



**TEMAGAMI  
FIRST NATION**

July 10, 2020

**FIRST NATION CONTROL GROUP  
WEEKLY REPORT**

# **COMMUNITY INFORMATION**

**STATE OF EMERGENCY  
LEVEL 3  
COVID-19 PANDEMIC**





TABLE  
OF

# CONTENTS

PG 4 ..... TAA Elections -Voting Poll on Bear Island - Friday, July 10, 2020

PG 5 - 6 ..... FNCG Updates

PG 7 ..... TFN Home and Community Care update - July 9, 2020

PG 8 ..... Doreen Potts Health Centre Update - July 9, 2020

PG 8 ..... Temagami First Nation COVID-19 Guidelines

PG 9 ..... AFN Mental Wellness Resources

PG 10 ..... Face Mask Litter

Pg 11 ..... Coping with Stress, Anxiety and Substance Use

PG 12 ..... Provisional Shuttle Service

PG 15 - 16..... First Nations COVID-19 testing in Ontario - Chiefs of Ontario

PG 18 ..... Situation Report - July 10, 2020

PG 198 ..... Municipality of Temagami Update - July 9, 2020

PG 20 -21..... FNCG Contact List



**Telehealth: 1-866-797-0000**

*Emergency Information Coordinator:  
Heidi Jobson*

*OFFICE: (705) 237-8943 EXT. 107  
communication@temagamifirstnation.ca*

**[www.temagamifirstnation.ca](http://www.temagamifirstnation.ca)**

**CITIZEN INQUIRY SPOKESPERSON:  
Wayne Potts**

**OFFICE: (705) 237-8900 EXT. 302  
hsm@temagamifirstnation.ca**

# TEME-AUGAMA ANISHNABAI



## ELECTIONS 2020

(Voting Polls to be held incorporating special measures due to COVID-19)

### CANDIDATES for OGIMAA (Chief):

Gilbert Katt

Leanna Farr

John Wayne Potts

## BEAR ISLAND POLL

Friday July 10

Open from 4:00 pm – 8:00 pm

**Under The Big Tent at the School**

Desiree Senf (Electoral Officer)

# TFN First Nation Control Group Update

## **PUBLIC WORKS/ ELECTRICAL UTILITY REP/COMMUNITY EMERGENCY –**

Shuttle boat is operating;

Covid 19 Pandemic Protocol and Procedures in place – please be sure to wear a mask and use hand sanitizers that are available. All trips must be booked in advance by calling the office at ext. 101. The shuttle times are posted.

## **POLICE**

The police remain status quo and have been responding to calls and general inquiries.

## **FIRE CHIEF**

We are currently without a Fire Chief; if you know of any one that may be interested, please have them contact Human Resources. We are looking for a reliable person to check the equipment monthly; caches; and respond to calls if necessary.

## **EMERGENCY MEDICAL SERVICES REP**

Emergency services remain status quo; EFR have been responding to calls and practicing pandemic protocols and procedures.

## **MEDICAL/HEALTH REP**

Operations of medical transportation is under a trial period and the service will be assessed to see what improvements can be made and what service requirement has been like.

## **SOCIAL SERVICES**

working toward a protocol and procedures for programming on the land; we aspire to pull together some programming for the summer.

FHWC has been tasked with mask-making; this will be used for staff traveling, clients and the community at large; a lot of businesses require masks to enter their establishments and would be good practice for our community at large to do so as well.

## **MENTAL HEALTH**

Resources remain advertised in the newsletter, online and in the weekly updates. Should you or any member of your household just need someone to talk to – there are workers available to do so. During these difficult times; mental health and wellness are of the utmost importance.

## **HCC - ELDER'S SUPPORT**

Commencing with drop in on Tuesday; and HCC workers will be going into some homes for cleaning. Protocols and procedures will be followed and partial services will be available.

## **FOOD SECURITY**

FHWC and HCC are steering up the Food Security; there are mainly their clients that are accessing the food bank.



## **FNCG Updates continued..**

### **EDUCATION/LMLC REP**

Plans for children in the classroom in the Fall are underway; BIEA has been working on Protocols & Procedures to implement a plan to have school in the Fall.

Post-Secondary supports were made available throughout the summer months; we are monitoring the status of post education and secondary institutions and how our students may be impacted. Updates will be forthcoming.

### **INFORMATION COORDINATOR**

Information has been made available through various media sources; The BI Blast; the Weekly Updates; Facebook, email – we continue to inform the community with those updates and how we are progressing through the pandemic.

### **REOPENING PROCEDURES AND PROTOCOLS**

HR has been working with FNCG and Managers to get the protocols and procedures into the buildings to ensure that staff can return to a safe working environment. This also helps program managers to implement their programming under the new norm. Health & safety procedures are monitored and the needs for the staff to return are being addressed. We managed to hire our summer students on board.

### **SPOKESPERSON**

With the Level 3 State of Emergency in place and the First Nation Control Group remaining in place; our team has been working diligently in efforts to keep our community members safe and free from Covid. We continue to keep the community closed to the public; we continue to keep the buildings closed to the public; this is the best practice to ensure the limited chance of exposure within our community. The community is encouraged to practice social distancing; wear masks where social distancing cannot occur; wash hands and use sanitizer when hand washing stations are unavailable. Self-monitor and keep yourselves safe from exposure.

### **OPERATIONS OFFICER**

FNCG operations remain status quo – the Level 3 State of Emergency has not heightened; we are ensuring we are addressing the overall needs of the community during this pandemic.

The staff have been closely monitoring our needs to meet the community demands; the staff have worked cooperatively and ensuring food security, health & safety provisions are in place. We shall continue to have in place, the FNCG until the State of Emergency is lifted.



# TFN Home and Community Care Update

July 9, 2020

## Drop-in's:

- Started back on July 7th and will continue every Tuesday with a maximum of 10 participants

## Clients with n-home services:

- In home services will start back up the week of July 13th – by weekly
- Staff will wear PPE

## Clients CSS take grocery shopping:

- Unfortunately shopping trips will NOT start back up
- The Food Security will continue with deliveries every Tuesday, please make sure you are home on Tuesdays or you will not receive your order.
- There are items the Food Security does not have. If clients would like they can call/email Our Daily Bread in Temagami and the CSS will pick up the orders on Mondays only. Orders will have to be paid for by client via e-transfer before pick.

Phone # 705-569-3600 E-mail: [orders4ourdailybread@gmail.com](mailto:orders4ourdailybread@gmail.com)

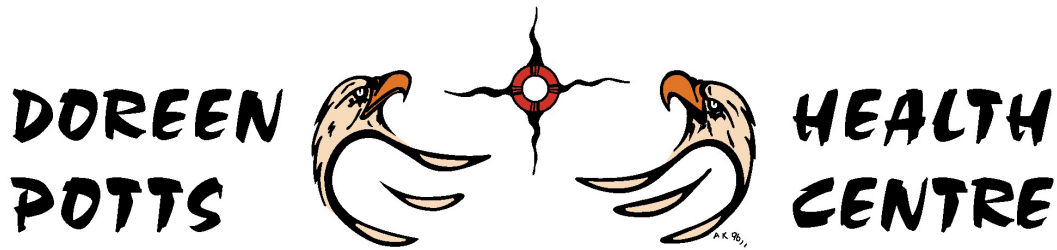
A Help Line 

Aboriginal Women

1 855 554 HEAL

Talk  Healing

TALK • TEXT • CHAT



## HEALTH SERVICES UPDATE

July 9, 2020

Hi everybody,

Just a reminder that we do have the COVID-19 testing kits available at the DPHC. If you would like to get tested, please contact Delma ( (705)237-8900 x 305 ) ... stay safe .

Please also see the Press Release statement below from Dr. Theresa Tam, Canada’s Chief Health Officer.

Wayne Potts  
Temagami First Nation , HSM

.....

In lieu of an in-person update to the media, Dr. Theresa Tam, Canada’s Chief Public Health Officer, issued the following statement July 7, 2020:

“Until there is a vaccine or effective treatment, the virus will continue to circulate in our communities. Restarting social and economic activities in the time of COVID-19 is all about striking a balance - resuming priority activities and services with appropriate controls in place to limit both the health and societal impacts of the pandemic. Jurisdictions across the country are moving slowly and cautiously as they strive for an appropriate balance, keeping a close eye on the local epidemiology of COVID-19.

“During this reopening phase and as we move forward, individuals will continue to play a key role in controlling the spread of COVID-19. There are steps all Canadians can take to reduce the risk to ourselves and each other:

- stay home and away from others if you are sick, even if symptoms are mild
- wash your hands often
- cover your cough or sneeze with a tissue or your sleeve
- keep two metres apart from others who are outside of your close contact bubble
- wear a non-medical mask or face covering in situations where physical distancing may not be possible
- regularly clean and disinfect surfaces and objects, and
- protect vulnerable family, friends and contacts by finding virtual ways to connect and support those who at higher risk for severe outcomes of COVID-19.

Remember to avoid or strictly limit time spent in high risk settings including:

- Closed spaces with poor ventilation
- Crowded places with large numbers of people gathered
- Close-contact where you can’t keep an optimal two-metres physical distance apart from others

Living with COVID-19 means remaining aware of the risks for exposure in your area and making informed decisions based on the advice and recommendations of your local public health authority. The local epidemiology in each jurisdiction drives what public health measures are required and which activities are permitted. A province or region experiencing more widespread transmission in the community may ask residents to take different measures than in an area where any outbreaks are localized to closed settings.”





## AFN MENTAL WELLNESS RESOURCES

*The Assembly of First Nations (AFN) has collected a variety of Mental Health and Wellness resources for First Nations to access during the COVID-19 pandemic. Seeking help is important and shouldn't be a challenge – there are people here to help.*

### NIHB Mental Health Services:

If you are in need of mental health supports, you may be eligible to receive 22 hours of counselling covered under the Non-Insured Health Benefits for First Nations and Inuit (NIHB). Your initial session (up to 2 hours) will be covered without any prior approval requirements. Eligible mental health counselling providers include Psychologists, Social Workers, Psychiatric nurses or other regulated mental health providers. For information on NIHB eligibility criteria please visit: <https://www.sac-isc.gc.ca/eng/1574187596083/1576511384063>

### Telehealth:

The NIHB program covers mental health counselling through telehealth, including telephone or video conferencing. When inquiring about counselling, please confirm with your provider what telehealth services are available. To find an enrolled mental health counsellor in your area, please contact your NIHB regional office here:

<https://www.sac-isc.gc.ca/eng/1579274812116/1579708265237>

### Our Partnerships:

**Thunderbird Partnership Foundation** is sharing harm reduction resources to help support your continued wellness during COVID-19: <https://bit.ly/2W4UAGU>

- For the Thunderbird Partnership Foundation document library, please click here: <https://thunderbirdpf.org/nnapf-document-library/>

**First Peoples Wellness Circle** is sharing holistic health and wellness supports online and for download during COVID-19: <https://bit.ly/2KO2Shc>

### Immediate Supports

#### **Hope for Wellness Help Line:**

- For crisis support and intervention please contact: 1-855-242-3310 or via chat at [hopeforwellness.ca](http://hopeforwellness.ca)

#### **For Indigenous Women and girls:**

- **Talk4Healing** is accessible across Canada, it is free and culturally safe for Indigenous women. Please contact: 1-855-554-HEAL (4325)

#### **Assaulted Women's Helpline:**

- Contact 1-866-863-0511

#### **For Children and Youth:**

- Kids Help Phone is accessible 24/7 across Canada and offers telephone or texting, supports.
  - › For telephone support, please contact: 1-800-668-6868.
  - › For texting support, please text CONNECT to 686868.

#### **Native Youth Crisis Hotline:**

- Offers 24/7 telephone support. Please contact, 1-877-209-1266

#### **Online Resources for Youth:**

- Culture for Life: <http://cultureforlife.ca/>
- Wise Practices: <https://wisepactices.ca/>
- Wapikoni Mobile: <http://www.wapikoni.ca/home>
- We Matter: <https://wemattercampaign.org/>



**If you are experiencing a mental health crisis, please call CMHA-CT Crisis Line (24/7) toll free:**

**1-888-665-8888**

There have been reports of

# FACE MASK LITTER

around the island.

*When individuals do not take responsibility to dispose of their waste properly it puts others at risk.*



**Proper disposal is imperative.**

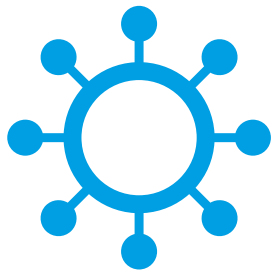
# Wearing is caring.

Protect our community by wearing a face mask.



Services de santé du  
**TIMISKAMING**  
Health Unit





# COPING WITH STRESS, ANXIETY, AND SUBSTANCE USE DURING COVID-19

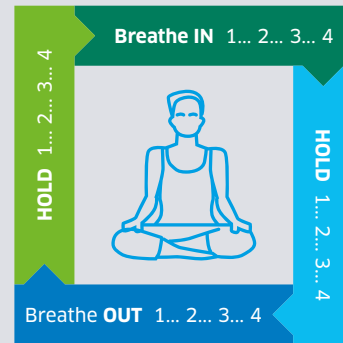
The COVID-19 pandemic has created disruptions in our lives that can cause feelings of stress and anxiety. **These feelings are normal.**

## What you'll experience if you're feeling stressed or anxious

- Fear or constant worry
- Anger or being easily irritated
- Difficulty sleeping
- Difficulty concentrating
- Struggling with decisions
- Consuming alcohol, cannabis, or other substances more than usual

## Square breathing

This simple exercise can help calm your nervous system and alleviate feelings of anxiety when you're getting overwhelmed.



When you use alcohol, cannabis, or other substances to cope or temporarily relieve stress and anxiety, it may make those feelings worse and increase the risk of developing a substance use disorder.

## What you can do to cope

- Stay active and keep yourself busy** with activities you enjoy.
- Stay connected** with friends and family while still practising physical distancing.
- Find balance** by staying informed but know when to take a break from COVID-19 news and topics.
- Be kind to yourself**, this is a difficult time, and you're doing your best to manage a challenging situation.
- Take care of your body** by eating and sleeping well, exercising, and meditating.
- Reach out for help!** Talk to a family member or friend, and seek professional support if needed.

## If you use substances

- 1 Monitor your use: pay attention to its frequency and context.
- 2 Follow *Canada's Low-Risk Alcohol Drinking Guidelines*.
- 3 Follow *Canada's Lower Risk Cannabis Use Guidelines*.
- 4 Avoid stockpiling alcohol, cannabis, and other substances.
- 5 Reach out for help if you feel your use is becoming a problem.

For more information, visit [www.ccsa.ca](http://www.ccsa.ca) or [www.mentalhealthcommission.ca/English/covid19](http://www.mentalhealthcommission.ca/English/covid19)



Mental Health Commission of Canada  
Commission de la santé mentale du Canada

Financial contribution from



Health Canada  
Santé Canada



Canadian Centre on Substance Use and Addiction

Evidence. Engagement. Impact.

TEMAGAMI FIRST NATION

**PROVISIONAL SHUTTLE BOAT SCHEDULE - JULY 2020**

SCHEDULE A MONDAY TO FRIDAY		JULY 2020							WEEKDAY TRIPS ONLY
Depart Bear Island WEEK DAY (MON-FRI)	Depart Minerod WEEK DAY (MON-FRI)	Sun	Mon	Tue	Wed 1 Canada Day	Thu 2	Fri 3	Sat 4	
*7:45 a	*8:15 a	5	6	7	8	9	10	11	<b>MUST BOOK BY CALLING 705 237-8943 EXT 101</b>
*8:45 a	*9:15 a								<b>NOTE: EMERGENCY SERVICES CALL MAY PRE-EMPT THIS SCHEDULE</b>
*9:45 a	*10:15 a								
*10:45 a	*11:15 a								
*1:00 p	*1:30 p	12	13	14	15	16	17	18	<b>Covid 19 Global Pandemic: Protocol &amp; procedures</b> 1. hand sanitizer prior to boarding available 2. face mask mandatory prior to boarding 3. five (5) passenger maximum plus driver 4. trash bin available
*2:00 p	*2:30 p								
*3:00 p	*3:30 p								
*4:00 p	*4:30 p	19	20	21	22	23	24	25	
*5:00 p	*5:30 p								
		26	27	28	29	30	31		

**NOTE: ON-CALL TRIPS MAY REQUIRE ONE (1) HOUR NOTICE - PLEASE LEAVE MESSAGE FOR BOOKING & CANCELLED TRIPS**

***THIS SCHEDULE MAY CHANGE WITHOUT NOTICE ~ WEATHER PERMITTING***

***CALL (705) 237-8943 ~ All trips must be confirmed***

- Programs & Services \$25/person up to \$100 max
- Two Regular size Bin Limit; \$10 per passenger
- Cash, EMT available [vicky.blake@temagamifirstnation.ca](mailto:vicky.blake@temagamifirstnation.ca)

**Do not gather in  
groups of more than  
10 people.**



**Stay home if you're not well.  
Stay safe. Stay positive!**

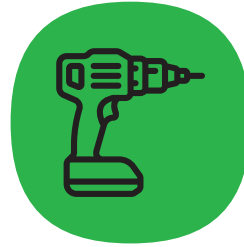
[timiskaminghu.com/90484/COVID-19](https://timiskaminghu.com/90484/COVID-19)

## Protect against COVID-19



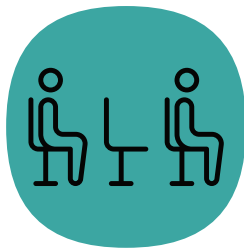
Clean regularly touched items

## Protect against COVID-19



Clean tools before and after use

## Protect against COVID-19



Maintain space between crew members during transport

## Protect against COVID-19



Conduct meetings outdoors

**If you have symptoms,**  
take the self-assessment at [ontario.ca/coronavirus](https://ontario.ca/coronavirus).  
Or call your primary care provider  
or Telehealth Ontario at  
416-797-0000 (TTY: 416-797-0007)

For more information,  
visit [ontario.ca/coronavirus](https://ontario.ca/coronavirus)

## First Nations COVID-19 testing in Ontario: Weekly Report 12

### Key messages:

- There were **4 new cases in the past 8 days**, 1 of which was in a First Nation community. Last week, there were 2 new cases among Ontario First Nations people.
- Cumulative testing rate in First Nations remains higher than across Ontario: 9.0% and 8.8% of people living within and outside communities, respectively. Ontario rate was 6.7% last week.
- The rate of positives in First Nations is less than the rate in Ontario: 1.0% and 1.0% of people living within and outside communities, respectively. Ontario rate was 3.4% last week.

### Coronavirus Disease (COVID-19) Testing in Registered First Nations People in Ontario\*\*

#### WEEKLY UPDATE

Tuesday July 7, 2020 (covering tests completed June 27 to July 4)

<b>N=1,784</b>	
Number newly tested for COVID-19 and % of people in the group who were tested	
656 (1.2%) in a First Nations community***	1128 (1.1%) outside of a First Nations community
<b>N=*1-5</b>	
Number newly tested positive for COVID-19 and % of people in the group were positive	
*1-5 in a First Nations community***	*1-5 outside of a First Nations community

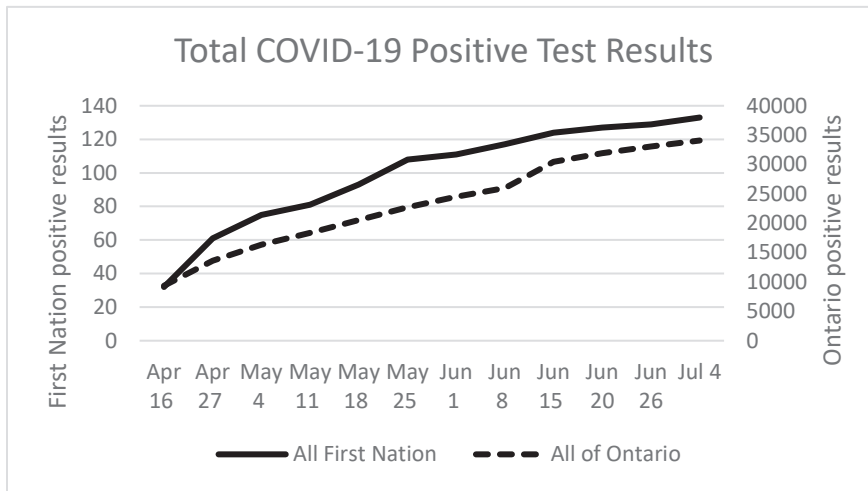
#### NUMBERS TO DATE (covering tests completed January 15 to July 4)

<b>N=13,406</b>	
Number tested TO DATE for COVID-19 and % of people in the group who were tested	
4,758 (9.0%) in a First Nations community***	8,648 (8.8%) outside of a First Nations community
<b>N=133</b>	
Number positive for COVID-19 and % of people tested in the group who were positive	
46 (1.0%) in a First Nations community***	87 (1.0%) outside of a First Nations community

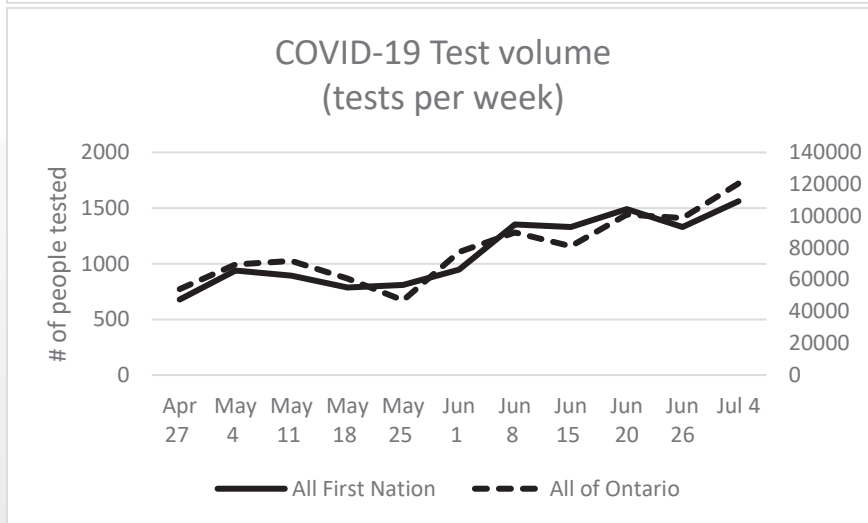
Key geographic areas	Tested	Positive cases	FN population
1. North West	4,426 (11.5%)	27 (0.6%)	38,404
2. North East	2,730 (7.9%)	12 (0.4%)	34,569
3. Southwest	2,857 (7.0%)	53 (1.9%)	40,732
4. Southeast	1,904 (8.8%)	9 (0.5%)	21,633
5. Central	1,463 (9.6%)	32 (2.2%)	15,251

\* suppressed for privacy. \*\* 151,065 Registered First Nations people in Ontario with a health card; excludes community members from Kenora Chiefs Advisory communities. \*\*\* based on the residence on the Health Card files.

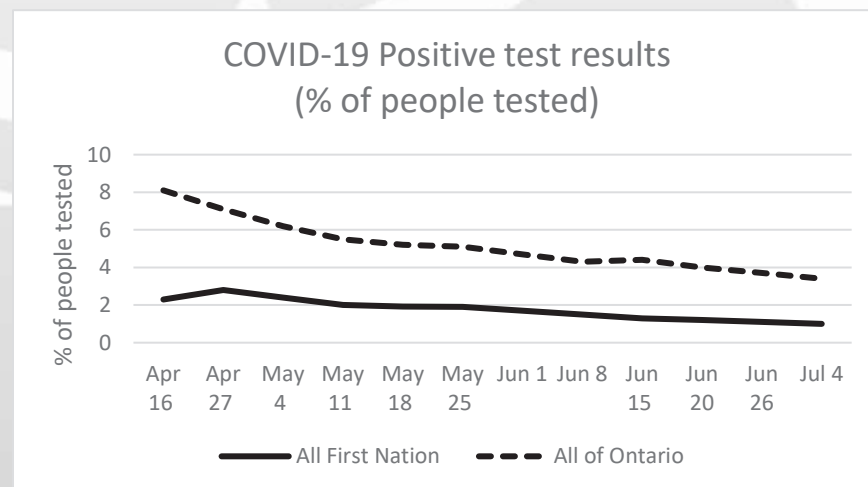
## COVID-19 Test results over time



There were 133 COVID-19 positive test results among First Nations, as of July 4, 2020. **For this week, the number of new cases for First Nations is based on 8 vs 7 days of data due to a change in reporting period outside of COO's control.**



Test volume increased in the week ending July 4, 2020. **For this week, the test volume for First Nations is pro-rated based on 8 vs 7 days of data due to a change in reporting period outside of COO's control.**



As of July 4, 2020, the positive test results rate of First Nations people continues to decline. The positive rate for First Nations is still below Ontario rate. The positive rate is not affected by the change in reporting interval. The Ontario rate is now less affected by LTC outbreaks.

Data are as of the week ending on the date shown with the exception of June 20, Jun 26 and Jul 4, for which data for First Nations are for the previous 5, 6 and 8 days, respectively, due to changes in reporting period. *Data source: Characteristics of COVID-19 diagnostic test recipients among the Ontario First Nations population, ICES*



**Avoid non-essential  
travel to areas with  
high numbers of  
COVID-19 cases.**



**Stay home if you're not well.  
Stay safe. Stay positive!**

[timiskaminghu.com/90484/COVID-19](https://timiskaminghu.com/90484/COVID-19)

# Northeastern Ontario Situation Report

<https://www.cbc.ca/news/canada/sudbury/covid-19-numbers-northeastern-ontario-1.5509386>

As of July 10, there are 214 confirmed cases of COVID-19 in northeastern Ontario.

- According to health unit data, there are at least **200 recovered** cases in the region, which is about 93 per cent of the total cases.
- There are currently **2 active cases** of COVID-19 in northeastern Ontario, according to local health units.
- A total of 11 people have died from COVID-19 in the northeast region.
- Northeast health units are reporting that at least 62,647 tests have been conducted for the COVID-19 virus.

## Cases by health unit:

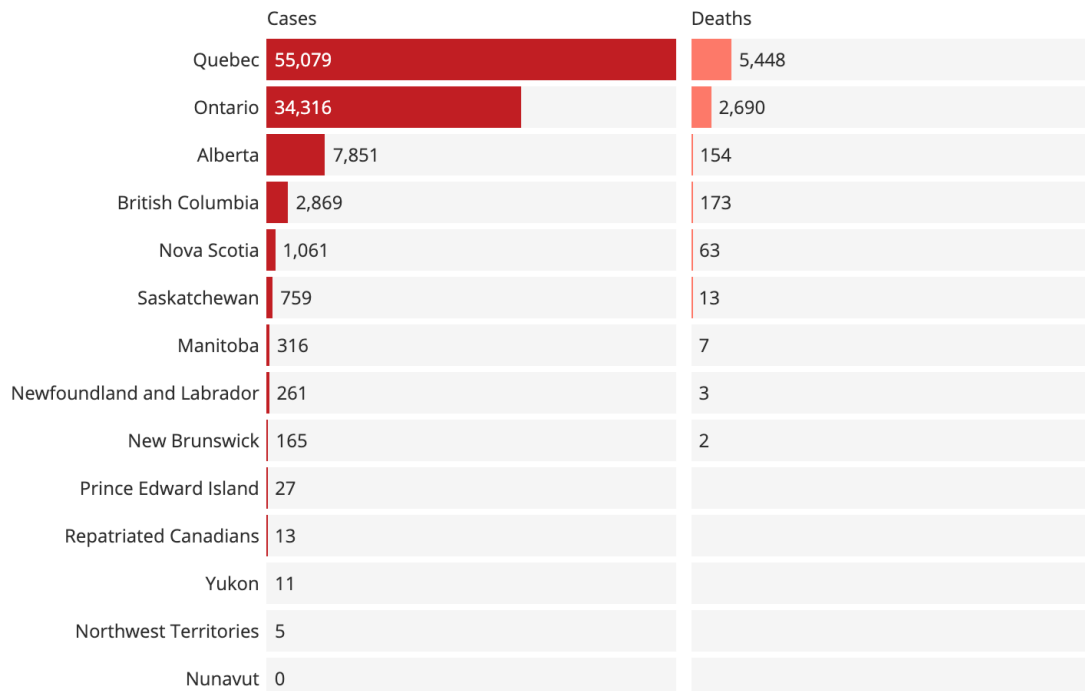
- Public Health Sudbury & Districts: 67
- Porcupine Health Unit: 67
- Timiskaming Health Unit: 18
- Algoma Health Unit: 25
- North Bay Parry Sound District Health Unit: 37

## I wear my mask in public for three reasons.

- 1.** Humility: I don't know if I have COVID as it is clear that people can spread the disease before they have the symptoms.
- 2.** Kindness: I don't know if the person I am near has a child battling cancer, or cares for their elderly mom. While I might be fine, they might not.
- 3.** Community: I want my community to thrive, businesses to stay open, employees to stay healthy. Keep a lid on COVID helps us all.

## Reported COVID-19 cases and deaths by province

As of June 26 at 12:30 p.m. ET



Source: Provincial health ministries

CBCNEWS

# COVID-19 UPDATE

## TEMAGAMI UPDATE # 33 on COVID-19

July 9, 2020

CONFIRMED COVID-19 CASES IN NORTHEASTERN ONTARIO = 213				
Timiskaming	Timmins/Porcupine	Sudbury	North Bay / Parry Sound	Algoma
18	67	67	37	24

Public health units are no longer consistently reporting on the number of pending tests within each region.

In lieu of an in-person update to the media, Dr. Theresa Tam, Canada's Chief Public Health Officer, issued the following statement July 7, 2020:

*"Until there is a vaccine or effective treatment, the virus will continue to circulate in our communities. Restarting social and economic activities in the time of COVID-19 is all about striking a balance - resuming priority activities and services with appropriate controls in place to limit both the health and societal impacts of the pandemic. Jurisdictions across the country are moving slowly and cautiously as they strive for an appropriate balance, keeping a close eye on the local epidemiology of COVID-19.*

*During this reopening phase and as we move forward, individuals will continue to play a key role in controlling the spread of COVID-19. There are steps all Canadians can take to reduce the risk to ourselves and each other:*

- *stay home and away from others if you are sick, even if symptoms are mild*
- *wash your hands often*
- *cover your cough or sneeze with a tissue or your sleeve*
- *keep two metres apart from others who are outside of your close contact bubble*
- *wear a non-medical mask or face covering in situations where physical distancing may not be possible*
- *regularly clean and disinfect surfaces and objects, and*
- *protect vulnerable family, friends and contacts by finding virtual ways to connect and support those who at higher risk for severe outcomes of COVID-19.*

*Remember to avoid or strictly limit time spent in high risk settings including:*

- *Closed spaces with poor ventilation*
- *Crowded places with large numbers of people gathered*
- *Close-contact where you can't keep an optimal two-metres physical distance apart from others*

*Living with COVID-19 means remaining aware of the risks for exposure in your area and making informed decisions based on the advice and recommendations of your local public health authority. The local epidemiology in each jurisdiction drives what public health measures are required and which activities are permitted. A province or region experiencing more widespread transmission in the community may ask residents to take different measures than in an area where any outbreaks are localised to closed settings."*

### Local Updates:

We realize that it is camp fire season and although there is not a fire ban in place, we ask that you please be extra cautious if you are having a camp fire. The Ministry of Natural Resource's Fire Teams have been very busy with the fires that have been started due to lightning strikes, and with the impending storms being called for, they will continue to be quite busy.

We are aware that many of our residents are proactive and quite helpful when they are made aware of a fire on the lakes, not accessible by our departments, thank you all. Please also remember to keep your physical distance. Please ensure that when the MNR is able to get to the scene you allow them to do their jobs and take charge of the situation.

**THANK YOU ALL FOR YOUR SUPPORT AND EFFORTS TOWARDS  
FLATTENING THE CURVE OF COVID-19.**

[www.Temagami.ca](http://www.Temagami.ca)  
(705) 569-3421

IF YOU WISH TO RECEIVE THESE UPDATES BY EMAIL  
PLEASE EMAIL [COMMUNICATE@TEMAGAMI.CA](mailto:COMMUNICATE@TEMAGAMI.CA)



# FIRST NATION CONTROL GROUP

## ROLES AND CONTACT INFO

CONTACT INFORMATION: RECEPTIONIST AT (705) 237-8943 EXT. 101

Position & Description	Main Contact	Designate
<b>Chief</b> <i>Providing overall leadership in responding to an emergency</i>	Arnold Paul OFFICE: (705) 237-8943 EXT. 105 <a href="mailto:chief@temagamifirstnation.ca">chief@temagamifirstnation.ca</a>	John Turner OFFICE: 1 (705) 237-8982 EXT. 504 <a href="mailto:2ndchieffn@temagamifirstnation.ca">2ndchieffn@temagamifirstnation.ca</a>
<b>Operations Officer</b> <i>Chairing the FNCG</i>	Virginia Paul OFFICE: (705) 237-8943 EXT. 102 <a href="mailto:ed@temagamifirstnation.ca">ed@temagamifirstnation.ca</a>	Robin Koistinen OFFICE: (705) 237-8943 EXT. 204 <a href="mailto:robin.koistinen@temagamifirstnation.ca">robin.koistinen@temagamifirstnation.ca</a>
<b>Community Emergency Management Coordinator</b> <i>Ensuring that all members of the FNCG have necessary plans, resources, supplies, maps, and equipment</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 <a href="mailto:cim@temagamifirstnation.ca">cim@temagamifirstnation.ca</a> <a href="mailto:jamie.koistinen@temagamifirstnation.ca">jamie.koistinen@temagamifirstnation.ca</a>	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 <a href="mailto:pwsuper@temagamifirstnation.ca">pwsuper@temagamifirstnation.ca</a>
<b>Police Representative</b> <i>Notifying necessary emergency and community services, as required;</i>	Brad Kerr OFFICE: (705) 237-8963 DISPATCH: 1 (888) 310-1122 <a href="mailto:brad.e.kerr@opp.ca">brad.e.kerr@opp.ca</a>	Tom Saville OFFICE: (705) 237-8963 DISPATCH: 1 (888) 310-1122 <a href="mailto:thomas.saville@opp.ca">thomas.saville@opp.ca</a>
<b>Fire Chief</b> <i>Activating the emergency notification system through the Community Emergency Coordinator;</i>	Jamie Saville DISPATCH: 1 (866) 762-0911 <a href="mailto:5fncouncillor@temagamifirstnation.ca">5fncouncillor@temagamifirstnation.ca</a>	Louis LeFrancois DISPATCH: 1 (866) 762-0911 2fire.chief@temagamifirstnation.ca
<b>Public Works Rep</b> <i>Providing and maintaining all equipment necessary as well as keeping the water/sewer services running</i>	Derek Green OFFICE: (705) 237-8631 EXT. 701 <a href="mailto:derek.green@temagamifirstnation.ca">derek.green@temagamifirstnation.ca</a>	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 <a href="mailto:pwsuper@temagamifirstnation.ca">pwsuper@temagamifirstnation.ca</a>
<b>Medical/Health Rep</b> <i>Acting as a coordinating link for all emergency health services at the FNCG and ensuring liaison with Health Canada;</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 <a href="mailto:hsm@temagamifirstnation.ca">hsm@temagamifirstnation.ca</a>	Delma Peshabo OFFICE: (705) 237-8900 EXT. 305 <a href="mailto:delma.peshabo@temagamifirstnation.ca">delma.peshabo@temagamifirstnation.ca</a>
<b>Social Services Rep</b> <i>Ensuring the well-being of residents who have been displaced from their homes by arranging emergency lodging, clothing, feeding, registration and inquiries and personal services;</i>	Annette Paul OFFICE: (705) 237-8022 EXT. 401 <a href="mailto:sss@temagamifirstnation.ca">sss@temagamifirstnation.ca</a>	Alice Moore OFFICE: (705) 237-8022 EXT. 402 <a href="mailto:3fncouncillor@temagamifirstnation.ca">3fncouncillor@temagamifirstnation.ca</a> <a href="mailto:hbhc@temagamifirstnation.ca">hbhc@temagamifirstnation.ca</a>
<b>Emergency Medical Service Rep</b> <i>Ensuring emergency medical services at the emergency site</i>	Marie Paul DISPATCH: (705) 569-3434 <a href="mailto:efr@temagamifirstnation.ca">efr@temagamifirstnation.ca</a>	Delma Peshabo OFFICE: (705) 237-8900 EXT. 305 <a href="mailto:delma.peshabo@temagamifirstnation.ca">delma.peshabo@temagamifirstnation.ca</a>
<b>Electrical Utility Rep</b> <i>Monitoring the status of power outages and customers without services;</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 <a href="mailto:cim@temagamifirstnation.ca">cim@temagamifirstnation.ca</a> <a href="mailto:jamie.koistinen@temagamifirstnation.ca">jamie.koistinen@temagamifirstnation.ca</a>	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 <a href="mailto:pwsuper@temagamifirstnation.ca">pwsuper@temagamifirstnation.ca</a>
<b>Emergency Information Coordinator</b> <i>The Emergency Information Coordinator is responsible for the dissemination of news and information to the media for the public</i>	Heidi Jobson OFFICE: 1 (705) 237-8943 EXT. 107 <a href="mailto:communication@temagamifirstnation.ca">communication@temagamifirstnation.ca</a>	Courtney Saville OFFICE: 1 (705) 237-8943 EXT. 110 <a href="mailto:courtney.saville@temagamifirstnation.ca">courtney.saville@temagamifirstnation.ca</a>

# FIRST NATION CONTROL GROUP ROLES AND CONTACT INFO CONTINUED

<b>Telecommunications Coordinator</b> <i>Ensuring that all communication methods continue to stay up and running</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 <a href="mailto:cim@temagamifirstnation.ca">cim@temagamifirstnation.ca</a> <a href="mailto:jamie.koistinen@temagamifirstnation.ca">jamie.koistinen@temagamifirstnation.ca</a>	Patrick Cormier OFFICE: (705) 237-8943 EXT. 109 <a href="mailto:projectadmin@temagamifirstnation.ca">projectadmin@temagamifirstnation.ca</a>
<b>Education/LMLC Rep</b> <i>Providing any school (as appropriate and available) for use as an evacuation or reception centre and a representative(s) to co-ordinate the maintenance, use and operation of the facilities being utilized as evacuation or reception centres;</i>	Lynn Mongrain OFFICE: (705) 237-8943 EXT. 501 <a href="mailto:lynn.mongrain@temagamifirstnation.ca">lynn.mongrain@temagamifirstnation.ca</a>	Michelle Polson OFFICE: (705) 237-8698 EXT.601 <a href="mailto:michelle.polson@temagamifirstnation.ca">michelle.polson@temagamifirstnation.ca</a>
<b>Health Centre Administrator</b> <i>Implementing the health centre/nursing stations emergency plan;</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 <a href="mailto:hsm@temagamifirstnation.ca">hsm@temagamifirstnation.ca</a>	Delma Peshabo OFFICE: (705) 237-8900 EXT. 304 <a href="mailto:delma.peshabo@temagamifirstnation.ca">delma.peshabo@temagamifirstnation.ca</a>
<b>Community Spokesperson</b> <i>The voice of the community for outside organizations; provides updates and constant communication for media etc.</i>	Arnold Paul OFFICE: (705) 237-8943 EXT. 105 <a href="mailto:chief@temagamifirstnation.ca">chief@temagamifirstnation.ca</a>	John Turner OFFICE: 1 (705) 237-8982 EXT. 504 <a href="mailto:2ndchieftfn@temagamifirstnation.ca">2ndchieftfn@temagamifirstnation.ca</a>
<b>Citizen Inquiry Spokesperson</b> <i>Point of contact for community members that may have questions or require an update on developing situations.</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 <a href="mailto:hsm@temagamifirstnation.ca">hsm@temagamifirstnation.ca</a>	Delma Peshabo OFFICE: (705) 237-8900 EXT. 304 <a href="mailto:delma.peshabo@temagamifirstnation.ca">delma.peshabo@temagamifirstnation.ca</a>
<b>Food Service Lead</b> <i>Ensuring that the most vulnerable population within the community will have their basic needs met during the duration of the emergency plan.</i>	Michelle Polson OFFICE: (705) 237-8698 EXT.601 <a href="mailto:michelle.polson@temagamifirstnation.ca">michelle.polson@temagamifirstnation.ca</a>	Rachel McKee OFFICE: (705) 237-8900 EXT. 312 <a href="mailto:hcc@temagamifirstnation.ca">hcc@temagamifirstnation.ca</a>
<b>Finance Lead</b> <i>Provides essential financial services such as Ontario Works cheques and other payments as required.</i>	Vicky Blake OFFICE: (705) 237-8943 EXT. 113 <a href="mailto:vicky.blake@temagamifirstnation.ca">vicky.blake@temagamifirstnation.ca</a>	Beverley St.Denis OFFICE: (705) 237-8943 EXT. 111 <a href="mailto:beverly.stdenis@temagamifirstnation.ca">beverly.stdenis@temagamifirstnation.ca</a>
<b>Mental Health Rep</b> <i>Providing support for the community's health and wellness during the duration of an emergency plan enactment.</i>	Raymond Katt OFFICE: (705) 237-8900 EXT. 307 <a href="mailto:chr@temagamifirstnation.ca">chr@temagamifirstnation.ca</a>	Delma Peshabo OFFICE: (705) 237-8900 EXT. 304 <a href="mailto:delma.peshabo@temagamifirstnation.ca">delma.peshabo@temagamifirstnation.ca</a>

## WHAT IS PHYSICAL DISTANCING?

Physical distancing means avoiding close contact with others to prevent the spread of COVID-19 and can include:



Avoiding non-essential trips in the community



Cancelling group gatherings



Working from home, where possible



Conducting meetings virtually



Keeping kids away from group settings



No visits to long-term care homes and other care settings

If you must go out, keep a distance of 6 feet from others.