



**TEMAGAMI
FIRST NATION**

May 22, 2020

**FIRST NATION CONTROL GROUP
WEEKLY REPORT**

COMMUNITY INFORMATION

**STATE OF EMERGENCY
LEVEL 3
COVID-19 PANDEMIC**





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TEMAGAMI FIRST NATION

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TEL 1.888.737.9884 or 705.237.8943
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www.temagamifirstnation.ca

Friday, May 22, 2020

Greetings Community Residents:

In this briefing I am sharing information to update you all to what we are doing in efforts to keep our community healthy during the Covid 19 global pandemic.

Although a notice has yet to be distributed to the residents on Bear Island, the TFN Council approved lifting the Fire Ban at the Tuesday, May 19th Council Meeting. We still ask community residents to be cautious and attentive when making a fire.

We have revised the wording for our “No Trespassing” signs in order to provide clarity for these signs in efforts to limit tourist access to Bear Island. These new signs have been ordered and they will be posted at various docking areas and at the Pier Market once the signs have been delivered. Signage will remain in place until cautionary measures regarding the pandemic decrease to a point where virus transmission is no longer a concern.

On Thursday, May 21st, Prime Minister Trudeau announced an additional \$75 million commitment to assist indigenous people in urban centres and off reserve. At this point it is unclear how exactly this funding will be rolled-out, but CTV news has reported that “The money is expected to be put into community-based projects such as those aimed at providing access to food, transportation, educational materials or mental health services”. Also on the Indigenous Service Canada website is the following “\$75 million in new funding has been announced for Indigenous organizations providing services to Indigenous peoples in urban centres and off reserve. More information about this funding will be available soon”. So be on the lookout for further announcements regarding this assistance.

I would like to take the time to acknowledge and say “Miigwetch” to the TFN frontline workers whose efforts are keeping our community operational while striving to keep the community safe as well.

As always, please remain vigilant and aware that we are still amidst a global pandemic. Don't let your guard down and be safe.

Respectfully,

Arnold Paul
Chief
Temagami First Nation



FIRST NATION CONTROL GROUP COMMUNITY BRIEFING

May 19, 2020

First Nation Control Group

Deployment of the Level 3 Declaration of Emergency remains the same. All TFN facilities remain closed to the public at this time as per FNCG Facilities Protocol. FNCG advises that restricted access to Bear Island will be put in place for recreational visitors.

Fire Restrictions

May 19, 2020 Temagami First Nation Chief and Council advise that the fire restriction put into effect on April 24, 2020 has been lifted. Chief and Council remind all to continue to stay diligent with physical distancing measures. Health officials advise that we are to only surround ourselves with those who actually reside in our households. It is extremely important at this time that we practice safe burning in order to protect our resources.

- 1) Check the conditions - don't burn when it's windy or when vegetation is very dry
- 2) Choose a safe burning site away from over-hanging limbs, buildings or power lines
- 3) Keep your fire small and manageable

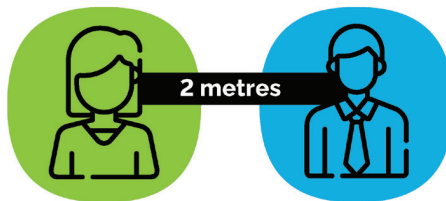
FNCG advise that there will be no Shuttle Services available at this time.

Health Services Update

Please note that it is recommended that community members needing to travel off the island to near-by towns/urban centres that you keep a personal travel journal of where you went and who you came in contact with. In the unfortunate event that an individual would become infected by the virus the information from your travel journal will be critical for health care workers to do the tracing needed to contain the spread of the virus at home.

Continue to practice the staying home, physical distancing and hand sanitizing strategies. Also it's helpful to wear a mask (even a cloth homemade mask) if you are needing to go into grocery stores, pharmacies, etc., where physical distancing is tricky. Keep well everybody.

Please continue to stay diligent in your efforts in physical distancing. With the open water, seasonable weather and long weekend approaching, it could be difficult to maintain the self-discipline we have all been working hard at. **Your efforts could save a life!**



Do your best to keep at least two metres away from others.



NO TRESPASSING
BEAR ISLAND RESERVE #1

**Due to Covid 19 Global Pandemic;
Bear Island Reserve #1 is**

CLOSED TO GENERAL PUBLIC

**With the exception of the Pier Market
and to essential workers**

**(Hydro, Telecommunications, Water/Sewer,
Contractors, Emergency Service Personnel
and Temagami First Nation Members
& Teme-Augama Anishnabai Members.**

**POLICE WILL BE ENFORCING
TRESPASSING LAWS.**

Updates on information surrounding the COVID-19 State of Emergency can be found at www.temagamifirstnation.ca

Telehealth: 1-866-797-0000

**Emergency Information Coordinator:
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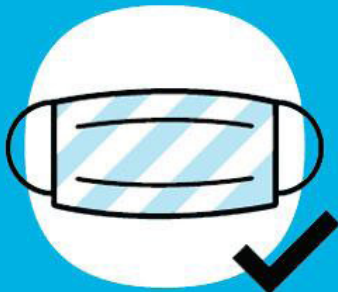
CITIZEN INQUIRY SPOKESPERSON:

Wayne Potts

**OFFICE: (705) 237-8900 EXT. 302
hsm@temagamifirstnation.ca**

Wear a face covering when physical distancing is a challenge

Do:



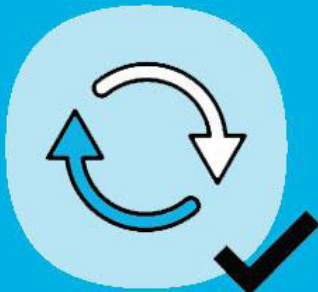
Wear a non-medical face covering like a cloth mask



Wash your hands before putting it on and immediately after taking it off



Make sure it fits well and covers your nose and mouth



Change the face covering when it gets slightly wet or dirty



Wash your cloth mask in hot water with detergent after each use



Dispose of single-use face coverings into a lined garbage bin and wash your hands



**DOREEN
POTTS**



**HEALTH
CENTRE**

TFN HEALTH SERVICES UPDATE

May 21, 2020

Hi everyone, greetings from the Health Services. Trusting you are all keeping well at this time and enjoying the sunshine as we transition into our summer on the lake type of weather. May I encourage you at this time to give attention to your own wellbeing in a balanced way (spiritually, emotionally, mentally and physically), getting out on the land, taking time for yourself and family and finding that balance with work related responsibilities. Also ensuring you are maintaining healthy routines at home when it comes to sleep, eating and exercise to ensure you are keeping your immune system strong. A regular regiment of drinking water is great medicine for your well being.

The DPHC remains closed to the public. We have resumed the weekly service of picking up of meds. Our workers continue to do a combination of working remotely and coming into the clinic as needed. We continue to provide a level of service to the community when it comes to primary health care. Please call Nurse Delma if you have health related questions. Our OW office continues to operate. We thank Kim Montroy for filling in this past month to ensure this essential service continues. Jennifer will be available by appointment starting next week. Please contact her office to arrange for any OW services. We presently don't have the ability to test for the COVID-19 Virus at the Clinic, however we hope we will have the ability to do selective testing in the very near future. We will send out a notice to the community when we have that resource in place. Thank you for your patience with everything during this time. I understand there is a level of frustration with connecting with us at the Clinic as a result of the new phone system. We are trying are best to be responsive to calls coming in. My suggestion at this point is that you leave a message and ask for a return call. Thanks

Continue to practice the following:

- Stay home, essential travel only. Keep a travel log when you do travel
- Physical Distance when it comes to people not of your household
- Continue to wash your hands and use hand sanitizer regularly
- Wear a mask when you are out and about accessing places like grocery stores , pharmacy's , etc

Keep well everyone.

Wayne Potts
Health Service Manager

COVID-19

If you think you have the coronavirus (COVID-19) symptoms, please call:

Telehealth Ontario: 1-866-797-0000

T.H.U.: 705-647-4305, ext. 7

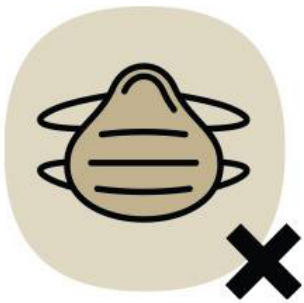
1-866-747-4305, ext. 7

Monday - Friday, 8:30am to 4:30pm

Saturday - Sunday, 1:00pm to 4:00pm

Wear a face covering when physical distancing is a challenge

Do not:



Do not wear a medical-grade mask as these should be reserved for our health care workers



Do not share face coverings or cloth masks with others



Do not touch or move your face covering or cloth mask when wearing it



Do not place on children under the age of two or on anyone who can't take it off on their own



Do not use plastic or other materials that you can't breathe through as a face covering



Do not re-use face coverings that cannot be cleaned





HOW TO COMPLETELY EXTINGUISH A CAMPFIRE

Drown and stir the coals with a metal shovel and drown again

Feel with the back of your hand to ensure it's not smoldering

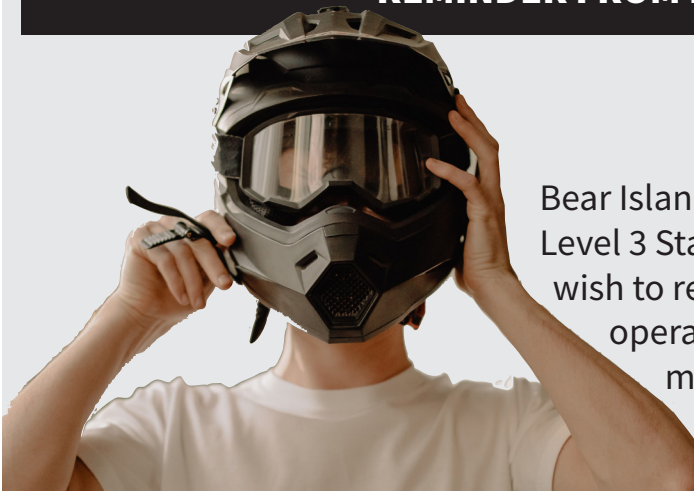
Turn wood and coals to wet all sides

Shovel on some dirt and mix to fully smother it



ONLY YOU CAN PREVENT WILDFIRES SMOKEYBEAR.COM

REMINDER FROM BEAR ISLAND POLICE



Bear Island Police realize that we are in a pandemic and Level 3 State of Emergency here on bear Island, but we wish to remind all that helmets are mandatory while operating an Off Road Vehicle. Please keep safety in mind first especially when there are little ones on as passengers.

10

things you can do right now to reduce anxiety, stress, worry related to COVID-19

1

Only read, watch or listen to news when you want to. That means turn off push notifications on your phone and set aside only an hour per day to stay informed from credible, balanced sources, such as the Canadian Public Health Association.



2

Considering the level of attention and seriousness being paid to the pandemic, it's normal to feel anxious. Try not to avoid, ignore or suppress anxious thoughts. Instead, be aware of your anxiety and accept that you're feeling anxious in this situation. Try to keep things in perspective; notice and challenge your thoughts that may be extreme or unhelpful.



3

While you can't be together physically, stay socially connected with friends and family by phone, text and video applications such as FaceTime, Skype or Zoom.



4

Do something good or helpful. Research shows that doing things for others strengthens our own mental health. Check on your neighbours, elderly parents and friends to see how they're doing and if they need help picking up groceries, medications and other important household items.



5

Stay connected with the outdoors. If you're not required to self-isolate for 14 days, consider going outdoors for a walk, run or bike ride to enjoy the scenery and fresh air. Be sure to stay two metres away from others and consider going out at off-peak hours (early morning, late evening) to avoid proximity.



6

Routines can help reduce mental fatigue, so getting up at your usual time, showering and getting dressed as you normally would for work can be helpful. Eating healthy, drinking water and getting plenty of sleep are also important factors.



7

Continue to exercise or do the things you would typically do to support your health and be sure to use caution and follow health and safety guidelines while doing them. Instead of going to the gym, check out some exercise videos online. Housework, walking up and down stairs, and outdoor activities like raking leaves, cleaning the yard, or prepping the garden are also sources of physical activity.



8

Practice mindfulness, meditation or yoga to help you stay grounded and focused when you begin to feel stress and worry in your body, like shortness of breath and tightening in the chest. Some ideas include keeping a gratitude journal, doing deep breathing exercises, or using grounding exercises to help you focus on things in the present so you feel safe.



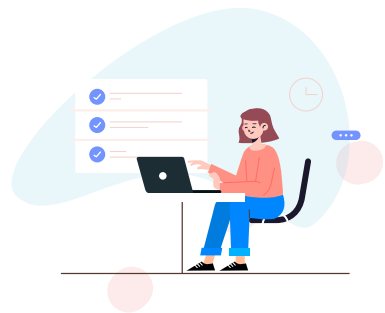
9

Take time to organize your home, such as your pantry, cupboards or closets, or do something you've been putting off for a while, such as sorting through your basement or garage for unwanted or recyclable items. Accomplishing such a task may reduce stress and anxiousness.



10

If you're noticing that your symptoms of anxiety (related to COVID-19 or otherwise) are causing you significant distress or are interfering with your ability to function normally, consider participating in CMHA's BounceBack program. BounceBack is a free skill-building program for adults and youth 15+ who want to gain practical life skills to help them better manage their symptoms of low mood, mild-to-moderate depression and anxiety, stress or worry. For more information or to see if the BounceBack program may be right for you, visit bouncebackontario.ca.



Canadian Mental Health Association
Ontario

BounceBack[®]
reclaim your health

PARENTING DURING COVID-19

Parents, caregivers and children across the country are facing new challenges as the COVID-19 pandemic affects our daily work and home routines. Schools, daycares and most workplaces have closed, and children and parents are suddenly at home full-time.

The ideas and tips below can help parents and caregivers adjust to this new and unexpected situation.



SUPPORT AND ENGAGE WITH YOUR CHILDREN

- ▶ **Create opportunities for quality one-on-one time with each child**, whenever possible. One-on-one time makes children feel loved and secure, and shows them that they are important.
- ▶ **Help your child stay virtually connected** with their friends, neighbours and extended family members through email, phone calls, video chats and social media platforms. This can be a reassuring way for them to interact with people they love.
- ▶ **Create a flexible but consistent daily routine**, and involve your children! Asking for their input and allowing them to make decisions helps build their self-confidence. Set up a schedule that includes structured activities, physical activity, as well as free time. This can help children feel more secure.
- ▶ **Play and engage with your children**. It helps them to learn, express their feelings and build their self-confidence. Spend time with your children by taking part in their preferred activities. If you are not in **quarantine (self-isolation)** or **isolation**, get fresh air while keeping a distance of least 2 metres from other people.

BE KIND, CALM AND PATIENT WITH YOUR CHILDREN'S BEHAVIOURS

- ▶ **Listen to your child's concerns**. Acknowledge and validate their thoughts and feelings. Be honest, open and supportive. Provide clear, factual information in a reassuring and age-appropriate way. Ask them how they are feeling. Let them know you are there for them.
- ▶ **Encourage positive behaviours**. Children are much more likely to do what is asked if they are given positive instructions and praise for their efforts.
- ▶ **Be a positive role model**. Model healthy and positive behaviours as children learn almost everything by watching what other people do.
- ▶ **Take steps to calm down before you react**. Children may respond to stress and anxiety by acting out. They need you the most when they are misbehaving.
 - Before you respond, take three deep breaths or count to ten. Staying calm helps you stay in charge of the situation.
 - If you can safely leave your child, take a step back from the situation to calm down, and reassure your child that you will be back.
 - Respond in a calm and thoughtful way, and redirect your child's attention to a good behaviour.



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Canada



FOOD CONTROL GROUP UPDATE - MAY 22, 2020

Hello everyone,

With the long weekend that just past, a few things were a little different with the food group this week. Normally we get our food order in from Northern Ontario Foods on Tuesdays. Because it was a holiday on Monday, we didn't get the order until late Wednesday afternoon. Some of the items (such as the chicken breast) were missing from our order. We now have them back in stock, so we'll be able to add them to Tuesday's orders.

Our produce from the Timiskaming Health Unit was delivered on Tuesday afternoon. I heard the strawberries were delicious! Next week we will be getting apples and grape tomatoes from the health unit. If you would like some, be sure to mention them with your order.

This week, we were a little short on our normal crew we normally work with. Mike Polson has accepted employment with another company. His help will be missed in the kitchen. Some of the other food workers had other commitments this week, as well.

We would like to thank all the staff who assist with the food orders and delivery. A big thank you to Brad Kerr and Matt Pilon for their assistance this week. They picked up the food deliveries at the Mine Road and delivered food to the households on Bear Island. We really appreciate your assistance. Thank you also to John Shymko for delivering the produce from Temagami to the end of the access road. Thank you also to Betty Wight for the carrot cakes for the food group, it was very thoughtful of you.

Thank you everyone for your patience and understanding this week.

If you have any questions, please contact Michelle (705)237-8698 ext 601 or Rachel (705)237-8900 ext 312. Miigwetch!

COVID-19 UPDATE

TEMAGAMI UPDATE #27 on COVID-19

May 21, 2020

CONFIRMED COVID-19 CASES IN NORTHEASTERN ONTARIO = 192				
Timiskaming	Timmins/Porcupine	Sudbury	North Bay / Parry Sound	Algoma
18	65	64	25	20
997 TESTS PENDING IN NORTHEASTERN ONTARIO				

The Municipality of Temagami is continually monitoring COVID-19 and is working closely with the Timiskaming Health Unit and community partners to take preventative measures and respond appropriately.

We would like to thank all of our seasonal residents and visitors for your support during the COVID-19 pandemic. We understand that staying away from your summer home and postponing your family vacation is a large sacrifice that many of you have made and we are truly grateful for that. THANK YOU!

A heartfelt thank you goes out to all frontline workers, health care providers, first responders, and essential workers for everything you are doing to keep our community safe during this worldwide pandemic.

All community members, you should be extremely proud of everything you are doing to keep Temagami and Marten River COVID19 free. You have worked hard to keep our community and vulnerable people safe. THANK YOU!

As the province starts to lighten restrictions, it is very important that we maintain a high level of vigilance to limit the number of new cases. Ontario Health Officials are expecting a second wave of the pandemic. Some say it will likely be in the fall and some speculate it may be even sooner as the warm weather brings people out.

Please follow the Canadian Medical Association’s recommendation to wear a mask where maintaining the 2 metre distancing requirement may not always be possible. Even when outdoors, maintaining a distance of 2 metres is required and gatherings of more than 5 people are still illegal at this time.

Please continue to help us keep our vulnerable population safe. Do your part!

**THANK YOU ALL FOR YOUR SUPPORT AND EFFORTS TOWARDS
FLATTENING THE CURVE OF COVID-19.**

www.Temagami.ca
(705) 569-3421

IF YOU WISH TO RECEIVE THESE UPDATES BY EMAIL
PLEASE EMAIL COMMUNICATE@TEMAGAMI.CA





TELEPHONE NUMBERS

A	Boshk Aguonia	705-237-8022 ext. 406
	Hope Aguonia	705-237-8900 ext. 306
	Amanda Assiniwe	705-237-8943 ext. 108
B	Jason Ball	705-237-8943 ext. 208
	Justin Barriault	705-237-8943 ext. 807
	Travis Becker	705-237-8900 ext. 308
	Tamara Bell	705-237-8022 ext. 404
	Vicky Blake	705-237-8943 ext. 113
C	Alexandra Clarke	705-237-8943 ext. 212
	Joy Cooper	705-237-8943 ext. 112
	Patrick Cormier	705-237-8943 ext. 109
D	Megan Douglas	705-237-8943 ext. 101
E		
F	Christine Friday Lalonde	705-237-8943 ext. 809
	Michelle Friday Lalonde	705-237-8943 ext. 808
	Natasha Fortin	705-569-2663 / 705-237-8943 ext. 207
G	Derek Green	705-237-8631 ext. 701
H	Siobhan Hilsden	705-237-8982 ext. 510
	Tessa Hope	705-237-8943 ext. 114
I		
J	Heidi Jobson	705-237-8943 ext. 107
K	Raymond Katt	705-237-8900 ext. 307
	Theresa King	705-237-8982 ext. 505
	Jamie Koistinen	705-237-8943 ext. 103
	Robin Koistinen	705-237-8943 ext. 204
L	Carolyn Laronde	705-237-8943 ext. 202
	David Laronde	705-237-8943 ext. 209
	Steve Laronde	705-237-8631 ext. 702
	Hilary LeFrancois	705-237-8982 ext. 502
M	Katie Madore	705-237-8943 ext. 104
	Harri Makivirta	705-237-8943 ext. 214
	Sheri Mathias	705-237-8943 ext. 201
	Tom Mathias	705-237-8631 ext. 705
	Donna Mattias	705-237-8900 ext. 301
	Rachel McKee	705-237-8900 ext. 312
	Peter McKenzie	705-237-8943 ext. 101





TELEPHONE NUMBERS

M	Terri McKenzie	705-237-8900 ext. 310
	Virginia McKenzie	705-237-8636 ext. 803
	Mike Molyneaux	705-237-8943 ext. 205
	Lynn Mongrain	705-237-8982 ext. 501
	Alice Moore	705-237-8022 ext. 402
N/O		
P	Alex Paul	705-237-8022 ext. 404
	Annette Paul	705-237-8022 ext. 401
	Arnold Paul	705-237-8943 ext. 105
	Calista Paul	705-237-8943 ext. 810
	Linda Paul	705-237-8022 ext. 403
	Tyler Paul	705-237-8022 ext. 405
	Virginia Paul	705-237-8943 ext. 102
	Delma Peshabo	705-237-8900 ext. 305
	Meghan Pilon	705-237-8943 ext. 213
	Michelle Polson	705-237-8698 ext. 601
	Mike Polson	705-237-8943 ext. 211
	Liz Potts	705-237-8943 ext. 105
	Robin Potts	705-237-8436 / 705-237-8943 ext. 806
	Ronda Potts	705-237-8982 ext. 509
	Roxane Potts	705-237-8900 ext. 805
	Wayne Potts	705-237-8900 ext. 302
Q		
R	Angela Robb	705-237-8982 ext. 503
S	Courtney Saville	705-237-8943 ext. 110
	Jennifer Sawyer	705-237-8900 ext. 303
	Nancy Shipman	705-237-8636 ext. 804
	John Shymko	705-237-8943 ext. 203
	Brian Siebert	705-237-8982 ext. 507
	Beverley St. Denis	705-237-8943 ext. 111
T	John Turner	705-237-8982 ext. 504
	Patsy Turner	705-237-8982 ext. 506
U/V		
W	Lynn White	705-237-8900 ext. 311
	Victoria Winsor	705-237-8943 ext. 210
X/Y/Z	Heather Yandeu	705-237-8900 ext. 309



FIRST NATION CONTROL GROUP

ROLES AND CONTACT INFO

CONTACT INFORMATION: RECEPTIONIST AT (705) 237-8943 EXT. 101

Position & Description	Main Contact	Designate
Chief <i>Providing overall leadership in responding to an emergency</i>	Arnold Paul OFFICE: (705) 237-8943 EXT. 105 chief@temagamifirstnation.ca	John Turner OFFICE: 1 (705) 237-8982 EXT. 504 2ndchieffn@temagamifirstnation.ca
Operations Officer <i>Chairing the FNCG</i>	Virginia Paul OFFICE: (705) 237-8943 EXT. 102 ed@temagamifirstnation.ca	Robin Koistinen OFFICE: (705) 237-8943 EXT. 204 robin.koistinen@temagamifirstnation.ca
Community Emergency Management Coordinator <i>Ensuring that all members of the FNCG have necessary plans, resources, supplies, maps, and equipment</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 cim@temagamifirstnation.ca jamie.koistinen@temagamifirstnation.ca	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 pwsuper@temagamifirstnation.ca
Police Representative <i>Notifying necessary emergency and community services, as required;</i>	Brad Kerr OFFICE: (705) 237-8963 DISPATCH: 1 (888) 310-1122 brad.e.kerr@opp.ca	Tom Saville OFFICE: (705) 237-8963 DISPATCH: 1 (888) 310-1122 thomas.saville@opp.ca
Fire Chief <i>Activating the emergency notification system through the Community Emergency Coordinator;</i>	Jamie Saville DISPATCH: 1 (866) 762-0911 5fncouncillor@temagamifirstnation.ca	Louis LeFrancois DISPATCH: 1 (866) 762-0911 2fire.chief@temagamifirstnation.ca
Public Works Rep <i>Providing and maintaining all equipment necessary as well as keeping the water/sewer services running</i>	Derek Green OFFICE: (705) 237-8631 EXT. 701 derek.green@temagamifirstnation.ca	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 pwsuper@temagamifirstnation.ca
Medical/Health Rep <i>Acting as a coordinating link for all emergency health services at the FNCG and ensuring liaison with Health Canada;</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 hsm@temagamifirstnation.ca	Delma Peshabo OFFICE: (705) 237-8900 EXT. 305 delma.peshabo@temagamifirstnation.ca
Social Services Rep <i>Ensuring the well-being of residents who have been displaced from their homes by arranging emergency lodging, clothing, feeding, registration and inquiries and personal services;</i>	Annette Paul OFFICE: (705) 237-8022 EXT. 401 sss@temagamifirstnation.ca	Alice Moore OFFICE: (705) 237-8022 EXT. 402 3fncouncillor@temagamifirstnation.ca hbhc@temagamifirstnation.ca
Emergency Medical Service Rep <i>Ensuring emergency medical services at the emergency site</i>	Marie Paul DISPATCH: (705) 569-3434 efr@temagamifirstnation.ca	Delma Peshabo OFFICE: (705) 237-8900 EXT. 305 delma.peshabo@temagamifirstnation.ca
Electrical Utility Rep <i>Monitoring the status of power outages and customers without services;</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 cim@temagamifirstnation.ca jamie.koistinen@temagamifirstnation.ca	Tom Mathias OFFICE: (705) 237-8631 EXT. 705 pwsuper@temagamifirstnation.ca
Emergency Information Coordinator <i>The Emergency Information Coordinator is responsible for the dissemination of news and information to the media for the public</i>	Heidi Jobson OFFICE: 1 (705) 237-8943 EXT. 107 communication@temagamifirstnation.ca	Courtney Saville OFFICE: 1 (705) 237-8943 EXT. 110 courtney.saville@temagamifirstnation.ca

FIRST NATION CONTROL GROUP ROLES AND CONTACT INFO CONTINUED

Telecommunications Coordinator <i>Ensuring that all communication methods continue to stay up and running</i>	Jamie Koistinen OFFICE: (705) 237-8943 EXT. 103 cim@temagamifirstnation.ca jamie.koistinen@temagamifirstnation.ca	Patrick Cormier OFFICE: (705) 237-8943 EXT. 109 projectadmin@temagamifirstnation.ca
Education/LMLC Rep <i>Providing any school (as appropriate and available) for use as an evacuation or reception centre and a representative(s) to co-ordinate the maintenance, use and operation of the facilities being utilized as evacuation or reception centres;</i>	Lynn Mongrain OFFICE: (705) 237-8943 EXT. 501 lynn.mongrain@temagamifirstnation.ca	Michelle Polson OFFICE: (705) 237-8698 EXT.601 michelle.polson@temagamifirstnation.ca
Health Centre Administrator <i>Implementing the health centre/nursing stations emergency plan;</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 hsm@temagamifirstnation.ca	Delma Peshabo OFFICE: (705) 237-8900 EXT. 304 delma.peshabo@temagamifirstnation.ca
Community Spokesperson <i>The voice of the community for outside organizations; provides updates and constant communication for media etc.</i>	Arnold Paul OFFICE: (705) 237-8943 EXT. 105 chief@temagamifirstnation.ca	John Turner OFFICE: 1 (705) 237-8982 EXT. 504 2ndchieftfn@temagamifirstnation.ca
Citizen Inquiry Spokesperson <i>Point of contact for community members that may have questions or require an update on developing situations.</i>	Wayne Potts OFFICE: (705) 237-8900 EXT. 302 hsm@temagamifirstnation.ca	Delma Peshabo OFFICE: (705) 237-8900 EXT. 304 delma.peshabo@temagamifirstnation.ca
Food Service Lead <i>Ensuring that the most vulnerable population within the community will have their basic needs met during the duration of the emergency plan.</i>	Michelle Polson OFFICE: (705) 237-8698 EXT.601 michelle.polson@temagamifirstnation.ca	Rachel McKee OFFICE: (705) 237-8900 EXT. 312 hcc@temagamifirstnation.ca
Finance Lead <i>Provides essential financial services such as Ontario Works cheques and other payments as required.</i>	Vicky Blake OFFICE: (705) 237-8943 EXT. 113 vicky.blake@temagamifirstnation.ca	Beverley St.Denis OFFICE: (705) 237-8943 EXT. 111 beverly.stdenis@temagamifirstnation.ca
Mental Health Rep <i>Providing support for the community's health and wellness during the duration of an emergency plan enactment.</i>	Raymond Katt OFFICE: (705) 237-8900 EXT. 307 chr@temagamifirstnation.ca	Delma Peshabo OFFICE: (705) 237-8900 EXT. 304 delma.peshabo@temagamifirstnation.ca



GIVE
FOR YOUR WELLBEING

YOUR TIME.
YOUR WORDS.
YOUR PRESENCE.

 Services de santé du
TIMISKAMING
Health Unit



NO TRESPASSING
BEAR ISLAND RESERVE #1

Due to Covid 19 Global Pandemic;
Bear Island Reserve #1 is
CLOSED TO GENERAL PUBLIC
With the exception of the Pier Market
and to essential workers
(Hydro, Telecommunications, Water/Sewer, Contractors, Emergency Service Personnel)
and Temagami First Nation Members
& Teme-Augama Anishnabai Members.

POLICE WILL BE ENFORCING
TRESPASSING LAWS.