

SEPTEMBER 2019

BEAR ISLAND  
**BLAST**

**KAAKOONE KIIZIS**

**CHANGING MOON**



**TEMAGAMI**  
FIRST NATION

TIMII-AAGAMING ANISHINAABEG & TEMAGAMI FIRST NATION

presents

# An Evening of Entertainment

MIDNIGHT SHINE



\$15/  
ticket

RHYMES OSO



CHRISTINE FRIDAY



MAGGIE & ME: A Healing Dance



DAVID LARONDE



EIGHT THUNDERBIRD SINGERS

September  
14<sup>th</sup> 2019

7PM

Temagami Arena

Anyone under the age of 16  
gets in free.

This is an alcohol and drug free event.  
Please bring your own lawn chair.

To purchase a ticket in advance  
please contact Natasha Fortin  
705-569-2663 or email at  
[taaadmin@temagamifirstnation.ca](mailto:taaadmin@temagamifirstnation.ca)





4



6



28



36



Bear Island Blast Submissions  
can be sent to [communication@temagamifirstnation.ca](mailto:communication@temagamifirstnation.ca)  
or call 705-237-8943

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CONNECT WITH US  
[temagamifirstnation.ca](http://temagamifirstnation.ca)

# NOTICE

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## REGULAR COUNCIL MEETING MONDAY September 9, 2019 Elder's Building 7:00pm

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In regards to band members who wish to raise a matter – Any additional agenda items are to be submitted in writing and in person to the Band Office or via email to [tfn@temagamifirstnation.ca](mailto:tfn@temagamifirstnation.ca) the Friday preceding each council meeting by 4:30pm.

For Webex (live web broadcasting) login instructions please contact Courtney Saville, WebEx Technician Email: [courtney.saville@temagamifirstnation.ca](mailto:courtney.saville@temagamifirstnation.ca) or call 705-237-8943/1-888-737-9884



The Bear Island Blast is a monthly publication.  
To submit content or subscribe,  
email [communication@temagamifirstnation.ca](mailto:communication@temagamifirstnation.ca).  
The deadline for submissions for the  
OCTOBER Edition is September 23<sup>rd</sup>, 2019.

[www.temagamifirstnation.ca](http://www.temagamifirstnation.ca)



**TEMAGAMI  
FIRST NATION**

## COMMUNITY INFORMATION SESSION

**Thursday September 12 2019  
7 00 pm  
LMLC GYM**

**AGENDA  
Negotiations Update**

\*\*\*BEVERAGES PROVIDED\*\*\*

On-Island transportation is available. For services, please contact Band Office Receptionist by September 11th, 2019 at 4:30pm. Email: [fn@temagamifirstnation.ca](mailto:fn@temagamifirstnation.ca) or call 705-237-8943/1-888-737-9884.

\*\*\*Lake Transportation to/from the mainland may be available – TBD based on interest\*\*\*

For Webex (live web broadcasting) login instructions  
please contact Courtney Saville, TFN Admin Support.

Email: [courtney.saville@temagamifirstnation.ca](mailto:courtney.saville@temagamifirstnation.ca) or call 705-237-8943/1-888-737-9884



Temagami First Nation

**CULTURAL RESOURCE COORDINATOR  
Boshk Aguonia**

Hello Everyone,

I would like this time to introduce myself to those that may not know me in the community. My name is Boshk Aguonia and I am happy to say I accepted this new Cultural Resource Coordinator position. I am currently working out the Doreen Potts Health Center. I will be very busy with the planning stages of the program and hope to get input and ideas of what the community would like to see happening within the community. I will be offering what I have from my cultural background and resources I have worked with in my life time. I am excited to work with everyone in the community, so please feel free to come in and share some ideas.

Thanks,

Boshk Aguonia

705-237-8900, [boshk.aguonia@temagamifirstnation.ca](mailto:boshk.aguonia@temagamifirstnation.ca)

# Finding Balance through Mino Bimaadizwin

## Roots & Wings





Acclaimed dancer, Christine Friday and the Roots & Wings program wrapped their summer program with an afternoon performance on August 20th at the LMLC grounds.

Roots & Wings is a program put together through a 2 year production grant. Their piece is entitled "Finding Balance". The first year was mainly focused on research and development, this year was creation. Next year they intend to further develop the production, and even tour it. Congratulations goes out to the whole group for their hard work!





# TFN RANGERS CLOSING CEREMONY



Esker Lakes OYEP and guests

*August 22, 2019*

Temagami First Nation's Esker Ranger Program in partnership with Outland held a closing ceremony here on Bear Island at the tents on the LMLC grounds.

The field was abuzz with youthful energy and excitement. The 18 Rangers and their leaders invited their friends and family to the ceremony. The group had a ton of achievements to boast. See the list at left.

Robin Koistinen was the Master of Ceremonies. She began by introducing Tyler Paul to open with a Welcome drum song and TFN Councillor, Wayne Potts led in a prayer. Chief Arnold Paul then gave a proud welcome to the Rangers and their guests. After a social lunch hour the group again gathered around the podium in the tents to hear from the many partners and mentors and then finally the youth's graduation awards were handed out.

Among the 18 Rangers were 4 TFN members, Eddie Frappier, Dkamse Keeshig, Christopher Landriault and Tommy Saville. Tommy was given special recognition when presented the 2019 OYEP Esker Achievement Award.

Michael Paul and Dan and Eva Couchie participated as elder mentors with the group and spoke during the ceremony about the high regard they held for the group of Rangers.



Robin Potts, Stewardship Coordinator



Robin Koistinen



Meg Christens, Camp Supervisor



Chief Arnold Paul

- 18 Graduates
- 18 First Aid Certifications
- 20,000 Trees Planted
- 30 Co-op Credits
- 18 ORKCA Certification
- 12 S102 Fire Fighting Certifications
- 4 Driver's Licenses
- 3,888 Hours Worked



Tommy Saville



Esker Lakes OYEP and Tyler Paul



Esker Lakes OYEP and guests leaving the island aboard a barge



# ***TFN Enrichment Policy Consultation***



**Date:** Saturday, September 21, 2019

**Time:** 10am- 4pm

**Lunch provided**

**Please contact the Band Office  
to R.S.V.P**

**Location:** Laura McKenzie Learning  
Centre Gym  
Bear Island

The Enrichment committee is seeking  
input from TFN members regarding  
the policies

Hope to see you there!

**Contact person:** Beverley St. Denis,  
Enrichment Clerk

**Phone:** 705-237-8943

**Email:** [enrichment@temagamifirstnation.ca](mailto:enrichment@temagamifirstnation.ca)

**TEME-AUGAMA ANISHNABAI, TEMAGAMI FIRST NATION  
JOINT ASSEMBLY & CONCERT STARRING**

**MIDNIGHT SHINE**

**Temagami Arena**

**JOINT ASSEMBLY WILL BE HELD DURING THE DAY ON SEPTEMBER 14 & 15  
9:30am until 4:30PM**

**Lunch and refreshments will be provided at noon both days**

**Spaghetti dinner at 5:00PM on Saturday, Sept 14, 2019**

**\*Traditional Drummers\***

**\*DOOR PRIZES\***

Transportation and Boat shuttle will be provided during the day, to request these services, please call Natasha Fortin before Friday, Sept 13 at noon.

705-569-2663 or 705-978-0110 or via email at [taaadmin@temagamifirstnation.ca](mailto:taaadmin@temagamifirstnation.ca)

**Draft Assembly items include:**

- Teme-Augama Anishnabai Mission Statement
- Recognition of TAA Governing body
- Corporate structure for economic development
- Discussion of Teme-Augama Anishnabai highway signs
- Gate at the game preserve
- Reclaiming the TLA building for a fish hatchery operation
- Discussion on Citizenship and Governance committee
- Visionary exercises for the Teme-Augama Anishnabai youth

**\$15/  
ticket**



This amazing band from Northern Ontario is coming to the Temagami arena. Eight years, six radio singles, three albums, and 200+ media stories later... you could say they have been turning heads with a sound that seamlessly mixes roots, classic and modern rock, Midnight Shine's music is anchored by eloquent lyrics and heartfelt vocals that share a glimpse of life in the far North. They're a must-hear band you'll take a real shine to.

To purchase a ticket in advance please contact Natasha Fortin 705-569-2663 or 705-978-0110 or via email at [taaadmin@temagamifirstnation.ca](mailto:taaadmin@temagamifirstnation.ca)

Tickets will also be sold at the door. Teme-Augama Anishnabai citizens who attend the assembly during the

day will get a free admission to the concert. Anyone under the age of 16 gets in free.

This is an alcohol and drug free event. Please bring your own lawn chair.

**For further information Please contact: TAA Administration 705-569-2663**

A Message From

## Chief Randall Becker

Timii-Aagaming  
Anishinaabeg



Greetings,

This September we are set to make some very important decisions about how we are treated on our homeland.

We will decide if we are to move forward with economic development projects and setting our authority in a few locations on Daki Menan to protect our fish and moose population. We will be looking at governance as well. We will need to prepare ourselves to make a stand if need be.

I ask that all of you attend this upcoming Assembly and to bring other family members. I ask the youth to attend as well. There are opportunities that are youth specific.

Our rights predate the colonial governments. We have the right to our land. We have the right to our language and culture. We have the right to be Anishnabeg.

I ask for your participation, your thoughts and your physical presence at our Assembly and action days that are coming.

Meegwitch,  
Chief Randall Becker

## INTRODUCING THE TIMII-AAGAMING ANISHINAABEG CITIZENSHIP COMMITTEE



*Shown in the picture from left to right are Dwayne Becker, Julian Cote, Kathy Beddows, Hugh McKenzie and Raymond Katt.*

The Timii-Aagaming Anishinaabeg citizenship committee meets once a month on the last Tuesday of every month at the N'Daki Menan Office located in Temagami.

The Citizenship Committee is to develop options for criteria to secure citizenship as Timii-Aagaming Anishinaabeg and to describe the rights and benefits that belong to the Timii-Aagaming Anishinaabeg citizens.

### TIMII-AAGAMING ANISHINAABEG TRADITIONAL GOVERNANCE COMMITTEE

The Timii-aagaming Anishinaabeg Chief and Council are making a call out for applicants to be part of the Timii-aagaming Anishinaabeg Traditional Governance Committee.

This Committee will be comprised of six members being appointed by the Timii-aagaming Anishinaabeg Chief and Council. Committee meetings will take place on the second last Tuesday of every month located at the N'Daki Menan Office in Temagami.

For application forms and terms of reference please contact TAA Administration at [taaadmin@temagamifirstnation.ca](mailto:taaadmin@temagamifirstnation.ca) or call 705-978-0110 / 705-569-2663

All application forms must be submitted before Sept 09, 2019 at 3:00PM.

# NAME THE MULTI-USE FACILITY

**VOTING IS OPEN**



## VOTING RULES AND INFORMATION:

Each TFN member is entitled to one vote on the name he or she think best represents the building and the values which it will hold.

Votes can be cast in the following ways:

1. Email: [communication@temagamifirstnation.ca](mailto:communication@temagamifirstnation.ca)
2. Respond via email survey - [surveymonkey.com](https://www.surveymonkey.com)
3. Mail: TFN Naming Contest, c/o TFN Band Office, General Delivery, Bear Island, ON POH 1C0

Please clearly state your name and your choice according to number.

Voter's names and choices will not be made public. Voters are asked to identify themselves to ensure that there are no duplicate votes. All voters names will be put together in a random draw and one lucky winner will receive a prize.

**DEADLINE TO VOTE: September 15th, 2019**

# YOUR CHOICES:

- 1. **Makwaminisi Ogimaawigamig And Jiikamigizi** - translation: Bear Island Administrative Centre and Celebration Place
- 2. **The TFN Admin Lakeview Community Centre**
- 3. **Maamawiitaawin** - translation: Gathering Place
- 4. **Mino Bimaadizi Center** - translation: Lives well, Leads a Good Life, Has Good Health
- 5. **Lakeview Building**
- 6. **Timiagamiing Anishinaabeg Wigamigoong** translation: The Deep Water Peoples House
- 7. **Temagami First Nation Community Centre**
- 8. **Naazibiing Waakaahikan** translation: Lakeview House
- 9. **Biin-di-gen Shkwaan-de She-son** translation: Come in, the door is open
- 10. **The Whitebear Complex (or The Whitebear Centre)**



SAVE  
THE  
DATE

MULTI-USE FACILITY

# Grand Opening



## Schedule of Events

### Friday

Afternoon:  
OPEN HOUSE  
VIEWING

Evening:  
FAMILY DANCE

### Saturday

Afternoon:  
FAMILY GAMES

Evening:  
FEAST  
LIVE ENTERTAINMENT  
& DANCE (19+)

## October 11<sup>th</sup> & 12<sup>th</sup>, 2019

Temagami First Nation is hosting a  
Community Grand Opening  
on Thanksgiving weekend to celebrate with  
members, community and family.  
Please join us during this fun-filled weekend.



## MORE DETAILS TO FOLLOW



**TEMAGAMI**  
FIRST NATION

**Follow us on facebook and watch for the  
Grand Opening event page for further details.**

 [www.temagamifirstnation.ca](http://www.temagamifirstnation.ca)



Just another reminder regarding Historical Project Questionnaire Packages.

We'd like to ask if you could complete and send back the package. If you have already done so, thank you!

For this Historical Project to be successful we require your input!

**This can't be done without YOU!**

[mlhistoricalproject18@temagamifirstnation.ca](mailto:mlhistoricalproject18@temagamifirstnation.ca)

[clhistoricalproject18@temagamifirstnation.ca](mailto:clhistoricalproject18@temagamifirstnation.ca)

This Historical Project is for our children, our grandchildren, our future!

Please send in your Questionnaire Package!

**Call us 705-237-8262 or email us and provide us with your email address and we will send you the Questionnaire Package – you can complete this online and send it back to us.**

# DibAAJIMOOWINAN

GEZHTOOJIG EMPLOYMENT & TRAINING

## Temagami First Nation Community Outreach

Reg Canard will be available to meet with you in the community.

| Where  | Date & Time  |
|--|--|
| Bear Island - Lands & Resources Office<br>705-237-8600 | Thursday, September 26, 2019<br>9:30 am - 12:45 pm |

### Unemployed & Looking for Options?

### Are you Indigenous or a member of one of these First Nations?

- Henvey Inlet First Nation
- Magnetawan First Nation
- Shawanaga First Nation
- Wasauksing First Nation
- Dokis First Nation
- Wahnapiatae First Nation
- Temagami First Nation

#### Purchase of Training:

- For full-time programs (20+ hours/week)
- Must obtain diploma within 52 weeks
- If eligible, funding may be available for tuition, books, supplies, transportation, dependent care, and living allowance

**Employment Support:** Up to \$250 to start a full-time job

**Administer Second Careers**

**PROGRAMS TO ASSIST UNEMPLOYED**

#### Apprenticeship:

- Wage Subsidies available for Registered Apprentices
- Purchase of Training for In Classroom Offer of Training

**Wage Subsidies:** 50% of wage for full-time jobs

**Mobility:** Assistance to attend job interview

**Relocation:** Assistance to relocate for a full-time job

**Self Employment Information**



Gezhtoojig Employment & Training, 117 Elm St., Unit 102, Sudbury, ON P3C 1T3  
Tel: 705-524-6772/Toll: 1-800-361-9256/Fax: 705-524-5152 www.gezhtoojig.ca



## Community Fish Donation Success!



August 12-19, 2019 the MNRF (Ministry of Natural Resources and Forestry) had conducted a BsM (Broad-scale Monitoring program) on Lake Temagami and Cassels Lake. The fish caught were brought back to Bear Island, processed and donated to the community.



Thank you to all who came out and observed the processing!



Hope everyone enjoyed their fish!!



Lands and Resources | Climate Change  
Meghan Pilon & Mike Polson  
705-237-8600





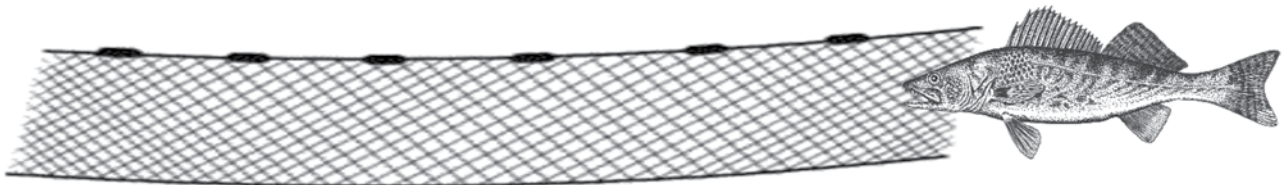


**TEME-AUGAMA ANISHNABAI / TEMAGAMI  
FIRST NATION**  
**N'Daki Menan Lands and Resources Department**  
**BEAR ISLAND LAKE TEMAGAMI, ONTARIO P0H 1C0**  
 TEL 705.237.8600 FAX 705.237.8959  
[www.temagamifirstnation.ca](http://www.temagamifirstnation.ca)



## NOTICE

### Net Tagging Reminder



**The Temagami First Nation citizens passed resolution #0515-001 at a community meeting May 31, 2015**

**The Lands & Resources Department has net tags available.**  
 Please come into the Temagami First Nation Lands & Resources office to obtain tags.

Any questions on the Community Resolution contact:  
 Robin Koistinen at 705-237-8600  
[robin.koistinen@temagamifirstnation.ca](mailto:robin.koistinen@temagamifirstnation.ca)



**Lands & Resources Department**  
 August 2019

**SEPTEMBER 17, 2019**

# **COMMUNITY MINING INFO SESSION & DINNER**

Location: ELDERS, BEAR ISLAND

Time: **1:00 — 6:00pm**

Dinner: 5 pm **\*\* RSVP 705-237-8600**

Come out and see presentations by Mining Proponents about the type of Mining Explorations occurring on n'Daki Menan.



*Stakeholders examine New Age's River Valley Project drill core.*

**TEMAGAMI FIRST NATION**

**Lands & Resources Dept.  
Bear Island**

**Tel: 705-237-8600**

**David Laronde, Resource Development  
Advisor**

**David.laronde@temagamifirstnation.ca**

# Temagami First Nation

## Economic Development Report

### The 2019 Waubetek Charity Golf Classic Friday August 16, 2019



On Friday, August 16, 2019, the Waubetek Business Development Corporation hosted the Waubetek Charity Golf Classic at the Rainbow Ridge Golf Course on beautiful Manitoulin Island.

Representing Temagami First Nation were Doug McKenzie, Jamie Saville, Mike Molyneaux and John Shymko.



Proceeds from the golf tournament will be donated to the 2020 Waubetek Educational Student Bursary Fund which supports Indigenous post-secondary students in business related studies.



With the help of the event's sponsors over the past years, this event has been able to assist 85 Aboriginal post-secondary students through \$48,000.00 in bursaries.



John Shymko, Economic Development Officer, Temagami First Nation,  
705 237 8600 [ecdev@temagamifirstnation.ca](mailto:ecdev@temagamifirstnation.ca)

# Temagami First Nation

## Economic Development Report

### Labour Market and Skills Inventory Survey Extension

#### Notice To Community Members

We are conducting an important voluntary **Labour Market and Skills Inventory Survey**.

**All of those who participate will receive a \$25.00 Walmart Gift Certificate, courtesy of Getzhtoojig Employment and Training.**

Participation in the survey is open to community members **15 years of age and older** from across our on-reserve community (Bear Island).

If you choose to participate, you will be asked about your current situation regarding employment, education and work experience.

We are trying to better understand our community members' skills, knowledge and training needs. **The deadline for these surveys has been extended to September 30, 2019**

All information will remain confidential and will be entered into a highly secure network.

Only **Temagami First Nation** and **ASETS (Aboriginal Skills Employment Training Strategy)** will have access to the data collected.

Overall reports of the grouped data (aggregate data) will be provided to Employment and Social Development Canada, who are funding this initiative. **No individual will be connected to the information they receive.**

Please contact Duane Paul or John Shymko to schedule a time and date to complete the survey, which takes about 45 minutes.

Please contact **John Shymko at 705 237-8600** or **Duane Paul at 705 237-8950**, if you have any questions.



John Shymko, Economic Development Officer, Temagami First Nation,  
705 237 8600 [ecdev@temagamifirstnation.ca](mailto:ecdev@temagamifirstnation.ca)

# Temagami First Nation

## Economic Development Report

Free websites available to band members' businesses



TFN Economic Development, through the Lands and Resources department, is offering free webpages to Temagami First Nation members' businesses. A professional webpage will be designed for all interested members to promote their businesses and a link will be provided on the Temagami First Nation Website. There is no charge for this service.

Please email John Shymko, Economic Development Officer, at [ecdev@temagamifirstnation.ca](mailto:ecdev@temagamifirstnation.ca), or call Lands and Resources, **705-237-8600** to book an appointment with John to discuss what photos and information is needed.

### Items a business website should have.

- 1) A phone number. 2) An email address.
- 3) Business Hours. 4) Business Location
- 5) A photo of your Business, or an image related to your business.
- 6) A photo of the business owner(s).
- 7) A description of what you do.
- 8) A logo, if you have one. 9) A link to a facebook page, if you have one.

John Shymko, Economic Development Officer, Temagami First Nation,  
705 237 8600 [ecdev@temagamifirstnation.ca](mailto:ecdev@temagamifirstnation.ca)

# INFORMATION FROM THE TFN MEMBERSHIP OFFICE

TFN Lands &amp; Resources

by Sheri Mathias, Indian Registration Administrator (IRA)

## Temagami First Nation (TFN) Membership Office

The Membership Office is located at the Lands & Resources Office on Bear Island.

Open Monday to Friday; 8:30 am to 4:30 pm (closed from 12:00 to 1:00 pm)

Please contact the office for an appointment 705-237-8600.

### Membership Office Services:

Certificate of Indian Status (CIS) cards are issued on island through the Membership Clerk/ Indian Registry Administrator. **Two pieces of identification are required** when issuing a laminated Certificate of Indian Status (CIS) card (first, renewal, replacement, lost/stolen). We can also provide on-site photos for your status cards & passport style pictures for the Secure Certificate of Indian Status (SCIS) card which is good for 10 years.

### **Acceptable ID Includes:**

- Driver's License
- Health Card
- Birth Certificate
- Firearms License
- Provincial ID Card
- Student ID Card
- Status Card (expired less than 6 months)
- Passport (counts as 2 pieces)

### **Amendments**

- Birth Registration (requires long form birth certificate)
- Record of Marriage (requires original marriage certificate)
- Record of Divorce
- Record of Death (requires original death certificate)
- Band Transfers (Must have bloodline to TFN)

### **Other Services:**

- Forms for: Secure Certificate of Indian Status (SCIS) cards
- Letter for: Utility Tax Exemption for On-Reserve Members (eg. Ontera, Hydro One)
- Assistance with Bloodline and Family Tree Research

Please visit [www.temagamifirstnation.ca](http://www.temagamifirstnation.ca) for more information under Lands & Resources tab you will find Membership.

Thank you, Sheri Mathias [membershipadmin@temagamifirstnation.ca](mailto:membershipadmin@temagamifirstnation.ca)





COMMUNITY ENGAGEMENT SESSIONS



TEMAGAMI FIRST NATION  
Master Land Use Plan



**We want to hear from you!**

Our community is creating a **Master Land Use Plan**, which will guide the development of our lands for the future. We need your help determining the Vision and future land uses. Come to a **Community Engagement Session** to provide your feedback and have a say in how your community lands will look in the future.

**Naming Our Plan**

Participate in a **NAME CONTEST** to come up with a name for the **Master Land Use Plan** that reflects our community! Name to be chosen at our next Open House in Spring 2020.

**Open Engagement Sessions will be held:**

**September 11**  
Bear Island  
(Laura McKenzie Learning Centre )  
5 p.m. – 8:30 p.m.  
Includes Dinner  
WEBEX will be available!

**September 12**  
Temagami  
(Ronnoco House)  
11 a.m. – 1 p.m.  
Includes Lunch

**September 12**  
North Bay  
(Best Western Conference Room)  
5 p.m. – 8:30 p.m.  
Includes Dinner

There will be a presentation followed by interactive land use mapping activities. Food will be provided. **Please RSVP by calling 705-237-8600.**

For more information, please contact: **Mike Molyneaux, Assistant Lands & Resources Director**  
landcode@temagamifirstnation.ca, 705-237-8600



Elders & Youth  
Movie Night

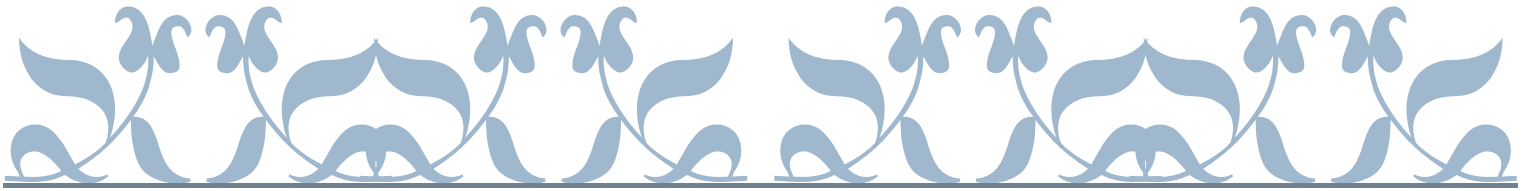
**Call-out to all Elders and Youth  
For a Movie and Dessert night.**

**Thurs. September 19th, 2019**

**7:00 PM**

**@ Elders Building**





# Women's Dinner

September 27th, 2019

5:30pm

Doreen Potts Health Centre

Please call Linda at DPHC to reserve your  
spot in advance.

(705)237-8900

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# Men's Dinner

September 24th, 2019

5:30pm

Doreen Potts Health Centre

Please call Alex at the DPHC to reserve your  
spot in advance.

(705)237-8900

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# September Sewing Nights

Join us for an evening of sewing at the DPHC.

|                |      |
|----------------|------|
| September 3rd  | 6:30 |
| September 9th  | 6:30 |
| September 16th | 6:30 |
| September 23rd | 6:30 |
| September 30th | 6:30 |

Tracy will be available for guidance on your project.

You can call Alex at the DPHC if you have any questions.

**(705)237-8900**

HEALTH PROMOTIONS

# HEALTHY DINNER

September 12th 5:30pm - 7:00pm DPHC

DIABETIC FRIENDLY

Low-Carb + Low Sugar Meal

Slide Show on  
Healthy Eating Tips

For more info and to RSVP , Please contact Diane @ DPHC 705-237-8900



YOUTH-ELDERS WELCOME

---

# NUTRITIONAL SCIENCE

---

LUNCH & PRESENTATION ON  
THE SCIENCE OF NUTRITION, CARBS, FATS, PROTEINS,  
ENERGY METABOLISM, DIABETIC DIET GROCERY LISTS  
AND WEIGHT REGULATION

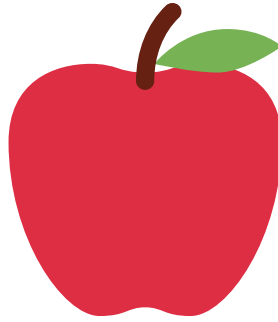
**GIFT BAGS AVAILABLE WHILE SUPPLIES LAST**

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WEDNESDAY  
SEPTEMBER  
25TH

12 IN THE  
AFTERNOON

DIANE MACINNIS  
DPHC  
705-237-8900



HEALTH PROMOTIONS

# NUTRITION BINGO

**THURSDAY SEPTEMBER 5TH**  
12PM AT DOREEN POTTS HEALTH CENTER

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**CATERED LUNCH PROVIDED**

**6 PRIZES**

1 LINE  
2 LINES  
4 CORNERS  
X  
SQUARE  
FULL CARD

---

TO SIGN UP PLEASE CONTACT DIANE @ DPHC 705-237-8900

# SELF CARE WORKSHOP

## DIY BATH & BEAUTY

SEPT 17TH | 6PM-8PM  
DOREEN POTTS HEALTH CENTER

BATH BOMBS + FACE MASKS + SCRUBS + ROLL ON'S

All natural essential oil Bath & Beauty products. Make from scratch by hand for self-care healing, relaxing and nurturing the body.

MAX 15 PPL- TO SIGN UP PLEASE CONTACT  
DIANE @DPHC 705-237-8900



TEMAGAMI FIRST NATION  
Bear Island, Lake Temagami, Ontario P0H 1C0  
Tel: (705) 237-8900 Fax: (705) 237-8912  
Toll Free: 1-866-262-2862

# FAMILY RELATIONSHIP HEALING REVITALIZING THE IDENTITY OF TEME-AUGAMA ANISHNABAI

THE SMOOTHWATER – ISHPATINA RIDGE LAND BASED EXPERIENCE  
gives thanks to TFN Chief & Council

Kwe Kwe... First of all, we must acknowledge the 27 TFN/TAA members from ages of 3 to 70 that decided to take on the challenge of being out on N'Daki-Menan for 5 days of processing and learning about our history in respect to the themes identified.

We were especially inspired with the fantastic 5 that took on a canoe-portage-hike marathon of 40 plus miles to Ishpatina Ridge.  
~ BiZhiw, Raymond Katt – CHR



# TEMAGAMI FIRST NATION SENIORS & DISABLED INDEPENDENT LIVING COMPLEX POLICY

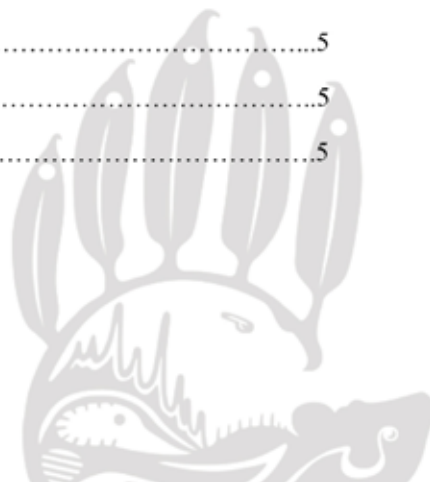
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### SCHEDULES

SCHEDULE 3 SCREENING/PRIORIZATION

SCHEDULE 4 INCOME & EXPENSES



## **SENIORS & DISABLED INDEPENDENT LIVING COMPLEX POLICY**

### **MISSION STATEMENT**

To provide housing options for seniors and Disabled persons that is safe, affordable and energy efficient housing in a manner that is unbiased, transparent and fair.

The Landlord administers its rental housing program pursuant to the Temagami First Nation Housing Policy (the “**Housing Policy**”), which applies to and forms part of this agreement. By signing this agreement the Tenant acknowledges that he or she has read and understood the Housing Policy and agrees to be bound by both the terms of this agreement and the Housing Policy, as amended from time to time. In the event of any inconsistency between this agreement and the Housing Policy, this agreement shall prevail.

### **ELIGIBILITY**

- a. To qualify at least one person must be a Temagami First Nation member or blood line of the “Teme Augama Anishnabai;”
- b. Must be 55 years or older or must be Eighteen (18) years or older with physical disability;
- c. Must meet scoring in Schedule 3 of the TFN Housing Policy;
- d. Must be clear of any debt owing to the Temagami First Nation;
- e. Demonstrated need for housing;
- f. Willing to divest himself or herself of his or her of the household who has a legal or beneficial interest in a freehold or leasehold estate in residential property located in or outside First Nations and the Province of Ontario that is suitable for year-round occupancy interest in the property and gives written verification of the divestment to the Temagami First Nation;
- g. The divestment must occur and the verification of the divestment must be given, within 180 days of occupying the apartment.

### **AMENDMENTS TO TEMAGAMI FIRST NATION POLICIES - SEE TFN HOUSING POLICY**

### **APPLICATION PROCESS:**

- a. When Seniors/Disabled apartments becomes available, the TFN will advertise on the TFN website that the Housing Department is receiving applications.
- b. Those who wish to apply must complete an application.
- c. Applications are available on the Temagami First Nation website or at the Administration Office.



- d. Completed applications are to be returned to the Housing Coordinator.
- e. Coordinator will acknowledge receipt of application
- f. All information received will be kept confidential.

#### SCORING PROCESS:

- a. Applications will be scored and prioritized according to SCHEDULE 3: SCORING & PRIORIZATION
- b. SCHEDULE 4: INCOME & EXPENSES

#### GUEST POLICY:

**GOALS:** The Guest Policy applies to Temagami First Nation Seniors and Disabled Independent Living Complex.

Is designed to:

- a. Enable tenants to have live-in guests for up to **one month** out of a calendar year.
- b. Ensure all tenants, including those who join the household, maintain the same high standards as other tenants in the Complex.

#### DEFINITIONS

- a. Visitors:
  - a. Persons who visits the/a tenant, but whose principal address is outside the Complex.
  - b. Visitors may come to the unit as frequently as the tenant invites them.
  - c. Very frequent visitors may be asked to demonstrate they have a principal address outside the complex.
- b. Guests:
  - a. Any tenant may invite guests into their unit for up to **one month's** stay without gaining written permission from the TFN.
  - b. If the guest insists on staying, then the TFN may evict the entire household.
- a. Tenants: Persons who have signed a Rental Agreement, and enjoy all the rights and responsibilities of tenancy.
- b. Unnamed Occupant: Person who has not signed a rental agreement with the Temagami First Nation, and who has no legal right to occupy the rental unit.
- c. Support Person:
  - a) Person who provides support to the tenant and may be a live in support person.

- b) If the tenant no longer requires a support person, that person does not have any right to remain in the unit.

**UNREPORTED STAYS**

The TFN may hear from a third party that an unnamed occupant **may** be staying in the unit.

In this case:

- a. The housing coordinator will phone the tenant to ask for clarification. A letter will be sent if a phone call does not receive a response.
- b. If it is established there is an unnamed occupant living in the unit the TFN will inform the tenant that the unnamed occupant must vacate the premises.

**RENT**

The tenant shall pay the First Nation the sum of \$ **600.00** per month payable by direct payment from tenant's bank account to the Temagami First Nation bank account on the first day of each month and every month for the Term of Rental Agreement.

**PAYMENT POLICY**

- a) Rent is due on the first (1<sup>st</sup>) day of each month;
- b) Via: electronic file transfer from tenants bank to Temagami First Nation bank account;
- c) Rent payments will be made directly from the local Ontario Works and/or ODSP office;
- d) The Primary Tenant will be notified in writing 60 days prior to any rent increase;
- e) Payment review is carried out monthly by the housing department;
- f) Default of payment policy will result in immediate notice of eviction.

**RENTAL RATES**

- a) Tenant will pay the amount of \$600.00 per month rent.

**SERVICES PROVIDED:** The monthly rent paid will include the following:

- a. Refrigerator
- b. Stove
- c. Water/Sewage
- d. Hydro
- e. Laundry

**ADDITIONS TO RENT:**

In addition to the above payments, the First Nation will add to the rent due and payable by the Tenant:

- a. any unpaid invoices payable by the Tenant, under this Policy and Rental Agreement;

**FAILURE TO PAY RENT**

Tenant(s) who fail to pay rent and any outstanding unpaid invoices will result in immediate notice of eviction.

**DEBT RECOVERY**

- a. Debt will be sent to Collections.

**TERMINATION OF TENANCY BY THE TENANT– SEE TFN HOUSING POLICY****DAMAGES AS A RESULT OF FIRE– SEE TFN HOUSING POLICY****MAINTENANCE – SEE TFN HOUSING POLICY**

- a. TFN RESPONSIBILITIES
- b. TENANT RESPONSIBILITIES:

**HOUSE PETS:** Tenant is allowed one pet only.

- i. **CAT** spayed or neutered; 20 lbs. or less
- ii. **DOG:** spayed or neutered: 20 lbs. or less

**EVICTION – SEE TFN HOUSING POLICY****INSPECTIONS– SEE TFN HOUSING POLICY**

**To obtain an application for the  
Seniors & Disabled Independent Living Complex  
contact Elizabeth Potts at the Administration Office, 705-237-8943  
or by email [elizabeth.potts@temagamifirstnation.ca](mailto:elizabeth.potts@temagamifirstnation.ca).**

**The application and affordability analysis can also be found online at  
[www.temagamifirstnation.ca/housing-department](http://www.temagamifirstnation.ca/housing-department)**



# TFN JUSTICE CAREER DAY A SUCCESS

We want to extend our thanks to all of the attendees of our Justice Services Career Day. It could not have been a success without you.

This was an event to showcase the many different career paths that exist within the field of Law and Justice, while at the same time, showcase and recognize our very own Temagami First Nation members that have achieved successful careers in Justice Services.

We had the opportunity to hear encouraging words from, Honourable Catherine Mathias-MacDonald, Judge; Holly Chrayna, Justice of the Peace; Leanna Farr, Lawyer; Darren Saville, Conservation Officer-MNR; Jessica Mattias CAS-North Bay and Kaitlyn Mattias, Correctional Services Student. Other guests included Dan O'Mara, Temagami Mayor; John Vanthof, MPP and Reneé Taylor OPP Recruitment. The head of Aboriginal police service out of Orillia, Ontario

We would like to extend a special appreciation to our sponsoring partners, Temagami First Nation Chief & Council, Gezhtoojig and Aboriginal Building and Construction Services.

Thank you also to Alex & Mike Paul Sr. that cooked and donated a great deal of the fish and to Doreen Potts Health Center.

From the Temagami First Nation Justice & Victim Service Team/Committee

*Photos Courtesy of TFN Justice Services Department*



Jessica Mattias, CAS North Bay



Honourable Catherine Mathias-McDonald, Judge



Leanna Farr, Lawyer



Chief Arnold Paul



Kaitlyn Mattias, Correctional Services Student



Holly Chrayna, Justice of the Peace

## A Message From Justice Minister David Lametti

Thank you for the invitation to such a wonderful event being held on the traditional unceded homelands of the Teme-Augama Anishnabai. Unfortunately, I am unable to attend in person.

I believe there is something powerful in the concept of being the change you want to see in the world. As a law professor at the University of McGill in Montreal, the Indigenous students I had the privilege of teaching were a true testament to that concept. It was an honour to witness many of my students rise to hold important jobs in the legal profession. However, the ones who really stood out for me, were the ones who chose to use their legal education to give back to their communities.

True reconciliation in Canada means that all First Nation, Métis and Inuit children must benefit from the opportunities that this country provides. We clearly still have a lot of work to do to make this a reality for Indigenous children in Canada, but we need to ensure that no one is left behind.

I also recognize the oppression Indigenous peoples have faced, and continue to face. While we cannot change history, we are working to right persisting historic wrongs. The Government of Canada believes in renewing its relationship with Indigenous peoples and addressing the lasting impacts of colonialism.

I believe the revitalization of Indigenous laws and perspectives on justice plays an important part in this regard. To do this properly, we need people working both within and outside the system whose life experience, perspectives and expertise will provide us with the greatest insights into the work that remains before us.

The federal government recognizes the importance of revitalizing Indigenous legal systems. We know that Indigenous law institutes, in partnership with Indigenous communities, can play crucial roles in understanding, developing and implementing Indigenous laws. We must work towards supporting Indigenous legal systems and empowering Indigenous people to play central roles in the administration of justice throughout Canada.

You all have the potential to play an important role in making these goals a reality by considering a career in the justice field.

Your participation today exemplifies your commitment to give back and the importance you place on your community. You are making the positive change that we as Canadians all aspire to see.

Sincerely,

The Honourable  
David Lametti  
Minister of Justice and  
Attorney General of Canada



# Welcome **WILLOW ALY DOUGLAS**

Hello everyone,

Willow Aly Douglas was born on August 6, 2019 at 8:49am and weighed in 7lbs 11.5oz. She is the sweetest little girl and has a very proud big brother! Willow is the granddaughter of TFN member Rhonda Etmanski and great-granddaughter of TFN member Marjorie Roy (Turner).



I am looking forward to seeing everyone back at the Band Office in August 2020 when I return from maternity leave! Until then, wishing everyone a safe, healthy and happy year!

-Megan

## Bineshiinyag ~ Birds

B C O B J M T P R R N R C R O C B N Q H  
 F A T V I U U I R B V O M F H K G A C G  
 I B G J G Z M A R I M Y Y T K Y K G H S  
 B H O E J H P T D G E D N A A F S N I B  
 O N A P I A P U W C E M A J W U E I O G  
 Q E F A G A X L B E E N G Z C H I G S I  
 Z B Y A A W G U S C G Y F U S F B M E I  
 M I O P A N P O R I A A E I U P Q H I S  
 S I E A N O M T S A Q C I Z J C N H M H  
 I H A A E B M A S L H W I A J I C A Q K  
 Q S Y S S I A H J P G G T K I I A H N M  
 Y I C E H N K P F N H C H H P N Y A K A  
 I I T N I E Z E I I U K S S G C V H X N  
 I H M H I S I N Z B R P Q O P L K U G S  
 Z Z U S N H G I A V A F G O O A P H W I  
 B F K H H I G Q Q A P R O M I E H P J I  
 A P I W T I H B K M Z X B B I L N O G S  
 A Y J M M N G A L V W A G W P T V I R C  
 W E E L F H A N M I I M I I F J L Q B F  
 W M W B C K T L H S I I W G N I I W G B

### Word Bank

Gyaashk  
 Migizi  
 Pichi  
 Miimii  
 Waabzii  
 Paapaasenh  
 Kaakaapshiinh  
 Zhiishiibenh  
 Gwiingwiish

Asignaak  
 Giishkmansii  
 Zhaawnobineshiinh  
 Maang  
 Mooshkaz  
 Jigjigaaneshiinh  
 Memtigningwiishenh  
 Aandeg  
 Bine



**TEMAGAMI**  
FIRST NATION

# SEPTEMBER 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

|  |    |   |    |                                       |   |    |  |    |  |    |  |    |  |    |   |
|--|----|---|----|---------------------------------------|---|----|--|----|--|----|--|----|--|----|---|
|  | 1  | LABOUR DAY  | 2  | Sewing @ DPHC<br>6:30pm               | Elders Drop in<br>1-3pm, Elder's Bldg   | 3  | Elders Drop in<br>1-3pm, Elder's Bldg                                | 4  | MASTER LAND USE PLAN - ENGAGEMENTS SESSIONS<br>Bear Island - LMLC<br>5:00pm-8:30pm | 5  | Nutrition BINGO<br>12pm DPHC                       | 6  | GRAMPSTOCK   | 7  | JOINT ASSEMBLY<br>- Temagami Arena<br>9:30-4:30 |
|  | 8  | Sewing @ DPHC<br>6:30pm<br>Regular Council Meeting 7:00pm<br>Elder's Bldg | 9  | Sewing @ DPHC<br>6:30pm               | Mining Info Session<br>1-6pm, Elder's Bldg<br>DIY Bath & Beauty<br>6-8pm DPHC | 10 | Men's Dinner<br>5:30pm DPHC<br>Elders Drop in<br>1-3pm, Elder's Bldg | 11 | Healthy Dinner -<br>5:30-7 DPHC<br>INFO SESSION<br>7-8pm LMLC                      | 12 | Elder & Youth Movie<br>Night, 7pm,<br>Elder's Bldg | 13 | Enrichment Policy<br>Consultation<br>10am-4pm LMLC | 14 | Spaghetti dinner @5pm<br>CONCERT @7pm           |
|  | 15 | JOINT ASSEMBLY<br>- Temagami Arena<br>9:30-4:30                           | 16 | Sewing @ DPHC<br>6:30pm               | Men's Dinner<br>5:30pm DPHC   | 17 | Lunch & Learn<br>12pm DPHC   | 18 | Gezhoojig Employment<br>Outreach 9:30am -<br>12:45pm L&R                           | 19 | Women's Dinner<br>5:30pm DPHC                      | 20 | 21   | 28 |   |
|  | 22 | Sewing @ DPHC<br>6:30pm   | 23 | Elders Drop in<br>1-3pm, Elder's Bldg | 24  | 25 | 26   | 27 | 28   |    |  |    |  |    |   |
|  | 29 | Sewing @ DPHC<br>6:30pm   | 30 | 10Oct                                 | 2   | 3  | 4  | 5  |  |    |  |    |  |    |   |