



# JULY 13TH & JULY 14TH

Host Drum - High Ridge Moose Factory

Co Host - Eagle Flight London, ON
Invited Drum - Wossnohdeh Jrs Wikwemikong

Head Vet - Philip Moore Batchawana FN

MC - Roger Assiniwe Wikwemikong

Arena Director - Rodney Stanger Timiskaming FN

Male Elder - Louis Councillor Fort Frances

Female Elder - Virginia McKenzie Temagami FN

Head Male Dancer - Tory Fisher Nipissing FN

Head Female Dancer - Janice Wabie-Breault Timiskaming FN

Head Male Youth Dancer - Zachary Senf Temagami FN

Head Female Youth Dancer - Sadie Turner Temagami FN

# Grand Entry – NOON Saturday & Sunday Feast Saturday 5PM

#### CONTACT

Tyler Paul or Band Office 705 237 8900 – 705 237 8943 tyler.paul@temagamifirstnation.ca tfn@temagamifirstnation.ca

> Vendors Contact Band Office for info tfn@temagamifirstnation.ca Phone - 705 237 8943

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**Bear Island Blast Submissions** can be sent to communication@ temagamifirstnation.ca or call 705-237-8943

**CONNECT WITH US** temagamifirstnation.ca







# **NOTICE**

# REGULAR COUNCIL MEETING **MONDAY JULY 8, 2019 Lands & Resources Office** 7:00pm

In regards to band members who wish to raise a matter – Any additional agenda items are to be submitted in writing and in person to the Band Office or via email to tfn@temagamifirstnation.ca the Friday preceding each council meeting by 4:30pm.

For Webex (live web broadcasting) login instructions please contact Courtney Saville, WebEx Technician Email: courtney.saville@temagamifirstnation.ca or call 705-237-8943/1-888-737-9884

# RECORDS, RECONCILIATION, & YOUR RIGHTS

7th Generation Image Makers

#### For contact information for Ontario CASs, visit

www.oacas.org/locate

There is risk that disclosure of records could trigger traumatic memories. We encourage you to access personal and community -based supports.

If you are in crisis or would like counselling, please call the toll-free Hope for Wellness Help Line at 1-855-242-3310 or connect to the online chat at hopeforwellness.ca.

Indigenous Community Resources

- > Aboriginal Health Access Centre https://www.aohc.org/find-a-centre
- > Friendship Centres http://www.ofifc.org/
- > Programs for Indigenous women and their families

http://www.onwa.ca/programs

You may also wish to access general information on health and community services:

https://211ontario.ca/

http://thehealthline.ca/

Our commitments for **Indigenous Records Disclosure Services:** 

#### What are child welfare records?

CASs keep file records about the children and families they have worked with. Depending on the work, there may be several records that deal with you and your family. There maybe an adoption record as well if you were adopted.

#### I lived in many different areas. How do I get records?

Contact a CAS from one of the areas you have lived. That CAS will work with CASs across Ontario to produce one package containing the records.

#### My loved one is deceased. How do I get records?

Contact a CAS where your loved one lived, and that CAS will speak with you about your circumstances and process your application.

#### Do I have to come to your office?

You can choose how you would like to receive your disclosure package, whether in person or by other methods. If you choose to meet in person, the CAS will ask you where you would feel most comfortable receiving services and make arrangements. You are welcome to bring a support person along to any meetings.

#### What will I get?

You will receive your personal information in the form of copies of original documentation.

#### Why is some information on the records blacked out?

If the records contain private information about someone else, and the CAS does not have permission to release it to you, the CAS must remove their information by law. If you were adopted, privacy rules also apply. If anything has been blacked out or taken out of the records, the CAS will explain what was altered and why. You have a right to have your questions answered.

#### What if I don't think the records are correct?

If there are any concerns with the records, please discuss your concerns with the CAS and request it be corrected. The CAS is responsible to ensure that personal information is complete and accurate.

#### What records do I need for the Sixties Scoop Settlement?

Child welfare records are **not** required, but you have the right to obtain them. If you would prefer not to receive records, you can request a summary to attach to your settlement application. Contact a CAS where you lived to discuss your preference. Read about the claim at: https://www.sixtiesscoopsettlement.info/

Accessibility | Accountability **Self-Determination | Support Cultural Sensitivity** 







# TEME-AUGAMA ANISHNABAI & TEMAGAMI FIRST NATION JOINT ASSEMBLY



June 15, 2019 - Members gathered at the Laura McKenzie Learning Centre for another Joint Assembly. The assembly opened with a group of drummers which included, Tyler Paul, Chris Couchie, Jesse Chaput, Roger Assiniwe, Jamie Saville. Wayne McKenzie and Aaron Nelles. Between the rhythmic song and Councillor Mary Laronde's recount of the Teme-Auguma Anishnabai commitment statement, the group of Chiefs, Councillors and members were reminded that we come together to work with good minds and good words and work towards flourishing with respect and integrity.

Chief Randall Becker began with his update, firstly, that the negotiations lawyer, Bruce McIvor was unable to attend due to a delayed flight. Secondly, he went over the budget and informed us on the fact that his office administration is far too busy and that a second employee would be necessary.

Chief Becker went on to talk about his plans to host a Youth Summit to show appreciation and investment in the youth members. He is planning a concert during the Summit with rapper OSO and electronic powwow group A Tribe Called Red. Additionally he intends to set up outpost camps in which it would elevate our physical presence and authority of n'Daki Menan. They have implemented a registration process of these outposts and folks can register with Chief Becker or his EA, Natasha Fortin at the Daki Menan L&R office. Councillor Mike Paul explained how he plots all outpost cabins with GPS coordinates and photographs them and through the Lands and Resources office they share that info with the MNR. They also document the lands being used by non-members.

At 11:00 am we got word that Bruce McIvor was available to speak to the group via telephone so the group took the opportunity for legal clarity on questions asked in the last meeting such as the proper wording to use in the resolution brought forth. Bruce suggested we resolve to "intervene as a party, without prejudice". He went on to explain that unless we intervene we have no further recourse on decisions. Leanna Farr asked if \$50,000, as outlined in the resolution is a logical amount. She recounted her experience with similar legal work and that the cost of doing what seems like less than what Mr. McIvor intends, costed more. Bruce said that there could be costs up to \$65,000 for fees but that the Crown has agreed to cover reasonable costs for all of the interveners.

After lunch the polls opened for the secret ballot second vote on the matter. As outlined in the notice the polls were open for members to vote from 1:00 pm to 4:00 pm on bringing the motion to participate with intervener status in the Restoule Appeal.

During the secret ballot second vote Councillor Mary Laronde showed the group her Windaben Stewardship Authority presentation. Mary spoke with purpose and passion for reinstating the program. She suggested that we need to harness the moment and become leaders on environmental issues like land and water because the world is finally starting to listen. They are looking to us and are coming to realize that we as Indigenous people have always lived in a more harmonious way with nature. She suggests that it is now our time to guide and lead colonial Canada with the wisdom of our ancestors. She also gave a shout out to the TFN Lands and Resources office where they are doing a great job at managing such a vast amount of land.

Member, Leanna Farr suggested that TFN appoint a Water Commissioner, preferably a youth, much like Anishnabek Nation did. She mentioned that the Impact Benefit Funds should be allotted to this sort of initiative which includes environmental protection and monitoring rather than to pay lawyers fees.

Councillor Wayne Potts then spoke about our need to step in on environmental protection more, particularly when the government sprays instead of cutting trees. Councillor Doug McKenzie agrees and suggests that when there is a notice published about spraying, the people need to go to those areas and occupy that land. If there are people there, they can't spray.

Chief Becker discussed the TAA Citizenship Committee. He told the group that the application process was complete and TAA Council had to meet to strike the committee

The group went on to discuss economic development endeavors. Chief Becker suggested the community begin thinking about taking steps towards opportunities in the medical marijuana field, not as a grower but as a dispensary. He figures it would lead to financial gains and also be a means of asserting jurisdiction over n'Daki Menan.

The meeting adjourned but the polls remained open. There were gift card door prizes handed out and the drummers closed the meeting.

At 4:00pm the votes were tallied and the motion to intervene had been defeated. 26 in favour, 30 opposed and 1 abstention.

# **HONOURING OUR VETERANS**

# Chief Arnold Paul reminds us to commemorate the memories of our fallen soldiers

Powwow season is upon us and one of the staples in these celebration ceremonies is the reminders of the veterans who fought for Canada. While there are a lot of unnerving historical incidents, we honour these men for their strength in character in proving that rising above and generosity of self holds more dignity than anger and resentment.

Levi Oakes, the last Mohawk code talker died on May 28, 2019. He was from the Akwesasne Mohawk reserve and registered in the U.S. army at age 18. He served in New Guinea and the Philippines until the end of the Second World War. Oakes received a Congressional Silver Medal in 2016. He was recognized at the Assembly of First Nations and in the House of Commons last year, and had a private meeting with Prime Minister Justin Trudeau.





On the subject, it's important to pay tribute to our own fallen veteran, Tom Saville who went to the spirit world on Friday, February 16th, 2018. Husband to Katie Turner, a WWII vet herself who passed in 2000. Tom was trained for the invasion of Normandy and eventually landed on the beaches of France a couple of weeks after D-Day. He was given the Queen Elizabeth Diamond Jubilee medal in a ceremony in North Bay before he passed. After the war he came back to Obabika Lake and worked as a trapper and a guide.

Reference: national post.com, Survivor Diaries, published buy Temiskaming Printing Co.



The class action lawsuit has finally been resolved. If any member identifies as a survivor of the 60's Scoop the TFN Band Office has applications that need to be filled out and submitted **before**August 30, 2019. Survivors stand to receive between \$25,000 and \$50,000 if their applications are accepted. Applications can also be downloaded from www.sixtiesscoopsettlement.info.

Please contact Chief Arnold Paul or Band Office Administration at 705-237-8943 with any questions or to get an application.

### **SEWER LINE MAINTENANCE**

Ways to avoid build-ups that can result in raw sewage backing up in your house

#### Please do not flush in toilets:

- Cleaning rags/mop heads/ baby wipes/baby wipes and "flushable" wipes
- Uneaten Foods cereal, soups/ cooked food containing grease
- · Grease/Cooking Oil

- Toys
- Unused Prescriptions
- Cigarette butts
- Sanitary napkins/diapers
- Paper towel & Paper
- Cat Litter and/ or waste

### Please keep kitchen/bathroom drains free from:

- Hair Build-up
- Toothpaste caps
- Orange peels
- · Grease/cooking oil
- Coffee grinds
- Eggshells

Chi-miigwetch in advance for your co-operation! Questions? Call Infrastructure at 705-237-8600



# **NOTICE: NO DUMPING**

### AT FLYERS BAY SITE

This site is not available for dumping ANY TYPE of garbage. The scrap metal at this site is for a future recycling program that will be executed later this summer.

#### **Friendly Reminders**

Wood dump- available for burnable wood.
C-Can at Water Treatment Plant- available for electronics, paints, batteries etc.

Dump site dumpsters-labeled for the following:

Compactable household garbage (green compactors) Non-compactable garbage- i.e. beds, couches, etc. (see below) Steel / metal bin (See below)

Recycle Bins for household recyclables



Miligwetch for helping to manage the waste on Bear Island!

If we all do our part, it will keep our water and homeland safe and clean for our future generations.

Questions? Call Infrastructure @ 705-237-8600

# A New Parking Zone has been created....

# On top of the hill by the Ferry Parking Area





Due to increased construction, contractor parking, equipment and materials; the lower break wall area <u>will not</u> be available for vehicle parking. This also includes 4 wheelers or any motorized vehicles.

The above outlined area is designated for parking.

# The break-wall area is still available for loading and unloading purposes.

Sorry for any inconvenience this may cause.



Thank- you for your co-operation!

Questions? Call Infrastructure @ 705-237-8600

June 14, 2019

# **Multi-Use Facility Project**

Here is an update on the Multi-Use Facility (MUF) Project of how the project is going and what to expect to see happening in the weeks ahead.

#### **Community Update**

We had a sewer flush on Wednesday, June 12 as part of our maintenance program on the sewer system. We also have set up for the grader to come to the island and give the roads a much needed grade on Tuesday, June 18 and the dust suppressant application is scheduled for Thursday, June 20th. We recently sent the grey (small) barge out for service as it was acting up. The ferry boat is also getting serviced on Friday, June 21st and the barge is scheduled for service on the morning of June 25th.



We purchased some new floating docks to increase docking space. They were delivered on June 12 at the Mine Landing and are getting installed over the next week or so.

We got the locates to dig a trench to run cable from the warehouse to the gas tank and Temagami Electrical was onsite on Friday to make the connection.

There is a lot of heavy traffic and equipment on the island so please be safe around the roadways.

A reminder about our call out for resumes for those looking to seek work with the contractor for the Housing Project. Also, anyone that has housing available for the contractor, please forward your information so we can pass it on. Details on these have been posted on the website and on facebook. Don't forget to checkout our training opportunities as well!

#### **Lake Temagami Access Road/Mine Landing**

Traffic on the Access Road is quite busy. Please give yourself extra time when traveling the Mine Road as the large vehicles are difficult to pass. Aggregate trucks are hauling regularly down the road with materials and equipment deliveries also coming down the road daily.

The Mine and Manitou Landings are getting busy. The Barge continues to be steady with trips for both construction projects

on the island. We have been squeezing some trips for the community when available. The contractor area at the Landing is also busy with everyone getting back into the swing of things.

#### What's Happening at the Work Site

MUF Project

We are now starting to see more activity on the exterior of the building with the rest of the windows being put in and the air barrier and foam insulation going up. The strapping is also going up in preparation for the wood siding.





# **Bi-Weekly Update by Capital Projects Department**



Masonry and siding is expected to start being installed over the next couple of weeks.

On the right is a picture of a bulk head and the insulated ductwork. Below it is a picture showing some bulkheads that will hide all the wiring and plumbing in the reception area.



On the left you can see just inside the Finance and Administration entrance. There's a very high ceiling there and once finished, it will look very nice.

The kitchen equipment has been ordered and will begin to get installed in June.



The electrical panel in the MUF is installed and we are waiting on Hydro One to get the main panel energized so they can get rid of the temporary panel.



In the photo on the left you can see the windows looking south from the Gathering Hall. Below it is a photo showing the view from the kitchen next to the Council Chambers.

#### **Housing Project**

As the sites begins to develop, parking at the docks will be restricted to drop or pick up only. The contractor will using the area for their equipment and materials. Infrastructure staff has created a new parking area at the top of the hill for vehicles to park. We apologize for the inconvenience and thank

you for your patience and understanding. On the right is a picture showing the area and you can see the parking lot being used at the top of the hill and Canor's C-can for materials and supplies.

There are large trucks with aggregates going from the barge landing to the pit regularly as well as from the work site to the pit with excavated material from the work site. Hydro One was in the community to move a pole that was located within the building footprint of the Elders Housing Complex. Canor also dug a trench in preparation for the installation of water and sewer services. Please stay tuned for other notices as we get closer to the installation dates.

Expect the site to get quite busy over the next couple of weeks. More materials will be getting delivered. Please note that we will be limiting the parking area at the site to loading and unloading only as construction starts. Infrastructure Staff created a parking area at the top of the hill for people to park if they intend on leaving their vehicles.



Please be safe around roadways on the island. With a lot of traffic and many large vehicles traveling on the roads, we want everyone to be safe. Please watch out for the large vehicles because they are much more difficult to maneuver than a smaller truck or car is.



# Temagami First Nation Community Outreach

Reg Canard will be available to meet with you in the community.

Where	Date & Time
Bear Island - Lands & Resources Office	Thursday, July 25, 2019
705-237-8600	9:30 am - 12:45 pm

#### **Unemployed & Looking for Options?**

Are you Indigenous or a member of one of these First Nations?

- Henvey Inlet First Nation
- Magnetawan First Nation
- Shawanaga First Nation
- Wasauksing First Nation
- **Dokis First Nation**
- Wahnapitae First Nation
- Temagami First Nation

#### Purchase of Training:

- For full-time programs (20+hours/week)
- Must obtain diploma within 52 weeks
- If eligible, funding may be available for tuition, books/supplies, transportation, dependent care, and living allowance



Apprenticeship:

- Wage Subsidies available for Registered Apprentices
- Purchase of Training for In Classroom Offer of Training

Wage Subsidies:

50% of wage for full-time jobs Mobility:

Assistance to attend job interview

Relocation: Assistance to relocate for a full-

time job

**Employment Support:** 

Up to \$250 to start a full-time job Self Employment Information Administer Second Careers



Gezhtoojig Employment & Training, 117 Elm St., Unit 102, Sudbury, ON P3C 1T3 Tel: 705-524-6772/Toll: 1-800-361-9256/Fax: 705-524-5152 www.gezhtoojig.ca



June 13th, 2019 Mike Polson and Meghan Pilon headed to Temagami to volunteer their time and assist the Temagami Area Fish Involvement Program (TAFIP) with dispersing walleye fry into designated lakes within n'Daki Menan. It was a very successful day; we were able to help disperse 10 bags containing approximately 1000+ fry at 5 different locations. 10% were returned back into the spawning site and approximately 60,000 were deposited into the Sherman rearing pond. Come August fingerlings will be ready to be dispersed back into the designated areas. We are looking forward to lending a helping hand once again in August. If you would like to volunteer with the TAFIP please contact Ike laba 705-569-3252. The TAFIP is located at 19 Lakeshore Drive Temagami ON.



By: Meghan Pilon

Natural Resource Technician 705-237-8600 resourcetech@temagamifirstnation.ca



# We want to hear from our youth (ages 13-30)!

Our community is creating a Master Land Use Plan, which will guide the development of our lands. We need your help determining the Vision, Goals and Priorities that will direct the creation of the Master Land Use Plan. Come to an Open House to provide your feedback and have a say in how your community will develop in the future.





There will be a presentation shortly after 6 PM, followed by interactive visioning activities.

For more information, please contact: Audrey Guppy, Land Code Implementation Coordinator landcode@temagamifirstnation.ca, 705-237-8600

From the desk of

# Resource Development Advisor **David Laronde**



### **Geological Mapping Field Day for Youth**

I'm taking names for any youth who would like to go "geological mapping" for the day with a field crew from the Ontario Geological Survey. They will map rock types, take measurements and sample while explaining what they are doing and how it all ties in to a bigger picture of economics. The field crew will be active in the area late July and early August.

The mapping is being done to update the database of the Temagami area. The intention is to give youth who are interested in earth or environmental sciences exposure to ongoing fieldwork. If you are considering tagging along for the day you should be prepared for outdoors with a jacket, good footwear, long sleeved shirt and a hat to keep the flies out. Safety glasses will be supplied.

If you are interested in this opportunity or want more information contact David Laronde at the Lands office (705)237-8600 david.laronde@temagamifirstnation.ca

# INFORMATION FROM THE TFN MEMBERSHIP OFFICE

**TFN Lands & Resources** 

by Sheri Mathias, Membership Clerk / Administrative Assistant

# ESTATES MANAGEMENT AND WILLS WORKSHOP - SEPTEMBER 2019 (DATE TBA)

The best way is for all individuals to manage their own estates by writing a <u>Will</u> and naming a loved one to administer their estate to ensure that wishes are carried out after their death.



# COLLABORATIVE PROCESS REPORT TO PARLIAMENT

The Government reported that Bill S-3, eliminated all sex-based discrimination from the registration provisions in the Indian Act.

The report to Parliament reflects what was heard during the consultation discussions and has provided important feedback on other remaining inequities, which must be addressed.

- 1) Removal of the 1951 cut-off from the Indian Act;
- 2) Remaining inequities related to registration and membership;
- 3) How to go about transferring the exclusive responsibility for the membership and citizenship to First Nations.

Collaborative Process report is available online @

https://www.aadnc-aandc.gc.ca/eng/1525287514413/1525287538376

Sheri Mathias, membershipadmin@temagamifirstnation.ca | 705-237-8600

For Registration forms please contact the Membership office or online @ www.canada.ca/indian-status or call 1-800-567-9604.

## **Economic Development Report**

# **Economic Development Strategy Community Engagement Session #2**

### Tuesday, July 16, 2019, 5:30 pm **LMLC Gymnasium**

#### 1) Results of Visioning Exercise.

A Community Engagement Session was held at the LMLC on June 12th, 2019. Very special guest **Mary Laronde** facilitated a Visioning / Mission exercise with the community.

The purpose of the engagement was to develop, from the ground up, a Vision and Mission statement for Temagami First Nation's **Economic Development Strategy**, with an Asset Inventory and List of Stakeholders with whom to take into consideration for the strategy.

From this session, the Economic Development Advisory Committee finalized both a Mission and a Vision for the TFN Economic Development Strategy.

Mission Statement: To give members of the Temagami First Nation the opportunity to achieve success and independence while respecting nature and others, maintaining our distinct language and culture on n'Daki Menan.

Vision Statement: To be successful and independent while maintaining culture, respect and sustainability.

#### **Community Engagement Session #2**

- 1) We will review our **Asset Inventory** and **Stakeholders lists.** These will be on view for our strategic assessment exercises.
- 2) We will perform a Stakeholder and Partners priority exercise. We will be placing our stakeholders into three categories:

#### see next page

John Shymko, Economic Development Officer, Temagami First Nation, 705 237 8600 ecdev@temagamifirstnation.ca

# **Economic Development Report**

# **Economic Development Strategy Community Engagement Session #2**

- A. Essential The process could fail without their involvement
- B. Important Implementation may suffer without their involvement
- C. Minor Nice to have, but not critical to the process
- 3) We will perform a **Strategic Assessment** exercise. We will list the community's economic strengths, areas to improve on, and potential opportunities to build upon.

What are our strengths and what are we doing well? Where could we improve?

- 4) **Identifying Strategic Areas.** While the Vision captures an overall ideal, this step clarifies which economic development areas will be targeted to achieve the vision. Once these categories are established, setting goals for these areas will pave the way for strategizing and monitoring progress. Using our Vision statement as our desired outcome, "**To be successful and independent while maintaining culture, respect and sustainability,"** we will discuss what we need to have in place to achieve this vision. We will create a list with items such as Community Promotion, Tourism Marketing, Skills Training, Startup Business Development, Community Infrastructure, Marketing Local Products, etc.
- 5) **Creating Strategic Area Goals.** This helps to establish the priorities and values of the community. It helps act as a target to work towards.

For each strategic area, we will discuss key goals we want to see achieved.

The goals should be **SMART.** SMART goal-setting is:

S pecific: identifies what will be accomplished

 $\textbf{M} easurable: change \, can \, be \, tracked$ 

Achievable: is supported by the available resources
Relevant: relates to community needs and overall vision
Time-bound: should be grounded by the plan's timeframe



John Shymko, Economic Development Officer, Temagami First Nation, 705 237 8600 ecdev@temagamifirstnation.ca

# **Economic Development Report**



LAKE TEMAGAMI, ONTARIO POH 1CO TEL 1.888.737.9884 or 705.237.8943 tfn@temagamifirstnation.ca www.temagamifirstnation.ca

#### **NOTICE - CALL FOR PROPOSALS**

The Economic Development Advisory Committee **Invites Proposals Under The** 

#### **Economic Development Funds: SMALL BUSINESS GRANT POLICY**

The Economic Development Advisory Committee is now accepting applications complete with a business plan / proposal for Small Business Grants.

The deadline to apply is **Tuesday**, **September 3rd**, **2019 at 4:30 pm (EST)**. All applications received or postmarked by Canada Post no later than the deadline date will be accepted. Email submissions also accepted by the deadline.

Up to 3 grants may be awarded; up to \$5,000 each.

Applications can be mailed to:

Temagami First Nation,

General Delivery, Bear Island, Ontario, Canada POH 1CO Attn: John Shymko, Economic Development Officer

Or emailed to: ecdev@temagamifirstnation.ca

Please review the policy, eligibility and criteria online at www.temagamifirstnation.ca under Services and Departments/Economic Development

It is extremely important to complete the application in full, and to read the scoring criteria on the first page of the application.

THIS CRITERIA IS HOW THE APPLICATIONS WILL BE SCORED AND WILL DETERMINE WHO WILL RECEIVE THE GRANTS.

#### Questions regarding your submission:

John Shymko, Economic Development Officer 705-237-8600 Email: ecdev@temagamifirstnation.ca

Please confirm that your application was received.

John Shymko, Economic Development Officer, Temagami First Nation, 705 237 8600 ecdev@temagamifirstnation.ca

## **Economic Development Report**

# Canoe House Collective Workshop Series

The **Canoe House**, with TFN Economic Development, will be presenting a series of cultural workshops.



The Canoe House Collective is a group of creative artists, craftspeople, artisans and musicians who work together to support and promote the work of every member of the collective and to the benefit of the community as a whole.

It's main goal is to support local and Indigenous artists and to initiate and support Indigenous platforms.

The **Canoe House** will be offering a series of workshops over the summer on a weekly

basis, excepting long weekends, usually on Tuesday evenings.

Our inaugural workshop will be on the first weekend of July.

These workshops will be presented to the community by the



community, with the presenters of the workshops receiving all funds from registration.

Our workshops for July will include:

July 6 Story Telling

July 18 Art and Painting with James Faubert

July 25 Mini Canoe Workshop

Registration costs will cover presenter's wages as well as any material needed for the workshop.

For more information, please visit the Workshops Facebook Page at www.facebook.com/canoehouseworkshops or call the Canoe House at 705 237 8436.

John Shymko, Economic Development Officer, Temagami First Nation, 705 237 8600 ecdev@temagamifirstnation.ca



#### LINE CREW GROUND SUPPORT TRAINING

START DATE: AUGUST 26, 2019

**Location: Cambrian College, Sudbury Campus** 

#### **15 WEEK CERTIFICATE PROGRAM**

Gezhtoojig Employment and Training in partnership with the Infrastructure Health and Safety Association and Cambrian College are seeking interested ABORIGINAL participants for this 15 week job readiness program.

This program will prepare individuals for integration into employment opportunities in the Power Line and Construction sector. As new power grids and infrastructure projects are being developed across Canada, the need for skilled workers in these industries are increasing.

This program is designed to prepare the trainee for entry level and pre-apprenticeship opportunities with various power and construction companies seeking safety conscious ready to work employees.

#### **Requirements:**

- ⇒ Valid Drivers License
- ⇒ Grade 12 Diploma
- ⇒ Must be 18 & over

#### **TRAINING MODULES**

- WHMIS
- Construction Health & Safety
- Traffic Control Temp. Work Zones
- Defensive Driving-Commercial
- Hoisting & Rigging-Basic Safety
- Mobile Crane Operator 0-8 Ton
- Anchors
- Elec. Safety-Hydrovac Operators
- Equipotential Grounding & Bonding
- Pole Line Construction ...
- 1) Climbing 2) Framing 3) Theory
- 4) and Transformers
- Introduction to Electrical Theory
- Electrical Safety High Voltage
- · Working at Heights-Fundamentals of Fall Prevention
- Propane in Construction
- Confined Space Hazard Awareness for construction
- Ladder Handling
- MSD Prevention Workshop-Trades
- Safe Pole Handling
- Hydraulic Aerial Equipment
- Rescue Practices
- **Conductor Stringing Methods**
- Chainsaw Operation and Maintenance

FINANCIAL ASSISTANCE IS AVAILABLE

#### TO APPLY SEND COVER LETTER AND RESUME TO:

Ron Sarazin – Special Projects Coordinator rons@gezhtoojig.ca

Gezhtoojig Employment & Training 117 Elm St., Unit 102, Sudbury

PH: 705-524-6772 ext. 202 FAX: 705-524-5152



Visit our website www.gezhtoojig.ca & LIKE US ON











# TRADITIONAL PARENTING with Janet Fox



Janet Fox

June 17, 2019 Community members attended the Doreen Potts Health Centre and had the opportunity to have a full day workshop hosted by Janet Fox. She led in discussions of Traditional Parenting techniques that are more reminiscent of the teachings of our ancestors than todays approaches.

These simple but also complex strategies focus on building and solidifying bonds with the children so that they can feel secure in being their true selves and knowing that they are worthy and wonderful just as they are. The other key in the teachings is to ground the child in nature and to take cues from our environment such as the cycle of the moon and the root Anishnaabemowin words for plant life. All the teaching are there in nature - we just have to pay attention.

She began by discussing a Teaching Bag which she encouraged every family to start a collection that would hold knowledge that could be transferred to future generations. Some ideas on items to include would be a rattle, willow offerings, sweetgrass, baby moccasins and medicines. The idea is to save items that represent the teachings that you as a parent/grandparent value and feel should be carried forward

She also suggested that we, as a community take the time for more ceremonies in commemorating important milestones in a child/youth's growth such as water ceremonies and moontime ceremonies. Janet suggested that a lot of the behavioural issues of children today stem from the fact that we have gotten away from the ways of the past and have been poisoning our bodies for too long with hormone and chemical fuel rather than nutrient packed traditional foods. The disconnec-



Traditional Cree rattle

tion between the children and their cultural identity affects their health in this sense but also their emotional wellbeing is damaged. The prevention is reconnection to the land and the family.

Janet was full of interesting and poignant tidbits of traditional parenting information. She was a dynamic speaker and her passion on the subject was contagious. A community dinner and discussion was held on June 18th.



Janet explaining the benefits of a moss bag

"THE KNOWLEDGE OF OUR ANCESTORS FLOW THROUGH OUR BLOOD AND IT HAS ALWAYS BEEN THERE WITH US".





#### Girl's Spa Night for 6-9 Years of Age

You are invited for an evening of pampering and relaxation!

Treat yourself to some makeup, nail polish, face masks and hairstyling.

> July 10th, 2019 @ 5:30pm - 8:30pm Location: Doreen Potts Health Centre

#### Snacks and refreshments will be provided!

For More Information Contact: Emily Mattias @ 705-237-8900



Girl's Spa Night for 10-15 Years of Age

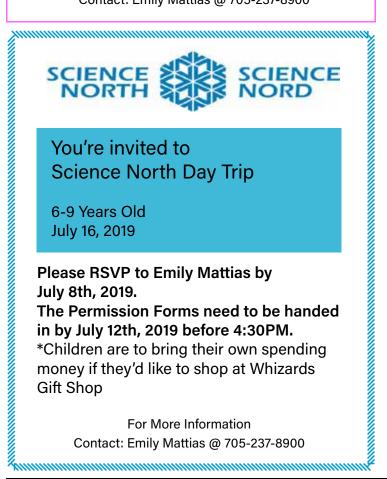
You are invited for an evening of pampering and relaxation!

Treat yourself to some makeup, nail polish, face masks and hairstyling.

> July 17th, 2019 @ 5:30pm - 8:30pm Location: Doreen Potts Health Centre

Snacks and refreshments will be provided!

For More Information Contact: Emily Mattias @ 705-237-8900



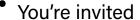
# Science North Day Trip

Please RSVP to Emily Mattias by

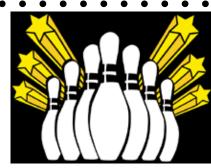
The Permission Forms need to be handed in by July 12th, 2019 before 4:30PM.

\*Children are to bring their own spending money if they'd like to shop at Whizards

> For More Information Contact: Emily Mattias @ 705-237-8900



- Lunch and
- Bowling in
- North Bay!
- 10-15 Years Old
- July 18, 2019



- Please RSVP to Emily Mattias by
- July 8th, 2019 before4:30PM!
- The Permission Forms need to be handed
- in by July 12th, 2019 before 4:30PM.
- \*Children are to bring their own spending
- money if they'd like to shop at Whizards
- Gift Shop

For More Information Contact: Emily Mattias @ 705-237-8900

### 2019 Dance Camp

#### 12th Annual Bear Island Performance

July 29 - August 2, 2019

#### **Led by Christine Friday**

Location: LMLC

Performance on August 2nd at 2:00pm

Please register with Emily at:

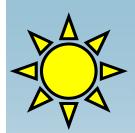
**DPHC** 705-237-8900

fwb@temagamifirstnation.ca

<u>Time</u>	Activity	Age group
9:15-10:00	Creative movement and	4-6
	Dance Class & craft	
10:00 - 10:20	Arrive & snack	7-13
10:20 -12:00	Contemporary Dance, stretch	7 -13
	& strength, cultural activity	
12 – 1	Lunch supervised	
12- 12:30	Lunch for Campers	
12:30 – 1:00 outside/school	Sports Activity	7 – 13
1:00 - 2:15	Choreography/creation	7-13
2:15- 2:30	Break Snack	7-13
2:30 – 3:20	Creating art for performance,	7-13
	t-shirts, back drop, masks and	
	costumes	
3:20 - 4:00	Swimming or video	7-13

This camp will be a combination of Dance, Yoga, Choreography and Sports Activities including supervised swimming. We will work towards a final performance that will be showcased and presented to community, family and friends at the end of the week. We are celebrating our 12th year of the Dance camp. By working together we strengthen our selves our families our communities our Nations!





# Water Camp 2019



#### July 22nd—26th, 2019

Starts at 10am until 3pm

Ages: 6-13

Location: Meet at DPHC

For More Information Call Emily

DPHC: <u>705-237-8900</u>

Email: fwb@temagamifirstnation.ca

#### Water Camp 2019 Schedule

•	Monday	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
10:00 - 11:00	Water Sponge Activities	Beach Day Sand Point	Water Balloon Activities	Water Gun Activities	Beach Day Wanapitei
11:00 - 11:15	Snack	Snack	Snack	Snack	Snack
11:15 - 12:00	Water Sponge Activities	Beach Day Sand Point	Water Balloon Activities	Water Gun Activities	Beach Day Wanapitei
12:00 - 1:00	Lunch	Lunch	Lunch	Lunch	, Lunch
1:00 - 2:00	Swimming @ Government Dock	Beach Day Sand Point	Canoe Around Bear Island	Swimming @ Government Dock	Beach Day Wanapitei
2:00 - 2:15	Snack	Snack	Snack	Snack	Snack
2:15 - 3:00	Swimming @ Government Dock	Leave Beach @ 2:30	Canoe Around Bear Island	Swimming @ Government Dock	Leave Beach @ 2:15

Please register your child/ren by July 19th, 2019

Children are to bring their own lunches, if they are staying for lunch. Lunch will be provided on Beach Days!!





# **YOGA CLASS**

At LMLC Ages 14+ !2pm - 1pm

Tuesday-Hatha • Wednesday-Yin • Thursday-Flow

Led by Christine Friday: Certified Yoga Instructor for 12 years.

All classes can be modified to suit all levels that will include a variety of poses & postures. Learning to connect breathe into the body allows mobility and the release of tension creating better body awareness. Feel better emotionally and inspired. Hosted by the Health Centre, class is free.

#### DATES ARE:

Tuesday	Wednesday	Thursday
July 2	July 3	July 4
July 9	July 10	July 11
July 16	July 17	July 18
July 30	July 31	August 1
August 6	August 7	August 8
August 19	August 20	August 21

Wear comfortable clothing, bring water & yoga mat



#### Doreen Potts Health Centre Service

July availability for Massage Therapy



Massage Therapist Katie Laronde available at the DPHC every Tuesday in July from 10:00am to 3:00pm:

- Tuesday July 9th
   Free 15 min massages (July 9th only)
- Tuesday June 16th
- Tuesday June 23rd
- Tuesday June 30th

Please call DPHC to book an appointment, 237-8900

# Indigenous Health Office Opens In Temiskaming Shores



MINO M'SHKI-KI Indigenous Health Team held a grand opening for its new office at the Temiskaming Hospital on June 6, 2019. Representatives at the opening are from L-R (backrow) Chris Acton and Marie Liliane Ethier of the Temiskaming Metis Council, Chantel Gaudreau, Clinic Team Lead Mino M'shki-ki Health Team, Raymond Katt, Temagami FN; Mike Baker, CEO, Temiskaming Hospital; Mary Pressault-Batisse, Matachewan FN; Arden McBride, Timiskaming FN and Nancy Wabie, Beaverhouse FN. In front L-R are: Darlene Bowen, office of John Vanthof, MPP; Dr. Paul Preston, Vice President of the North East Local Health Integration Network; Anne Batisse, Temiskaming Native Womens Support Group and Elder Marcia Brown-Martel, Beaverhouse FN.

#### by Xavier Kataquapit

Health leaders and advocates gathered at the Temiskaming Hospital on June 6 for the Grand Opening of the new Mino M'shki-ki Indigenous Health Team office in Temiskaming Shores. The opening of this new Indigenous health care office was made possible by the collaborative efforts of several organizations in the Temiskaming area in northeastern Ontario. Mino M'shki-ki, a name selected by an Elders Council translates as 'good medicine' and the title is meant to reflect the type of modern health care services that will be provided in a culturally sensitive environment. The new office will provide primary health care

but also traditional services in a culturally safe space that will include an area for smudging ceremonies and an outdoor teepee that can be utilized.

"I want to thank everyone, our Elders and political representatives that came here today to celebrate with us. This is the culmination of about five years of planning for Indigenous health services in the Temiskaming area that came about from the efforts of so many people," said Anne Batisse, Executive Director of the Temiskaming Native Womens Support Group.

Batisse is also the Chairperson of the Leaders Circle, the governing body of the Mino M'shki-ki Indigenous Health Team. She explained that area partners and Elders groups have been working together for the past five years to develop ways to better serve the health needs of Indigenous people in the Temiskaming area. The four governing partners known as the Leaders Circle that made the new health office possible include Beaverhouse First Nation, Matachewan First Nation, the Keepers of the Circle (which is part of the Temiskaming Native Womens Support Group) and the Temiskaming Metis Community Council. The Leaders Circle also includes the active participation and leadership of an Elders Council.

"It was important for us to use the knowledge of our wisdom keepers or Elders to be able find solutions to help our communities. The knowledge they give us is the beginning of decolonization and reclaiming our culture and helps us to create projects such as this to better help our people," said Arlene Hache, Keepers Of The Circle Program Developer and co-developer of the Mino M'shki-ki Indigenous Health Team. She participated in the event remotely on line.

A second office in Kirkland Lake is also being planned and each location will include access to land based services to allow Indigenous clients and their families to access health care services in a culturally safe environment. These new offices and programs are meant to encourage Indigenous clients to better access various health care services in the Temiskaming area.

Chantel Gaudreau, Nurse Practitioner and the Clinic Team Lead at the Mino M'shki-ki Health Team office will be heading the new Mino M'shki-ki Indigenous Health Team office.

"We are happy to be able to open our doors for our community members. We want to create a welcoming environment for our clients and to ensure that everyone gets the care they need in a culturally safe space," said Gaudreau.

The event was led by Master of

Ceremonies Shannon Guppy with ceremonial greetings by Grandmothers Marilyn Chevrier-Wills and Roberta Oshkabewisenes. Traditional drumming was led by Lindsay Cote, Temagami FN and participating women drummers and singers. Traditional dancing was provided by jingle dress dancers Darlene Skani, Maria Wabie, Janice Wabie, Janessa Breault and Jayda Moore.

"We are so honoured to be part of these beautiful celebrations and traditions on such as a great day. The discussions we have had and the agreements we have made to make all this possible have led to a strong partnership to providing care to local Indigenous people in the area," said Mike Baker, CEO Temiskaming Hospital. To commemorate the grand opening, Baker announced the gift of two commemorative wood plank benches from the Temiskaming Hospital and its staff.

"Health care is about people caring about people and this warms my heart to see this facility being built to care for people for generations to come," said Dr. Paul Preston, Vice President of the North East Local Health Integration Network.

Mayor Carman Kidd congratulated everyone on their efforts for creating the new First Nation service. Congratulations were also presented by Darlene Bowen, Constituency Assistant for the office of John Vanthof, Member of Provincial Parliament; Arden McBride, General Director of the Timiskaming FN; Mary Pressault-Batisse for Matachewan

FN, Raymond Katt for Temagami FN, Marie Liliane Ethier and Chris Acton of the Temiskaming Metis Council, Nancy Wabie representing the Leaders Circle Governing Body and Beaverhouse FN and Ontario Provincial Police (OPP) Officer Jennifer Nadeau, President of the Temiskaming Native Womens Support Group. Chief Wayne Wabie of Beaverhouse FN was on hand to lend his support and encouragement to everyone.

Elder Marcia Brown-Martel and past Chief of Beaverhouse FN also offered her message of congratulations and concluded the presentations ceremony with a round of traditional song and dance with the assistance of a Native women's hand drum group.



# 2019 STUDENT SCHOLARSHIP AWARDS

#### **NOW ACCEPTING APPLICATIONS!**

First Nations post-secondary students in Ontario who are currently studying in the fields of science or engineering are eligible to apply for the Student Scholarship Awards, presented by the Ontario First Nations Technical Services Corporation.

Each year we give out four student scholarship awards valued at \$2,500 each, and the Robert Olivier Memorial Award valued at \$5,000!

Apply by Friday, July 12, 2019 and you could win a trip to TechNations.

#### STUDENT SCHOLARSHIP AWARDS

Students who are currently enrolled in a program in the field of science and/or technology are encouraged to apply to our Student Scholarship Awards.

Four awards will be given out valued at \$2,500 each and include an invitation to attend the *TechNations* Conference to accept the award in person.

#### ROBERT OLIVIER MEMORIAL AWARD

This award will recognize a First Nations student that is working towards a career in the field of engineering.

This award consists of a bursary of \$5,000, a plaque commemorating the student's achievement, and an invitation to attend our *TechNations* Conference to accept the award in person.

Apply by July 12, 2019 at ofntsc.org

#### STUDENT CLASSIC GOLF FUNDRAISER

Tee off with the OFNTSC on Monday, August 26, 2019 at our annual Student Classic Golf Fundraiser at Monterra Golf Course in beautiful Blue Mountain!

Help us raise funds to support First Nations students pursuing careers in the fields of science, technology and engineering.

To learn more, or to register for our Golf Tournament visit **technations.com/golf** 





# **Birch Bark Harvest on Our Land**

Chi-Miigwetch to Robin Potts and the Canoe House crew for allowing me to tag along on one of their harvest days. This was an awe inspiring day for me and I think it was for most of the team.

Marcel Labelle and Dan Couchie guided the group including Robin and on this day, two summer students, Jessica Frappier and Miikah Friday-Keeshig.

The bugs were biting but the positive energy was contagious. We began with a prayer and gave honour and gratitude to the birch. The team had already scouted and marked the mighty trees with ribbon so we watched on as Dan began his cuts and Marcel chimed in with his guiet explanations.

He explained that with patience in harvesting, the tree will eventually give the bark to the harvester. Un-

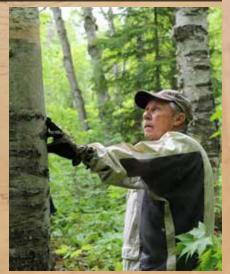
der the perfect conditions, you can make the cuts and let it stand peacefully before the thunderous crackle of the bark popping off the trunk.

Marcel was full of tidbits of traditional information but one thing particular to mention is that these birch bark trees hold a special gift that was given to them by Creator. The birds. Birch trees are often riddled with scaring on the bark, when the bark comes off the trunk the imagery on the underside of that

bark can tell a story. Often they resemble a hawk or an owl, the birds.

Miikah took the reigns and worked on the second tree of the day. He, guided by the three leaders carefully peeled the bark away and gathered it for the birch bark canoe that the group will build.

We will have more updates on progress on this project. Contact the Canoe House if you would like to attend a harvest day or sit in on a build. This is a craft of our ancestors and they would be delighted to share the knowledge.







# **NATIONAL** INDIGENOUS PEOPLES DAY ON BEAR ISLAND

### **Listening to the Birch**

June 21, 2019 - The Canoe House was standing room only on the morning of National Indigenous Peoples Day. The smell of cedar and lavender mixed in with the air flowing through the open rustic barn-style door that opened out onto Lake Temagami where canoers from Camp Wabun circled. The crowd sat and listened to our own Demi Mathias as she gave her thesis presentation entitled Canoeing Through Resurgence: Wiigwaas Jiimaan And Cultural Resurgence. She discussed her journey to connection to the land and waters through traditional birch bark canoe building.

Demi was a captivating speaker and her passion on the subject was palpable. The process of the work in nature and the underlying narrative of following in our ancestors footsteps and truly being part of the land was inspiring to those of us who sat in and listened intently. She spoke with humble intelligence reminiscent of our elders. The pride of the elders, her parents, mentors and peers shown through in that crowded room. Demi put the traditional knowledge of a canoe build into a personal perspective of honouring her culture and in turn hopefully enlightening other Indigenous youth to find that same strength in self. Great work Demi, the community is very proud of your scholastic efforts!

### **Explosive and Free**

Christine Friday honours the legacy of women as healers in our community with her Indigenous contemporary dance, Maggie and Me. If you haven't yet seen this performance, I urge you to check it out!

She mentioned that she started dancing in a more classical style, through ballet but never quite fit in. She considered herself a wild horse in her dance company so instead decided to harness that and pursue dance in a more contemporary story-telling manner.

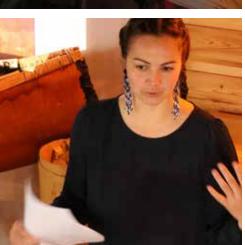
Christine captivated the audience at the Laura McKenzie Learning Centre on that afternoon of National Indigenous Peoples Day. While she slipped into her trance-like state, the music pounded and her strange and beautiful movements that often had animalistic qualities, took us on a journey into her world.

Dances such as Christine's are incredibly hard to articulate. It brings emotion more than words. So upon conclusion of the dance, Christine sat in a circle with her audience as she answered questions and gave explanation to her thought process in creating this dance. She spoke with big movement and gestures just as she danced, explosive and free.













**JULY 2019** 

#### LMLC UPDATE:

### YAY!!!! SCHOOL ENDED JUNE 20, 2019.

#### SCHOOL STARTS September 3, 2019. YAY!!!

#### **GRADUATES**

The LMLC had a jammed packed month. We want to congratulate our Gr. 8 graduates going off to high school next year. Kiizis, Sadie, Isaiah and Tristan will all be heading to Gr. 9. We wish them the best. We want to acknowledge the hard work of the staff this school year. We are saying good bye and thank you to Ms. Dwayne Hull, Mr. Fiske and Joan Chalifoux.

#### **TEACHER RETENTION**

June 12, we held a meeting for parents and others to join us in a conversation about Teacher Retention. The turnout was small but the discussion was good. We decided to hold another meeting, include dinner and arrange for child care with the Daycare. This follow up meeting was held June 26 at 5:30.

#### **SCHOOL TRIP**

We had a successful school trip this year. The Gr. 1 - 8 students of LMLC traveled to Toronto, visited the Science Centre, stayed 2 nights at a hotel and went to Canada's Wonderland. The weather was great and a good time was had by all.

#### APPLEBY COLLEGE

I met with teachers and staff, Doug Stamper, Director of Outdoor Ed., Ellen Palmer of Appleby College and Liwei Philip Chen and Jodi Johnston, two teachers. Appleby brings students to Lake Temagami several times over the year to Rabbit Nose Island, as part of the outdoor education program for the students. In the spirit of reconciliation and working together we spoke about how the Appleby students can share their skills and time to support and work with our community and how we can share our time and local knowledge with them.

It was a nice discussion that resulted in some plans for the Fall that will include Appleby students sharing some canoeing skills and art lessons with some of the LMLC students. They were very interested in extending their help to the community as well, not iust the school.

Patsy Turner LMLC Principal

## The Temagami First Nation would like to congratulate all the 2019 Graduates!

#### LAURA MCKENZIE LEARNING CENTRE GRADUATES

#### Senior Kindergartens

Athena Panamick Jeremy Piquette Ruby Sams-Paul

#### Grade 8

Tristan Lalonde Isaiah Mathias-Paul Kiizis Mattias Sadie Turner

#### Secondary School Graduate

Selena Bob

Stephanie Lagrandeur

#### **Post-Secondary Graduates**

Keihlah Belleau graduate from Humber College with her Forensic Practice Certificate

Sarah Clements graduated from Northern College with her Practical Nursing Diploma

**Jonathan Duffy** graduated from St. Thomas University with his BA Communications and Public Policy

Milkah Keeshig graduated from The Audio Recording Academy with his Applied Audio Recording Diploma

Demi Mathias graduated from Trent University with her Masters of Canadian and Indigenous Studies

Kaitlyn Mattias graduated from Cambrian College her Community and Justice Services Diploma

Maegan McKee graduated from Thompson River University with her Adventure Guide Diploma

Bradley Paul graduated from Canadore College with his Digital Cinematography Diploma

Lisa Paul graduated from Canadore College with her Early Childhood Education Diploma

Tashina Paul graduated from Queen's University with her BAH Classical Studies, Indigenous Studies

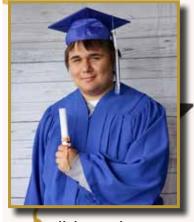
Jennifer Peshabo from York University with her BSc in Nursing with Specialized Honours

G. Zachary Potts from Trent University with his BA Indigenous Environmental Studies

**Honorary Doctorate Degree from Trent University:** Mae Katt

# Congratulations LMLC Graduates!

**Grade 8 Graduates** 









Kiizis Mattias

Isaiah Mathias-Paul

Sadie Turner

Tristan Lalonde

# Senior Kindergarten Graduates



**Athena Panamick** 



**Ruby Sams-Paul** 



**Jeremy Piquette** 





LLMC, June 17, 2019 Tristan Lalonde- Friday Graduated grade 8 and will be attending Lasalle Secondary School, in Sudbury, On



Barrydowne College, June 20, 2019 Stephanie Lagrandeur- Friday Graduated Grade 12 and will be entering Pre-Health Sciences at Cambrian College in the Fall.

"It always seems impossible until it's done." -







First day of school

Last day of high school



Congratulations to Sierra Cole for graduating high school from Earl of March SS in Ottawa. She will continue her education at Queens University this fall in Environmental Science. Best wishes on your next adventure! "Always remember that you are braver than you believe, stronger than you seem, smarter than you think, and loved more than you'll ever know. Congrats we love you -Mom and Dad"

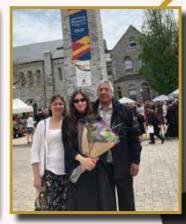


Demi Mathias, graduated from her Masters of Canadian and Indigenous studies at Trent University. Her research looks at the birch bark canoe and how the canoe contributes to cultural resurgence within Temagami First Nation. She is continuing her work with the canoe and sharing what she has learned over the years with other Indigenous youth. She is grateful for the support of Temagami First Nation over the years and the support of her family. Miigwetch!

Congratulations to Tashina Paul on her Bachelor of Arts (Honours) from Queens University!!

Tashina has wanted to be a teacher since she was little, and her hard work is making her dreams come true. Tashina is home for the summer on Bear Island and is working at the school and daycare. She will be returning to Queens to complete her Bachelor of Education in the fall. Way to go Tashina, your family is so proud!!







Jennifer Peshabo graduated from York University Bachelor of Science in Nursing with Specialized Honours. Thank you to Temagami First Nation for making it happen. Jennifer, your family and community are very proud of you!



Amanda Paul graduated from St. Clair College through Anishnabek **Education Institute in** North Bay from the program: Binoojiingyag Kinoomaadwin; Early Childhood Education ( **Native Early Childhood** Education)



Lyndin Belleau, son of Selena an J.C. Moore, grandson of Carol TurnerJames. What an achievement!! Lyndin maintained a high GPA through his years at Fleming. He graduated June 13th in Peterbourgh an will continue his education in Sudbury this fall. Congrats, Lyndin!

# A Message from Jordan's Principal Internal Navigator

ATTENTION RESIDENTS AND COMMUNITY MEMBERS RE: Jordan's Principle Internal Navigator **Change of Office Location** 

From Canoe House to Laura McKenzie Learning Centre Regular Hours: 8:30 am – 4:30 pm

Monday - Tuesday - Wednesday

Beginning June 24 2019 to August 30 2019

These days can be flexible if necessary for meeting applicants.

Miigwech, Lynn Cote B.S.W. B.Ed. Jordan's Principle Internal Navigator

jp@temagamifirstnation.ca

(705) 237-8892 Laura McKenzie Learning Centre





# CANADIAN MUSEUM OF HUMAN RIGHTS

Human Rights are rights inherent to all human beings, regardless of race, sex, Nationality, ethnicity, language, religion or any other status. Human rights include the right to life and liberty, freedom from slavery and torture, freedom of opinion and expression, the right to work and education, and fairness equality, respect and independent.

It was truly a gift to be able to see the history of Human Rights that takes you back in time and tells a store of our people and others that have seen so much hurt pain and lived to tell there story.

We took pictures of some of the old documents to share with you. The words that I heard the loudest was Buffy Saint-Marie saying "no matter what never give up hope. Wampum belts in the Algonquian language is wampumeag white shell beads.





# **JUSTICE CAREER DAY**

Justice has many paths that can be an exciting and for filling career We will be having many of our TFN members that have chosen a career in Justice and guests.
Judge Lawyer, Justice of the Peace, OPP, and MP

AUGUST 8, 2019
TIME: 11:00 AM TO 4:00 PM
LAURA MCKENZIE LEARNING CENTRE
BEAR ISLAND

Everyone is invited, to come and enjoy the day and the great Fish Fry For more information call 705-237-8636 or justice@temagamifirstnation.ca

It is a journey that our youth should be taken on to see and feel the history of our Grandmothers and Grandfathers. It is a history lesson that Awakens the Spirit.

Virginia McKenzie Justice Services, Temagami First Nation

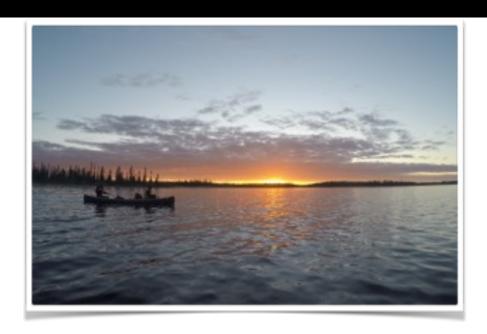
"I want to get rid of the Indian problem.... Our objective is to continue until there is not a single Indian in Canada that has not been absorbed into the body politic...."

«Je veux me débarrasser du problème des Indiens...

Notre objectif est de continuer jusqu'à ce qu'il n'y ait plus un seul Indien au Canada n'ayant pas été absorbé dans le corps politique...»

Duncan Campbell Scott





# Join The Experience!

Have you ever wanted to explore the lakes of Temagami by canoe? This is your chance!

**Dates:** July 7th - 17th, 2019

Where: Camp Temagami (island 583)

### **Programming:**

Mike MacMillan: mmacmillan@laurentian.ca (705) 890 1972





https://camptemagami.com/

Camp Temagami has teamed up with the Ayalik Fund this summer to run a canoe trip through the Temagami region! The Ayalik Fund is a charitable foundation that sponsors inuit youth from Canada's northern territories. This summer two teenage boys Mike and Andrew are coming to Ontario all the way from Cambridge Bay, Northwest Territories for a week long canoe trip. We are looking for two more boys to join the experience! A unique opportunity as you will get the chance to make new friends from across the country as you paddle through beautiful Temagami and surrounding lakes.

Camp Temagami provides youth with a unique take on canoe tripping, travelling with simplicity in cedar strip canoes and cooking over an open fire. Campers will learn many bush craft skills such as tree and plant identification, paddling, portaging and how to make meaningful connections with those around you.

The canoe trip will be seven days long with two days before and after spent at Camp Temagami. If this sounds like it is something that would be of interest to you and possibly a friend, then contact Mike MacMillan at mmacmillan@laurentian.ca to get more details on the experience.

Doreen Potts Health Centre

July 25-28th

Day sessions: 9am—4pm

Evening sessions: 7pm—9pm

Lunch /snacks will be provided for participants.

Please contact Alyssa at the DPHC 705 237 8900 if you have any questions.

# Quill Box Making

Myna and Theodore Toulouse will be visiting the community again to do some quilling with everyone!

# Sewing Nights

Join us for an evening of sewing at the DPHC.

July 3rd	6.30
July 8th	6:30

July 22nd 6:30

July 29th 6:30

It is recommended that you bring your own fabric or any specific supplies you need.

Tracy will be available for guidance on your project.

You can call Alyssa at the DPHC if you have any questions.

(705)237-8999

## Spiritual Advisory Visits

Louis Councillor will be offering one on one visits with those who are interested in seeing him.

**Doreen Potts Health Centre** 

July 17th, 2019

5-9pm

Shaking Tent ceremony in evening on July 18th

Place to be determined

Please call Alyssa at the DPHC (705)237-8900 to book an appointment.

Any questions please call DPHC.

Miigwetch!



HEALTH PROMOTIONS

### WELLNESSDAY

INFERRED HEATED YOGA + NUTRITION TALK JULY 23RD

### **BREAL STUDIO-NORTH BAY**

GENTLE-SLOW CANDLE LIGHT YOGA WITH AROMATHERAPY

This class is designed for beginners through intermediate students. You'll be guided through postures in a Vinyasa style, beginning with the basic poses. This is a great class for students looking for a more gentle experience, those who are new to yoga or those who need a change of pace. Also the perfect class for students with injuries or limitations.

NUTRITION TALK

This presentation will be held by Brianna she is a certified Holistic Nutritionist of BReal Studio in North Bay. She will be speaking about Diabetic Blood Sugar Management, Carbohydrate Intake and other wellness tips & tricks to maintaining a healthy lifestyle.

12 SPACES AVAILABLE-PRIORITY FOR DIABETIC CLIENTS TRANSPORTATION PROVIDED 10AM-5PM TO SIGN UP OR FOR MORE INFO PLEASE CONTACT DIANE @DPHC-705-237-8900



### **HEALTHY LIFESTYLE HABITS & TIPS**

LUNCH & PRESENTATION ON NUTRITION, VITAMINS, SUPPLEMENTS, HEALTH DRINKS, SLEEP, WELL-BEING AND MORE!

> TASTERS & GIFT BAGS AVAILABLE WHILE SUPPLIES LAST

WEDNESDAY JULY 10TH

DIANE MACINNIS DPHC 705-237-8900

12 IN THE AFTERNOON **HEALTH PROMOTIONS** 

# HFAI THY

DIABETIC FRIENDLY

Low-Carb + Low Sugar Meal

Slide Show on **Healthy Eating Tips Portion Control** 

VP, Please contact Diane @ DPHC 705-237-8900



### **EMPLOYMENT OPPORTUNITIES**

**ELEMENTARY SCHOOL PRINCIPAL - 2019-2020 SCHOOL YEAR** 

### Purpose:

Temagami First Nation (TFN) is seeking a Principal at the Laura McKenzie Learning Centre (LMLC). The successful incumbent will start September 2019.

Application due: Open until filled

Elementary School Teachers - 2019/2020 School Year

### Purpose:

Temagami First Nation (TFN) is seeking Primary and Junior Classroom Teachers at the Laura McKenzie Learning Centre (LMLC). The successful incumbent(s) will start late August 2019 for the 2019-2020 School year ending June 30, 2020.

Application due: Open until filled

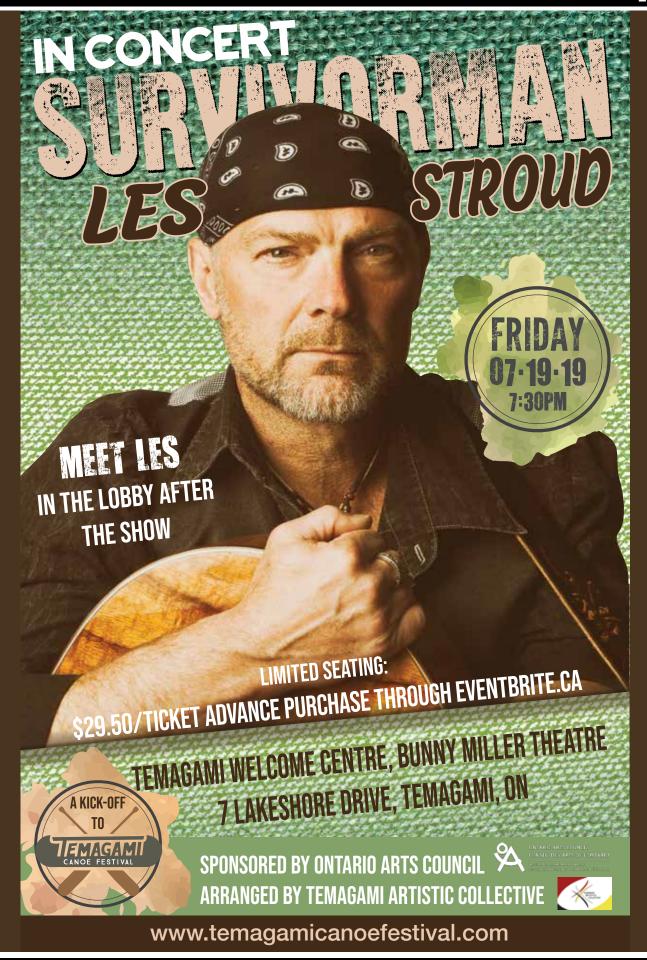
### **Full-Time Homemaker**

### Purpose:

The Home Maker will be responsible for providing support services for seniors and persons with disabilities who are clients of the Temagami First Nations Community Support Services Program. The purpose of this position is to assist clients in need with their activities of daily living enabling clients to remain independent longer in their home and community.

Detailed Job Postings including required qualifications and application submissions can be found at www.temagamifirstnation.ca or TFN Band Office







Congratulations Doreen Moore and Liam McCue, proud parents of Ada Mary, born June 9, 2019 at 8 lbs, 4oz. Proud great parent are Kim and Arden Moore, Sr.



### **ATTENTION VENDORS**



Temagami First Nation will be hosting their **Annual Traditional Pow Wow** and would like to extend an invitation to all Temagami First Nation Members and Bear **Island Community Member** Vendors to set up stations from July 13th - July 14th to sell food, crafts and/or clothing. Call 705-237-8900 or 705-237-8943 to request a Vendor's Form or go to www.temagamifirstnation. ca and download one under the Community News tab.



The Bear Island Blast is a monthly publication. To submit content or subscribe, email communication@temagamifirstnation.ca. The deadline for submissions for the JULY Edition is July 25th, 2019.

www.temagamifirstnation.ca



### From the Historical Project Please send in your completed Consent and Questionnaire.

If you are having a hard time with the Questionnaire please give us a call or we can also arrange a visit with you if needed.

Thank you from Christine Friday/Lalonde & Michelle Friday/Lalonde Sonny Moore Building 705-237-8262



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Temagami First Nation
P: 705-237-8943 | F: 705-237-8959
General Delivery, Bear Island, ON P0H 1C0

# JULY 2019

	2	1Aug	31	Healthy Dinner Tips 30	29	28
				Katie Laronde, Massage Therapist - 10:00am - 3:00pm	Sewing @ DPHC 6:30pm	
•			Dance Camp - Register at DPHC	Dan		Quill Box Making See page 37, DPHC
26		@ the Canoe House 705-237-8436 25 Quill Box Making	24	10:00am - 3:00pm Call 237-8900 23	22	21
೧	Quill Box Making See page 37, DPHC	9:30am-12:45 Mini Canoe Workshop		Katie Laronde, Massage Therapist -	Sewing @ DPHC 6:30pm	
		Gezhtoojig Employment	PHC —	Water Camp - Register at DPHC	<b>^</b>	Canoe Festival
19		T05-237-8436 Bowling in North Bay 10-15yrs (Call DPHC to RSVP) 18	Girl's Spa Night 10-15yrs, 5:30 - 8:30pm DPHC 7	Engagement Session LMLC 5:30pm Science North Trip 6-9yrs (Call DPHC to RSVP) 16	15	14
mi C	Temagami Canoe Festival	Art with James Faubert	Youth BBQ Open House	Economic Development Community		TFN POW WOW
12		<u> </u>	6-9yrs, 5:30 - 8:30pm DPHC Healthy Lifestyles Lunch & Presentation DPHC - Noon 10	Massage Therapist - 10:00am - 3:00pm Call 237-8900	Meeting 7 pm L&R Sewing @ DPHC 6:30pm 8	7
7		4	Girl's one Night	Katio I spendo	Canada Day 1	30
	•		TCF ARTS CAMP ————————————————————————————————————			SPIRITUAL ADVISORY VISITS July 17-18 Call DPHC to RSVP