources. We are looking for a reliable person to check the equipment monthly; caches; and respond to calls if necessary.

Please report forest fires by calling 310-FIRE

EMERGENCY MEDICAL SERVICES REP

Emergency services remain status quo; EFR have been responding to calls and practicing pandemic protocols and procedures.

MEDICAL/HEALTH REP

Community Health Nurse, Delma Peshabo is taking appointments for Community Members to have COVID-19 testing done at the DPHC on Thursday Mornings. Please call the DPHC to book an appointment. 705-237-8900 ext. 301 and remember to bring your Health Card

Recently, changes have been made to the Building Access Protocols which now indicates that staff awaiting test results are only to refrain from entering Band buildings when and if they are experiencing COVID-like symptoms or suspect that they've been exposed. You are to always self monitor for any symptoms.

Cloth face masks are available at the clinic for adult community members. Call the DPHC to arrange for a mask if required. 704-237-8900 ext. 301

SOCIAL SERVICES

FHWC are implementing a Summer Camp Program for children in Grades one through eight through out the month of August. Safety provisions will be in place. Contact cysw@temagamifirstnation.ca to register your child(ren)

FHWC has been tasked with mask-making; this will be used for staff traveling, clients and the community at large.

They have also made strides on completing an eligibility form for the Urban Indigenous Agency Fund. The criteria is first come, first serve and there will be a needs based component as well.

MENTAL HEALTH

A Mental Health Response Team is being formulated. These individuals are presently planning training and developing a work plan for this. There will be a call out for volunteers for this response team in the near future. Please feel free to reach out to Raymond Katt if you're interested in lending assistance in this regard. Mental Health resources remain advertised in the newsletter, online and in the weekly updates. Should you or any member of your household just need someone to talk to – there are workers available to do so. During these difficult times; mental health and wellness are of the utmost importance.

Raymond Katt is organizing a Canoe Trip to Maple Mountain which will focus on Identity, Unity and Relationship Building. This 5 day trip will run between Aug. 10th to Aug.14th. Registration is limited so contact Raymond at 705-237-8900 ext.307.

HCC - ELDER'S SUPPORT

Commencing with drop in on Tuesday; and HCC workers have commenced with client in-home cleaning services.

FOOD SECURITY

The Food Security Group has **discontinuing services** and instead has reinstating client shopping trips. Please follow health and safety protocols when going into public settings. Masks are mandatory in most indoor establishments as of July 24, 2020. HCC will provide clients with masks and clients are to be sure to bring them on all shopping trips.

EDUCATION/LMLC REP

Plans for children in the classroom in the Fall are underway; BIEA has been working on Protocols & Procedures to implement a plan to have school in the Fall. We will have an extensive information package available in mid-August which will outline how elementary, secondary and post-secondary classes will be proceeding come September.

INFORMATION COORDINATOR

Information has been made available through various media sources; The BI Blast; the Weekly Updates; Facebook, email – we continue to inform the community with those updates and how we are progressing through the pandemic.

REOPENING PROCEDURES AND PROTOCOLS

Band offices remain closed to the public and the FNCG is working towards efforts to opening up. FNCG and TFN Managers are working towards implementing protocols and procedures into the buildings to ensure that staff can return to a safe working environment. This also helps program managers to implement their programming under the new norm. Health & safety procedures are monitored and the needs for the staff to return are being addressed.

SPOKESPERSON

With the Level 3 State of Emergency still in place and the First Nation Control Group remaining in place; our team has been working diligently in efforts to keep our community members safe and free from Covid. We continue to keep the community closed to the public; we continue to keep the buildings closed to the public; this is the best practice to ensure the limited chance of exposure within our community. FNCG understands that Ontario has lessened some restriction on gatherings and our district is implementing mandatory masks in indoor spaces and wish to advise the community that we are working towards lessening our own restrictions and will keep you all advised on these changes.

We are seeing a resurgence in cases in surrounding communities and the FNCG reminds the community to continue to practice social distancing; wear masks when out in public; wash hands and use sanitizer when hand washing stations are unavailable. Self-monitor and keep yourselves safe from exposure.

OPERATIONS OFFICER

FNCG operations remain status quo – the Level 3 State of Emergency has not heightened; we are ensuring we are addressing the overall needs of the community during this pandemic. The staff have been closely monitoring our needs to meet the community demands; the staff have worked cooperatively and ensuring food security, health & safety provisions are in place. We shall continue to have in place, the FNCG until the State of Emergency is lifted.

Mask or Face Covering* **REQUIRED**

in all enclosed public places in the
Timiskaming & Nipissing Districts as of July 24, 2020

All persons entering or remaining in these premises must wear a mask or face covering that securely covers the nose, mouth, and chin as required by the Acting Medical Officer of Health under the authority of the Emergency Management and Civil Protection Act (EMCPA) Ontario Regulation 263/20.



Exceptions include people who cannot wear a mask or face covering for medical reasons, or children under two years old, or those who require accommodation in accordance with the Ontario Human Rights Code. Proof of exception is not required.

**A mask can be cloth (non-medical), disposable or medical and a face covering can be a bandana or scarf.*

Media Release



New positive case of COVID-19 in Timiskaming District July 28, 2020 - For immediate release

After three months without a positive case in the Timiskaming district, Dr. Glenn Corneil, Acting Medical Officer of Health for the Timiskaming Health Unit, has confirmed a new positive case of COVID-19 on July 28, 2020. A female in her 30s, who is from out of district, has tested positive after being swabbed within the southern part of our district. All necessary infection prevention and control measures were taken and contact tracing has begun. If you are identified as a close contact you will be notified. The patient is self-isolating while she recovers.

Dr. Corneil said, *“COVID-19 remains a public health concern that we all must continue to address proactively. Recently, we have seen new cases across the north, so it is not unexpected that we are announcing a new positive case of COVID-19 in our district. We must continue to practice all public health measures in order to reduce the spread and protect our communities”.*

How to protect yourself and others

There are actions that can help prevent the spread of germs that cause respiratory illnesses, including COVID-19. Take these steps to reduce exposure to the virus and protect your health:

- wear a mask or face covering in indoor public spaces
- maintain 2m/ 6 feet of physical distance from others
- wash your hands often with soap and water or alcohol-based hand sanitizer
- sneeze and cough into your sleeve
- avoid touching your eyes, nose or mouth
- if you have any COVID-19 related symptoms get tested

Any future positive cases of COVID-19 in our district will be posted to our website (www.timiskaminghu.com), specific media releases may not be issued. Additional information regarding COVID-19 is also available on our website.

You can also visit [Ontario's website](#) to learn more about how the province continues to protect Ontarians from COVID-19.

Media Contact:

Ryan Peters
Communications Manager
705-647-4305, Ext. 2250
Email: petersr@timiskaminghu.com



TFN MENTAL WELLNESS RESOURCES

THERAPY Access to Kevin McPhee can be done through a referral via the Family Healing & Wellness Program at (705) 237-8022 to the attention of Linda Paul. Kevin is a therapist, who has been coming to Bear Island. Currently, due to Covid-19 access is offered through phone contact until the Ontario Emergency levels are lessened and TFN FNCG opens a change in policy for him to come to Bear Island again.

North Bay Indigenous Hub Traditional Healing Services

The North Bay Indigenous Hub has many services available. To access these services you will need to speak with staff from FHWC or DPHC for a referral.
FHWC 705-237-8022 ext 401 or DPHC 705-237-8900 ext. 301

Mental Health Support for Indigenous
call or text - 1-855-242-3310

Mental Health or Addictions Programs:
toll free number 1-866-531-2600

Indigenous Women
call or text - 1-855-554-4325

Children & Youth Support Line
1-800-668-6868

Mental health and addictions support
www.ontario.ca/page/mental-health-services
1-866-531-2600

Good Talk Ages 17 – 25 yrs
1 (866) 925 5454

Bounce Back
1 (866) 345 0224

211 Ontario Live Chat
1 (877) 330 3213

Hope for Wellness Helpline
1 (855) 242 3310

TAKE CARE OF YOURSELVES



July 2, 2020

Non-Insured Health Benefits (NIHB) Program Launches New Claims Processing System and Services via Express Scripts Canada

The NIHB Program is pleased to announce that new and improved claims processing services for clients and providers are now available through Express Scripts Canada.

About Express Scripts Canada

- Express Scripts Canada is a private sector company that provides electronic claims processing services through a system that is tailor-made for the NIHB Program.
- Express Scripts Canada has processed dental, pharmacy and medical supplies and equipment benefit claims since 2009, and now also provides claims processing services for vision care and mental health counselling benefits.
- Express Scripts Canada does not process any aspects of NIHB medical transportation benefits, which continue to be administered by the NIHB Program through Indigenous Services Canada's regional offices, First Nation communities, or territorial governments (NWT and Nunavut).
- The NIHB Program maintains full responsibility for benefit coverage policies and decisions on client claims, and continues to review requests for benefits that require prior approval or predetermination.
- If you need assistance or more information about any services provided by Express Scripts Canada, please contact their NIHB Client Call Centre at **1-888-441-4777** from Monday to Friday between 6:30 a.m. and 8:30 p.m., Eastern Time (excluding statutory holidays).

NIHB Client Web Accounts

- NIHB clients now have the option of creating a secure, web-based personal client account through the [Express Scripts Canada NIHB website \(https://nihb.express-scripts.ca\)](https://nihb.express-scripts.ca).
- By creating a secure NIHB client web account, clients can:
 - View their benefit claims history and status of pending requests
 - Submit client reimbursement requests online
 - Submit appeal requests online
 - Receive NIHB Program communication directly by email

- To create a web account, visit the [Express Scripts Canada NIHB website](#). Select *Create Web Account*, and you will be guided through the steps to set up your account. If you need help with this process, you can contact the NIHB Client Call Centre at Express Scripts Canada at **1-888-441-4777**.
- The creation of a web-based account is not mandatory. You can still correspond with the NIHB Program or Express Scripts Canada by mail, fax or telephone

New Client Reimbursement Process

- Client reimbursement requests for pharmacy, dental, medical supplies and equipment, vision care and mental health counselling benefits will now be processed by Express Scripts Canada.
- The [NIHB Client Reimbursement page](#) of the Express Scripts Canada NIHB website (<https://nihb.express-scripts.ca>) provides the form and instructions to submit client reimbursement requests, including what supporting documents are required for each benefit type.
- There are three ways to submit a client reimbursement request to Express Scripts Canada:
 - By mail
 - By fax
 - Online through your new NIHB client web account
- If you are submitting your client reimbursement request online through your NIHB client web account, you can send all documents electronically. A scanned copy or photo of supporting documents, such as receipts, can be accepted.

New Online Drug Benefit List

- The NIHB Drug Benefit list is a listing of prescription and over-the-counter medications and products that are covered by the NIHB Program.
- A new and improved [online Drug Benefit List](#) is now available on the on the Express Scripts Canada website (<https://nihb.express-scripts.ca>). It is easier to search, and new listings are added right away.
- For best results, search medications or products by chemical name (for example, 'ibuprofen', not 'Advil'). You will get a list of results, with an option to *View Details* to see listing status and criteria (if applicable) for each product.
- Please continue to contact the NIHB Drug Exception Centre 1-800-580-0950 for questions about pharmacy benefits.

Please visit the [Express Scripts Canada NIHB website](#) (<https://nihb.express-scripts.ca>) for more information and to access these new features and services.

NIHB Client Inquiries

Email	sac.nihb-ssna.isc@canada.ca
Alberta	1-800-232-7301 Medical Transportation: 1-800-514-7106
Atlantic	1-800-565-3294
British Columbia*	Inuit clients: 1-800-232-7301
Manitoba	1-800-665-8507 Medical Transportation: 1-877-983-0911
Northwest Territories/Nunavut	1-888-332-9222
Ontario	1-800-640-0642
Quebec	1-514-283-1575 1-877-483-1575 Mental Health Counselling: 1-877-583-2965
Saskatchewan	1-866-885-3933
Yukon	1-866-362-6717

Pharmacy Benefits

NIHB Drug Exception Centre 1-800-580-0950 ext. #3

Dental and Orthodontic Services

NIHB Dental Predetermination Centre 1-855-618-6291 (Dental Services)
1-866-227-0943 (Orthodontic Services)

Express Scripts Canada

NIHB Client Call Centre 1-888-441-4777

For assistance with services provided by Express Scripts Canada, including NIHB client web accounts and submission of client reimbursement requests for pharmacy, dental, MS&E, vision care and mental health counselling benefits.

*First Nations residents of BC should contact the First Nations Health Authority (FNHA) at 1-855-550-5454.

GIVING YOURSELF PERMISSION TO

Slow Down DURING COVID-19

Submitted by Wayne Potts, Health Services Manager

The COVID-19 pandemic has changed the ways in which we navigate our daily lives. Prior to the pandemic, our place and pace in the world often excelled at a rate that left little time for self-reflection, personal examination, and questioning. With all of the shifts we've had to make, a topic that has come to mind for me is permission. When I talk about permission, it's not about overindulgence, a pass to excess, or shunning responsibility – I'm talking about personal authorization to do things differently.

Perhaps it's time to give yourself a permission slip to find who you truly are and be who you want to be. This can be difficult because the world around us sends us daily messages that reflect the over-achieving, fast-pasted world, but we now have the opportunity to redefine how we navigate our daily lives. This could be a chance to create a new outlook, try new hobbies, go at a slower speed, engage in self-care, and put our needs at the top or closer to the top of the list.

We have an opportunity to slow down.

I am admittedly a bit of a perfectionist. If and when I choose to embark on a task, the end of goal is my version of perfection. If this is not feasible, I usually move on to something else. I am also an endless list maker. In part, my sense of daily accomplishment lies in my ability to cross as many items as possible off my to-do list. With the forced slowing down of our world, I have had to give myself a permission slip to slow down – to redefine how I measure personal success. I have been afforded moments to reex-

amine what is truly important and how I want to spend my time.

Here are two ways you can give yourself permission to slow down:

Limit your availability. With most of us continuously connected to our phones, the expectation has become for us to be available and responsive almost instantly. A voicemail, text, email, social media message, etc., carry the presumption of an almost instant response. Whether we are aware or not, this can create a spike in our cortisol levels and cause stress with the expectation of consistent availability. We can extend ourselves permission in this area of our lives if we so choose. Setting boundaries around when we are available is one way we can give ourselves permission.

Be mentally still. Many of us feel there is an expectation that we be consistently productive – to be able to account for our time in a way that reflects an output of some kind. Another unexpected gift that may have come from this pandemic is time to allow our brains to slow down and think. This may sound overly simplistic, but we rarely give ourselves permission to slow down and let our minds wander. We can do this by sitting and putting pen to paper, letting our thoughts fill a page, or just being still and reflecting. I have done this recently and have been surprised at how effective this exercise can be in helping me organize my priorities and feel more connected to myself and my personal goals for the day.

By : Alexis Power
(Trainer, Crisis & Trauma Resource Institute)

COVID-19 TESTING

AVAILABLE at DPHC

on Thursday mornings by appointment only.

Call to book your appointments at

705-237-8900 ext 301



Safely putting on and taking off a mask*

When you wear a mask, be sure to:

PUTTING ON

- Wash your hands before
- Place mask on your face so it securely covers your nose, mouth, and chin (no gaps)
- If applicable, pleats on outer side are facing down
- If applicable, pinch metal strip over nose
- Do not touch the mask or your face while using it
- Do not leave it on your neck, forehead, or hanging from your ear

- Change your mask as soon as it gets damp or dirty
- Wash your hands before removing
- Remove it without touching the side that faces outwards
- Put the mask directly into the washing machine or a plastic bag for cleaning
- Wash your hands and clean any surface the mask touched

TAKING OFF

*A mask can be cloth (non-medical), disposable or medical and a face covering can be a bandana or scarf.



Services de santé du
TIMISKAMING
Health Unit

TIMISKAMINGHU.COM



Northeastern Ontario Situation Report

<https://www.cbc.ca/news/canada/sudbury/covid-19-numbers-northeastern-ontario-1.5509386>

As of July 30, there are 242 confirmed cases of COVID-19 in northeastern Ontario.

- According to health unit data, there are at least **208 recovered** cases in the region, which is about 94 per cent of the total cases.
- There are currently **23 active cases** of COVID-19 in northeastern Ontario, according to local health units.
- A total of 11 people have died from COVID-19 in the northeast region.
- Northeast health units are reporting that at least 78,817 tests have been conducted for the COVID-19 virus.

Cases by health unit:

- | | |
|---|----|
| • Public Health Sudbury & Districts: | 89 |
| • Porcupine Health Unit: | 70 |
| • Timiskaming Health Unit: | 19 |
| • Algoma Health Unit: | 27 |
| • North Bay Parry Sound District Health Unit: | 37 |

I wear my mask in public for three reasons.

- 1.** Humility: I don't know if I have COVID as it is clear that people can spread the disease before they have the symptoms.
- 2.** Kindness: I don't know if the person I am near has a child battling cancer, or cares for their elderly mom. While I might be fine, they might not.
- 3.** Community: I want my community to thrive, businesses to stay open, employees to stay healthy. Keep a lid on COVID helps us all.

Public Service Announcement: ten new confirmed cases of COVID-19 reported by **Public Health Sudbury & Districts**, one case prompts outbreak declaration



Public Health
Santé publique
SUDBURY & DISTRICTS

July 29, 2020, 10:15 p.m. – Public Health Sudbury & Districts is reporting ten new COVID-19 cases in residents in our service area (Greater Sudbury, Sudbury District, and Manitoulin District). One case in an employee of Pioneer Manor, which following an assessment by Public Health, prompted an outbreak declaration.

“It is very concerning to be reporting on another 10 cases and to know that this now brings our total to 22 new cases of COVID-19 in just the last week and a half. However, even more worrisome is that of these 22 new cases, 8 are individuals with no known exposure. That’s 36% of new cases with no known source,” said Dr. Penny Sutcliffe, Medical Officer of Health with Public Health Sudbury & Districts. “Cases of COVID-19 that are not linked to travel or to other cases means that there is community spread of the virus. Community spread is one of the measures used by the province’s Command Table to assess how we are doing with reopening. It is something I am very concerned about because no one wants to go backwards,” added Dr. Sutcliffe.

Through contact tracing, Public Health notifies all close contacts directly. If you are not contacted by Public Health, you are not considered a close contact.

TEMAGAMI FIRST NATION

PROVISIONAL SHUTTLE BOAT SCHEDULE - AUGUST 2020

SCHEDULE A MONDAY TO FRIDAY		AUGUST							WEEKDAY TRIPS ONLY
Depart Bear Island WEEK DAY (MON-FRI)	Depart Minerod WEEK DAY (MON-FRI)	Sun	Mon	Tue	Wed	Thu	Fri	Sat 1	MUST BOOK BY CALLING 705 237-8943 EXT 101
*7:45 a *8:45 a *9:45 a *10:45 a	*8:15 a *9:15 a *10:15 a *11:15 a	2	3 Civic Holiday	4	5	6	7	8	NOTE: EMERGENCY SERVICES CALL MAY PRE-EMPT THIS SCHEDULE
*1:00 p *2:00 p *3:00 p *4:00 p *5:00 p	*1:30 p *2:30 p *3:30 p *4:30 p *5:30 p	9	10	11	12	13	14	15	Covid 19 Global Pandemic: Protocol & procedures 1. hand sanitizer prior to boarding available 2. face mask mandatory prior to boarding 3. five (5) passenger maximum plus driver 4. trash bin available
		16	17	18	19	20	21	22	
		23	24	25	26	27	28	29	
		30	31						

NOTE: PLEASE LEAVE MESSAGE FOR BOOKING & CANCELLED TRIPS AT LEAST ONE DAY IN ADVANCE

THIS SCHEDULE MAY CHANGE WITHOUT NOTICE ~ WEATHER PERMITTING

CALL (705) 237-8943 ~ All trips must be confirmed

- Programs & Services \$25/person up to \$100 max
- Two Regular size Bin Limit; \$10 per passenger
- Cash, EMT available vicky.blake@temagamifirstnation.ca

FIRST NATION CONTROL GROUP

ROLES AND CONTACT INFO

CONTACT INFORMATION: RECEPTIONIST AT (705) 237-8943 EXT. 101

Position & Description	Main Contact	Designate
Chief <i>Providing overall leadership in responding to an emergency</i>	Arnold Paul OFFICE: (705) 237-8943 EXT. 105 chief@temagamifirstnation.ca	John Turner OFFICE: 1 (705) 237-8982 EXT. 504 2ndchief@temagamifirstnation.ca
Operations Officer <i>Chairing the FNCG</i>	Virginia Paul OFFICE: (705) 237-8943 EXT. 102 ed@temagamifirstnation.ca	Robin Koistinen OFFICE: (705) 237-8943 EXT. 204 robin.koistinen@temagamifirstnation.ca
Community Emergency Management Coordinator <i>Ensuring that all members of the FNCG have necessary plans, resources, supplies, maps, and equipment</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 cim@temagamifirstnation.ca jamie.koistinen@temagamifirstnation.ca	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 pwsuper@temagamifirstnation.ca
Police Representative <i>Notifying necessary emergency and community services, as required;</i>	Brad Kerr OFFICE: (705) 237-8963 DISPATCH: 1 (888) 310-1122 brad.e.kerr@opp.ca	Tom Saville OFFICE: (705) 237-8963 DISPATCH: 1 (888) 310-1122 thomas.saville@opp.ca
Fire Chief <i>Activating the emergency notification system through the Community Emergency Coordinator;</i>	Louis LeFrancois DISPATCH: 1 (866) 762-0911 2fire.chief@temagamifirstnation.ca	
Public Works Rep <i>Providing and maintaining all equipment necessary as well as keeping the water/sewer services running</i>	Derek Green OFFICE: (705) 237-8631 EXT. 701 derek.green@temagamifirstnation.ca	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 pwsuper@temagamifirstnation.ca
Medical/Health Rep <i>Acting as a coordinating link for all emergency health services at the FNCG and ensuring liaison with Health Canada;</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 hsm@temagamifirstnation.ca	Delma Peshabo OFFICE: (705) 237-8900 EXT. 305 delma.peshabo@temagamifirstnation.ca
Social Services Rep <i>Ensuring the well-being of residents who have been displaced from their homes by arranging emergency lodging, clothing, feeding, registration and inquiries and personal services;</i>	Annette Paul OFFICE: (705) 237-8022 EXT. 401 sss@temagamifirstnation.ca	Alice Moore OFFICE: (705) 237-8022 EXT. 402 3tfn councillor@temagamifirstnation.ca hbhc@temagamifirstnation.ca
Emergency Medical Service Rep <i>Ensuring emergency medical services at the emergency site</i>	Marie Paul DISPATCH: (705) 569-3434 efr@temagamifirstnation.ca	Delma Peshabo OFFICE: (705) 237-8900 EXT. 305 delma.peshabo@temagamifirstnation.ca
Electrical Utility Rep <i>Monitoring the status of power outages and customers without services;</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 cim@temagamifirstnation.ca jamie.koistinen@temagamifirstnation.ca	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 pwsuper@temagamifirstnation.ca
Emergency Information Coordinator <i>The Emergency Information Coordinator is responsible for the dissemination of news and information to the media for the public</i>	Heidi Jobson OFFICE: 1 (705) 237-8943 EXT. 107 communication@temagamifirstnation.ca	Courtney Saville OFFICE: 1 (705) 237-8943 EXT. 110 courtney.saville@temagamifirstnation.ca

FIRST NATION CONTROL GROUP ROLES AND CONTACT INFO CONTINUED

Telecommunications Coordinator <i>Ensuring that all communication methods continue to stay up and running</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 cim@temagamifirstnation.ca jamie.koistinen@temagamifirstnation.ca	
Education/LMLC Rep <i>Providing any school (as appropriate and available) for use as an evacuation or reception centre and a representative(s) to co-ordinate the maintenance, use and operation of the facilities being utilized as evacuation or reception centres;</i>	Lynn Mongrain OFFICE: (705) 237-8943 EXT. 501 lynn.mongrain@temagamifirstnation.ca	Michelle Polson OFFICE: (705) 237-8698 EXT.601 michelle.polson@temagamifirstnation.ca
Health Centre Administrator <i>Implementing the health centre/nursing stations emergency plan;</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 hsm@temagamifirstnation.ca	Delma Peshabo OFFICE: (705) 237-8900 EXT. 304 delma.peshabo@temagamifirstnation.ca
Community Spokesperson <i>The voice of the community for outside organizations; provides updates and constant communication for media etc.</i>	Arnold Paul OFFICE: (705) 237-8943 EXT. 105 chief@temagamifirstnation.ca	John Turner OFFICE: 1 (705) 237-8982 EXT. 504 2ndchief@temagamifirstnation.ca
Citizen Inquiry Spokesperson <i>Point of contact for community members that may have questions or require an update on developing situations.</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 hsm@temagamifirstnation.ca	Delma Peshabo OFFICE: (705) 237-8900 EXT. 304 delma.peshabo@temagamifirstnation.ca
Food Service Lead <i>Ensuring that the most vulnerable population within the community will have their basic needs met during the duration of the emergency plan.</i>	Rachel McKee OFFICE: (705) 237-8900 EXT. 312 hcc@temagamifirstnation.ca	
Finance Lead <i>Provides essential financial services such as Ontario Works cheques and other payments as required.</i>	Vicky Blake OFFICE: (705) 237-8943 EXT. 113 vicky.blake@temagamifirstnation.ca	Beverley St.Denis OFFICE: (705) 237-8943 EXT. 111 beverly.stdenis@temagamifirstnation.ca

My mask protects you and your mask protects me. Wear a mask.

Protect others. Wear a mask.

You could have COVID-19 and not know it. Protect others, wear a mask.

Masks are barriers to spreading your germs, it's just a good idea.

When you open your mouth, germs can come out. Keep them in - wear a mask.

Wearing a mask + physical distancing. Let's do our part.