TEMAGAMI FIRST NATION



Bear Island Blast *Esibanimin Giizis—Blackcurrant Month*August 2018

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HEALTH

Doreen Potts Health Centre Service

August availability for Massage Therapy

Massage Therapist Katie Laronde available at the DPHC

- Thursday August 2nd, 1:00pm 7:00pm
- Tuesday August 7th, 10:00am 3:00pm
- Tuesday August 14th 10:00am 3:00pm
- Tuesday August 21st, 10:00am 3:00pm



Please call DPHC to book an appointment (705) 237-8900

NOTICES

Fire Ban in Effect

EDUCATION INCENTIVES DUE

Temagami First Nation Enrichment Funds
Friday August 31, 2018



Community Information Session July 13, 2018

Members from the MNRF North Bay Office and MNRF Fire attended the Community Information Session held at the Laura McKenzie Learning Centre July 13, 2018. Garry Harland, the Incident Commander for the Temagami Cluster and Rob Baker, Community Liaison Officer, answered questions from community members and offered information about how the MNRF was working to fight fires in the area. Forty one crews were fighting forest fires in the Temagami area, 39 of those crews were camped in the bush within 20 kilometres of Temagami and Bear Island. The fire crews were made up of fire fighters from all over the country and beyond, including Ontario, British Columbia, Newfoundland, Alberta and Mexico.

Helicopters patrolling the area are able to see 40-50km while scouting for signs of new smoke and fires. With the number of fire crews in the area and a base camp set up at the Sherman Mine, firefighters were able to put out over 20 fires in the Temagami Area. The community was ensured that the Mine Road is a high value area, and in the event of a fire on the road, firefighters would be dispatched immediately to suppress the fire and keep the road open.

The weather is the biggest factor to consider when anticipating how a fire will behave, fires that are eating new wood will create the most smoke, and once the initial fuel sources are burned the smoke level declines. Wind direction is a large factor in whether or not the smoke will be viewable and settle in populated areas. Smoke and ash are a nuisance but do not start new fires. When the humidity is above 40%, a cigarette butt should not be able to start new fires if it is dropped onto the ground. New fires are propagated with very dry conditions and finer fuels like grasses and branches on the ground.

The focus of any incident is public safety, this is paramount. The resources are available and set up to continue fighting the forest fires and continue moving in a positive direction. Emergency Management Ontario has had an Officer in Temagami since the Municipality of Temagami initiated its Emergency Response Plan. When the town declared an evacuation for part of Temagami, it was from a recommendation from the MNR to the Municipality. Implementation Orders are the responsibility of the MNR and allow local authorities to restrict access to areas of crown land and roads.

Garry Harland, Incident Commander, MNRF speaking to over 60 community members.









NOTICE

Attend Council Meetings Online

Regular Council Meetings are available online through Webex via smart phone, tablet or computer.

Webex Invitations are distributed by email to all Temagami First Nation band members, if you are a band member and are not receiving these emails please contact communication@temagamifirstnation.ca for login and access information.







BEAR ISLAND LAKE TEMAGAMI, ONTARIO POH 1CO

TEL 1.888.737.9884 or 705.237.8943 tfn@temagamifirstnation.ca www.temagamifirstnation.ca

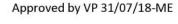
NOTICE

REGULAR COUNCIL MEETING MONDAY AUGUST 13, 2018 Lands & Resources Office 7:00 pm

In regards to those who wish to raise a matter – they must be present at the Council Meeting by 7:15 p.m. to be added to the agenda, otherwise the matter may be put over to the next duly convened council meeting.

For Webex (live web broadcasting) login instructions please contact Haley Laronde, Communications Officer

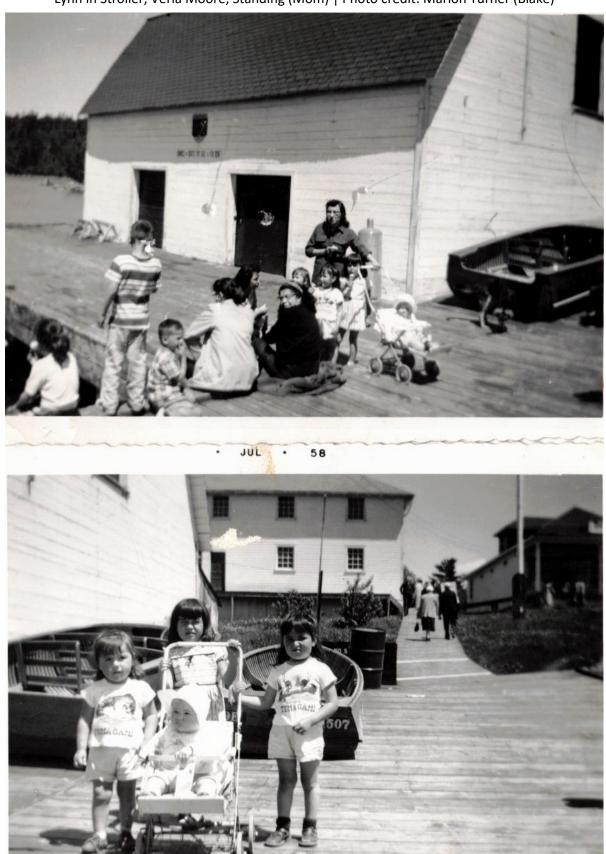
Email: communication@temagamifirstnation.ca or call 705-237-8943/1-888-737-9884





The Canoe House—60 Years Ago

Young Girl, Boy Standing, Boy Sitting, Young Lady, Caroline Turner, Jane Roy, Joy, Marlene, Susan, Lynn in Stroller, Verla Moore, Standing (Mom) | Photo credit: Marion Turner (Blake)



TILLIE MISSABIE FAMILY CENTRE

Trip to the strawberry patch July 11, 2018







EVENTS & PROGRAMS

Canoe Launch

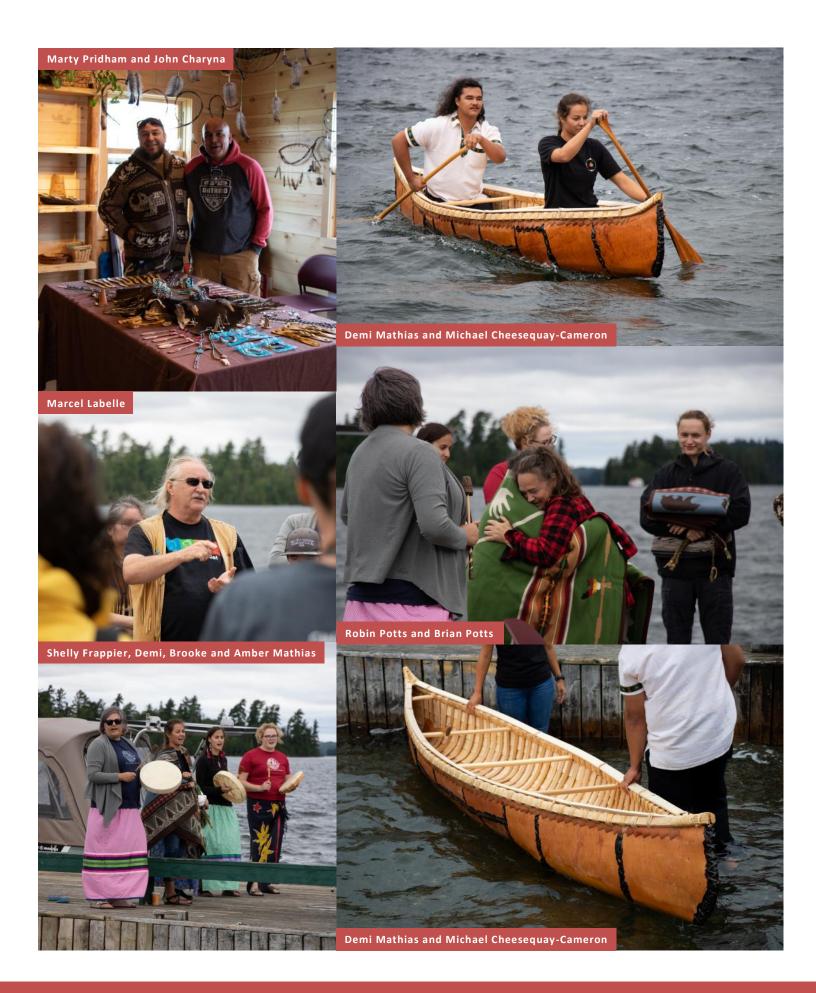
Introducing Miigwan Jiimaan, the traditional canoe build organized by the N'dakimenan Stewardship Program on Bear Island. Coordinator Robin Potts invited Marcel Labelle, Algonquin and Metis canoe builder, into the community to teach traditional canoe building practices.

On July 28, 2018, the canoe was unveiled to the community at the Canoe House. N'dakimenan guides Demi Mathias and Michael Cheesequay-Cameron had the opportunity to put the canoe into the water for the first paddle.

More photos from the event on the following page.









Teme-Augauma Anishnaabemowin Sagaswe'idiwin TFN Language Commission Update: By Patsy Turner

July 29, 2018 By Patsy Turner

I'm happy to say that the Language Commission continues to work on language research and planning language events. This past weekend, July 27 – 29, John Turner, Theresa King and myself, 3 members of the Commission, were able to travel to an Algonquin Youth Immersion Camp in Maniwake, Quebec. We went there to learn about their language and their different projects taking place. There are some wonderful similarities with the Algonquin language and our local dialect. In particular we wanted to meet Shannon Chief. She is a valuable language resource in that area, promoting the language and traditional practices.

The language commission has a few other projects that we continue to work on. We had plans to host a language camp this summer and unfortunately this did not work out with our schedules. We are however planning on hosting a Fall Language camp for about 4 days late September.

This past winter we hosted a few language evening classes alongside Linda Paul and Nancy's Craft Nights.

We've also applied for a few different grants since last fall. We were successful with out Ontario Arts Council grant for approximately \$12 000. With this we have plans to have a guest speaker named Will Morin visit the community and present some language, stories and teachings. The commission will also use this money to start researching immersion programs. We will be traveling to 3 other communities to visit their immersion schools, Akwesasne, Rapid Lake and Mchigeeng. This will provide us with the background knowledge of what communities have to do to start an immersion program for young children.

We are also still waiting to hear if another grant through the Aboriginal Languages Initiative has been successful. We wanted to work on some resources and initiate more community awareness about an immersion program.

Mii ska yi! That's all!

Miigwetch.



JUSTICE SERVICES



Kwe Kwe,

My name is Nancy Shipman, let me take this moment to introduce myself as your new Temagami First Nation Victim/Justice Services Worker.

I come from Walpole island First Nation, Bkejwanong Territory. Straight out of high school, I moved to North Bay Ontario to get my post-secondary education. In 2016, I graduated from Nipissing University completing a double major in Criminal Justice and Aboriginal Studies, as well as a minor in Sociology.

Upon moving to Bear Island with my partner, Tyler Paul, an opportunity came my way to enroll at Simon Fraser University in British Columbia to take the Introduction to Restorative Justice Program.

After applying for the recent posting of the Temagami First Nation Victim Services Assistant, I can proudly say that I am putting my education and knowledge base to work for Temagami First Nation.

For this position, I have two goals in mind that I plan to achieve. Goal number one being, to establish healthy self-awareness and healthy self-care practices among the youth population of Bear Island, goal number two being, to assist Temagami First Nation in the transition of combining the Criminal Justice System with Restorative Justice Practices.

Since moving to Bear Island, I've developed a deep sense belonging and want nothing more than to see this community develop and prosper through means of healthier individuals and healthier relationships.

The Justice Office, of which I work out of, is currently located in the office space at the back of the TFN Library. We do practice the open-door policy, so please feel free to pop into the office for a visit or to enquire further about the services we can offer.

My contact information is 705-237-8636 or justiceassistant@temagamifirstnation.ca





Temagami First Nation Justice Services is a newly developed program and service to Temagami First Nation. The department is made up of three divisions, The TFN Police Committee, TFN Victim Services and TFN Restorative Justice

The TFN Police Committee is funded by Temagami First Nation, while the Victim Services and Restorative Justice is funded through the Ministry of the Attorney General (MAG).

The members of the TFN Police Committee and Justice Team are Virginia McKenzie (Chairperson), Nancy Shipman (Staff), John Turner (Ex-Officio), John McKenzie (Retired Police Officer), Kim Montroy (Community Member), Thomas Saville Sr. (BI Police Officer), and Brad Kerr (BI Police Officer).

It is because of the heart, determination and strength of these individuals that TFN can now offer victim services and restorative justice and reintegration services to community members.

TFN Victim Services

Dealing with crisis is something that we all face at some point in our lives. Unfortunately, we may be faced with violence, crime, or tragic circumstance.

Sudden death, physical abuse, sexual assault, suicide, or theft can happen to us/our loved ones at any moment. When it does happen, we can be overwhelmed by shock, grief, sadness, fear, confusion, and loss.

The mission of the TFN Victim Services is to ensure that community residents are not alone during times of crisis and to assist in the healing journey after traumatic experiences.

TFN Restorative Justice

Restorative justice is commonly defined as an approach to justice that focuses on addressing the harm caused by crime while holding the offender responsible for their actions, by providing an opportunity for the parties directly affected by the crime – victims, offenders and communities – to identify and address their needs in the aftermath of a crime.

Restorative justice is based on an understanding that crime is a violation of people and relationships. The principles of restorative justice are based on respect, compassion and inclusivity. Restorative justice encourages meaningful engagement and accountability and provides an opportunity for healing, reparation and reintegration.

The mission of the TFN Restorative Justice Team is establish this method of dealing with crime and mending the relationships that are impacted by crime.





Bullying & Cyberbullying

Bullying can happen to anyone. It might happen to you, your friend or someone online. People being bullied often feel powerless and alone, or worried about what the bully might do next. The impact of bullying can last longer than the bullying itself. Experiencing bullying can increase a person's chances of developing anxiety or depression.

Types of Bullying

Cyberbullying

Hurting someone using technology, via email, chat rooms, text messages, discussion groups, online social media, instant messaging or websites. For example, being teased or made fun of online, having unpleasant comments, pictures or videos about you sent or posted on social media or websites, having someone use your screen name or password and pretending to be you to hurt someone else.

Social

Leaving people out, not inviting someone to social occasions, stopping a conversation when someone walks in the room. Gossiping, or talking about someone behind their back.

Physical

Punching, tripping, kicking or stealing and/or destroying someone else's property. Unwanted kissing or touching.

Verbal/Emotional

Name calling or put downs, threats, teasing, ridiculing, intimidation and stalking.

The impact of bullying

The experience of being bullied is different for everyone. People may feel alone, anxious, scared, miserable and powerless, while others may feel overwhelmed by sadness, ashamed or rejected. They may feel there is no escape from the bully or that there is no hope that things will change. Anger is another common reaction, as the attack from the bully is unfair and unwarranted.

Bullying can affect every part of a person's life, including relationships with their friends and family. It can affect a person's confidence and performance at school, in a sports team or at work. The person being bullied might change how they look or act to try to avoid being bullied further. They might also withdraw from social activities or use unhelpful coping strategies, like drugs and alcohol or self-harming, to manage painful feelings.



News from TFN Justice Services...

Kwe Kwe,

Members of the TFN Police Committee recently attended the National Indigenous Policing Forum 2018 on May 2nd and 3rd 2018. One of the highlights of this trip was getting to visit with Inspector Jim Potts, O.O.M., RCMP & OPP, of Ottawa Ontario. Jim retired in 2002, after 45 years's service. He has 26 years operational experience, 12 years as liaison officer with the Mohawk Warriors, is of Ojibway decent, and a member of Temiskaming First Nation. Jim also has family ties to Temagami First Nation. He was the first Status Indian to receive a commission in the 125 year history of the RCMP and is the recipient of numerous awards. At the request of the AFN, RCMP and OPP, Jim served as mediator/negotiator during various crisis situations i.e. Oka, Ipperwash, Gustafasen Lake, Caledonia, Burnt Church and Elsipogtog. In 1996/97, Jim was adjunct Professor, Faculty of Law, University of Western Ontario. In 2005/06, at the request of the Commissioner of the Ipperwash Inquiry, after two years of research he co-authored the paper "For the Nonce - Policing During" Aboriginal Occupations & Protest". In 2002, the Governor General appointed him Officer of the Order of Merit. In September 2010, the Minister of National Defense appointed him Honorary Lieutenant Colonel

with the 3rd Ranger Patrol Group, Canadian Armed Forces, as liaison officer for fly-in Indigenous communities in Northern Ontario. Currently, Jim is assisting RCMP & Dept. of Fisheries & Oceans with delivery of Management of Conflict and Indigenous Perceptions training, and he served as an advisor to the Office of the Auditor General Canada during the

recent audit of First Nations policing.

Given Inspector Jim's extensive history, it was as if we were in the presence of royalty. We took this opportunity to take photos but one photo that stood out in particular for us was that of John Mckenzie, Retired First Nations Constable and Inspector Jim Potts, Retired RCMP Officer.

Both gentlemen are the first in their line of work to receive full retirement as indigenous police officers, and both are descendants of the Teme-Augama Anishnabai.

Submitted by: Nancy Shipman





Creators Garden—Medicinal Plant Walk with Joe Pitawanakwat June 28, 2018

What a fun time in Bear Island. That Temagami territory is truly something else!!

We spent a lot of time out on the land exercising ancient Anishinaabe interpretive techniques like the doctrine of signatures, how to interpret creature/animal interactions, and the linguistic significance of plants.

We ran into some plants that teach us all about the importance of creature/animal interactions and how in these interactions they teach us how we can benefit from the plants. Our model for this on Bear Island was my favorite, agongseminagaawashk, salomans seal. Chipmunks who normally cannot sit still, use it to focus, so we use this plant as medicine for our children who have attention issues.

We also learned about wild sarsaparilla being called waaboz jiibik, rabbit root. This plant has no actual interaction with rabbits, but rather, it helps you adapt to stress. And when you are adapting to stress faster you

have more energy to spend on "other things" ..like hopping. Isn't the Indigenous population the fastest growing in Canada?

Bear Island also had a lot of medicinal plants that were outstanding teachers of drug discovery. Over 80% of all drugs that have been "discovered" come from plants, and the majority of these "discoveries" come from plants native to Canada. So we had some good talk around how integral Indigenous knowledge is to the pharmaceutical industry and the practice of western medicine itself.

I absolutely loved our visit to Bear Island, we covered around 45 species of medicinal plants and drank just shy of 11 gallons of tea.

Being only one square mile, Bear Island was truly a perfect Temagami tease. Next time we should get into that 4000 square mile territory!

by Joe Pitawanakwat





CAPITAL PROJECTS

Innovation, Science and Economic Development Canada

News Release

For Immediate Release

Helping Indigenous communities achieve long-term economic success

FedNor investment to create jobs and accelerate business and economic growth in Temagami First Nation

July 17, 2018 – Temagami First Nation, ON – Federal Economic Development Initiative for Northern Ontario - FedNor

Families and businesses in the Temagami First Nation will benefit from new economic opportunities thanks to a Government of Canada investment of close to \$300,000. This strategic investment will enable the Temagami First Nation to extend three-phase electrical services to Bear Island.

The funding was announced today by Anthony Rota, Member of Parliament for Nipissing–Timiskaming, on behalf of the Honourable Navdeep Bains, Minister of Innovation, Science and Economic Development and Minister responsible for FedNor.

Once the project is complete, it will pave the way for the development of a new multi-use facility and business centre, as well as the development and construction of 17 new homes and a 10-unit residence for the community's Elders.

Quotes

"Our government is proud to invest in key infrastructure initiatives that create middle-class jobs and accelerate growth in Northern Ontario's Indigenous communities. This targeted investment will support a strong economy by helping to maximize social and economic opportunities in Temagami First Nation."

 The Honourable Navdeep Bains, Minister of Innovation, Science and Economic Development, and Minister responsible for FedNor

"The Government of Canada is pleased to invest in Temagami First Nation to bring three-phase electrical service to Bear Island. By assisting the community to deliver on this strategic infrastructure initiative, we are helping to strengthen the economic outlook for all Indigenous families and businesses in the region."

- Anthony Rota, Member of Parliament for Nipissing-Timiskaming

"We are pleased to partner with the Government of Canada through FedNor to further position the Temagami First Nation as open for business. Today's announcement clearly demonstrates that the federal government recognizes the unique needs of Indigenous communities by investing in our social and economic future."

Arnold Paul, Chief, Temagami First Nation

Quick Facts

- The funding announced today is provided through FedNor's <u>Northern Ontario Development Program</u>, which supports projects that promote sustainable community economic development, enhance business development and growth, and facilitate innovation throughout the region.
- The recently released <u>Prosperity and Growth Strategy for Northern Ontario</u> outlines the Government of Canada's approach to ensure the region can fully benefit from the national Innovation and Skills Plan. It is focused on three key economic development areas: supporting innovation; growing companies; and building stronger communities.



Government of Canada

Gouvernement du Canada





Innovation, Science and Economic Development Canada

Associated links

- To find out more about our programs and services, please visit: fednor.gc.ca
- Follow us on Twitter @FedNor
- Follow Innovation, Science and Economic Development on Twitter: @ISED_CA

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Contacts

Barclay Babcock Communications Officer FedNor 705-690-0957 barclay.babcock@canada.ca



Gouvernement du Canada









FedNor Investment Announcement July 17, 2018

Anthony Rota, Member of Parliament for Nipissing-Timiskaming, on behalf of the Honourable Navdeep Bains, Minister of Innovation, Science and Economic Development and Minister responsible for FedNor, visited Bear Island on Tuesday July 17th to announce an investment of close to \$300,000. This investment will enable Temagami First Nation to extend three-phase electrical services to Bear Island. This infrastructure will support the new Multi Use Facility which will include a business centre, council chambers, post office and the construction of 17 new homes and a 10-unit residence for the community's elders.

The funding is provided through FedNor's Northern Ontario Development Program, which supports projects that promote sustainable community economic development, enhance business development and growth, and facilitate innovation throughout the region.

Members of the community gathered at the contractor's camp dining hall for the announcement and for a tour of the contractor camp facilities. There are 35 rooms in the contractor's lodging building, which will accommodate the contractors from Quinan as well as the chef, baker and the housekeeper.











DISCOVERING AND PRESERVING THE HISTORY OF OUR ANCESTORS FOR FIITURE GENERATIONS

There are many people on Bear Island, on the homeland N'dakimenan and others who reside elsewhere who are not aware of their historical background. Your children, grandchildren, and great grandchildren will lack the knowledge of their ancestors and current descendants if the information is not gathered, documented and preserved. This Historical Project will provide a link to your community, the people, your ancestors, and current descendants, that otherwise might be lost.

Temagami First Nation has hired Michelle & Christine (Friday) Lalonde to complete this Historical Project specifically "Discovering and Preserving the History of Our Ancestors for Future Generations" who are committed to gathering and handling all archived and current information in a responsible manner, securing it with administrative, technical and physical safeguards. The focus is to preserve the history of your ancestors and current descendants for future generations.

There is existing information, historical documents, genealogy charts, various membership lists, and archived information that is scattered, outdated, misleading and incomplete. Following the development of a Privacy Statement (The Protection of Personal Information) and a Meaningful Consent Form, this information will be sent to you via mail for you to thoroughly read and understand. This will ensure the integrity of the project and it will provide you with the reassurance that the information that you provide voluntarily will be collected for this purpose only. All information relevant to this Historical Project will be accessed from Temagami First Nation (TFN) members and departments and Teme-Augama Anishnabai (TAA) citizens and Archival Institutes. There will be a consent form to sign and a questionnaire that will be used as a tool to gather information and material for this purpose. Also, arrangements will be made to visit all TFN members and TAA citizens in person, or as a family group at a convenient location, or by phone and/or email in the near future.

The information gathered, will be organized, documented and preserved and then ultimately it will be uploaded into a Kiosk which will be located in the Multi Use Facility. This Historical Project will be an invaluable and meaningful asset, it will provide a better understanding of who your ancestors were, their involvement, influence or contribution to the community, it will provide a sense of belonging, renewed relationships, connectedness with past and living relatives, a tangible link to your cultural heritage, an educational tool for the youth and a wealth of knowledge for the current descendants and future generations.

Look for advertisements about upcoming workshops, and information sessions for authentication purposes and to provide updates about the Historical Project.

Michelle Lalonde (Friday)
MLHistoricalProject18@temagamifirstnation.ca

Christine Lalonde (Friday)
CLHistoricalProject18@temagamifirstnation.ca

705-237-8262



If we know where we came from, we may better know where to go. If we know who we came from, we may better understand who we are Historical Project c/o Michelle & Christine Lalonde (Friday) Sonny Moore Building (TFN) General Delivery, Bear Island, ON POH1CO



FAMILY HEALING & WELLNESS

August 2018

Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday
4	3	2	Water Camp Ages 7-13			
Water Regatta	10	9 Pontoon Ride Cross Lake	8 Youth BBQ Fundraiser	7 Sports Camp Ages 7-13 Berry Picking FHWC	6	5
18	17	Diabetes Beach Day	15	14	13	12
25 Feast Tentative Under the big tents behind DPHC	24	23	22	21	20 Pontoon Ride Southwest arm	19 Family Lunch and Movie Trip
	31	30	29	28 Perry McLeod Dinner & Circle 5:30 PM @ DPHC	27	26

Family Healing and Wellness Highlights



Youth Programs

Drop In times and dates will be posted on the Bear Island Youth Building Facebook Page.

Gym Nights – Dates and times to be Posted once availability is found. Bear Island Sport and Rec or Bear Island Youth Pages on Facebook will have postings when available.

Children Programming

Sports Camp – Ages 7-13 – Flyers to be sent out with more details. Most games to be played outdoors, school gym can be an alternate for rain days.

Community Programming

Pontoon ride to Cross Lake Contact Alex & Linda Please bring your lunch. Women & Men's Program.

August 09/18 & August 20/18 Southwest arm.

Berry Picking in Sturgeon Falls @ Leisure Farms Women & Men invited to attend. August 07/18.

August 28th/18 Perry McLeod Dinner & Circle 5:30 PM @ DPHC.

Feast on August 25th/18 is scheduled as Tentative. Will notify you if of any changes. Currently will be held Behind clinic under the big tents.

Youth BBQ Fundraiser - 5:30pm - Sonny Moore Building

Fastball & Pitching Machine – Practices will be most days when it is nice weather – as long as it isn't a game day for the Braves in the North Bay League – Open to all ages!

For more information on any of the Programming, Contact the FHWC at the DPHC - 705 237 8900



NNADAP



Don't Sit, Be Fit!

C'mon out Mondays and Wednesdays to use the treadmills and rowing machine!

Time: 6:30PM

Where: Doreen Potts Health Centre

Attached to the back is the schedule

If you attend 3 of the 6 evenings, your name will be put in a draw!!

Please be advised that there are limited treadmills. Contact Kaitlyn or Alyssa for more information at the DPHC.



August 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13 Workout 6:30PM	14	15 Workout 6:30PM	16	17	18
19	20 Workout 6:30PM	21	22 Workout 6:30PM	23	24	25
26	27 Workout 6:30PM	28	29 Workout 6:30PM	30	31	Sept 1
2	3	4	5	6	7	8

Please be advised that there are limited treadmills. Contact Kaitlyn or Alyssa for more information at the DPHC.





Youth Barbeque Fundraiser

Wednesday, August 8th, 2018
5:30 pm
Sonny Moore Building
Email transfers are accepted!





Prices:

Hamburgers \$5.00
Sausage \$4.00
Hot Dogs\$ 2.00
Salad (mac/potato) \$3.00
Pop\$1.00
Dessert\$2.00



LAURA MCKENZIE LEARNING CENTRE

Graduating from Grade 8 into Grade 9 are:

Keitay Becker Angel Jones Cylas Paul Peyden Mongrain

Graduating from Senior Kindergarten into Grade One are:

Colby Jones
Charlie LeFrancois
Chase St. Denis Peshabo
Julia Turner
Madison White
Markus Panamick





HEALTH PROMOTIONS

GOOD FOOD BOXES

HEALTH PROMOTION ALYSSA PAUL 705 237 8900





Greetings,

The Health Promotion Program is continuing with the Good Food Box program.

Hand in your orders and money by <u>noon</u> on **Tuesday**, **August 14th**, **2018**. The orders are then picked up by the Doreen Potts Health Centre on **Wednesday**, **August 22nd**, **2018** in North Bay and delivered to your homes that evening.

Past Food Boxes consisted of:

Small: 4lb potatoes, 2 lbs carrots, 1lb onions, cucumber, red pepper, tomato, 2 oranges, 2 apples, 1lb 8oz bananas, and a pear

Large: 6lbs potatoes, 2lb carrots, 2lb onions, cauliflower, celery, cucumber, red pepper, tomato, 4 apples, 6 oranges, 3 pears and 2lb 8oz bananas

Cost of Good Food Boxes

Small Box - \$10.00 Large Box - \$20.00

Fruits and Vegetables are random, which means each month the produce will differ.

Shopping Bags will be purchased for this program. You are responsible for returning your bag each month for orders.





You are invited to a Summer Beach Day!

Join me for a day of swimming and sun at Sand Point on Thursday, August 16th, 2018.

Sandwiches/wraps, fresh fruits and veggies will be provided for lunch at the beach.

This beach day is for diabetic clients, so we can promote physical exercise and a healthy lifestyle.

Please call Alyssa at the DPHC (705-237-8900) for details and if you are interested in attending, **sign up by August 13**th





Fitter, Healthier, Happier Lives



LANDS AND RESOURCES

From the Desk of David Laronde Resource Development Advisor

TFN Lands & Resources

July 30, 2018

Update on Mining Activities

With map staking coming on stream in April 2018 there has been an increase of claim staking and influx of mining exploration interest. This summer the Ministry of Energy, Northern Development and Mines (MENDM) has received an unprecedented 90 exploration permits for Northeast Ontario. I estimate 15-20 of these will cross my desk if they happen to be within n'Daki Menan. Most of the 90 permits will be outside our area. Many of the permits received here are for early exploration work that includes line-cutting and geophysical surveys and geological mapping. About 25% of these permits include exploratory drilling of 10-20 holes and/or bedrock trenching.

Inventus Mining has submitted their Closure Plan for the Pardo Project to MENDM for a 45-day review period for the general public. Recently Inventus had a consultation session with us on Bear Island on July 4th that was very informative and well attended. Plans are underway for a second session to learn



more detail on the project. Stay tuned for a notice with a meeting date in late August.

A Mining Information Session is scheduled for September 5th where 4 mining exploration companies will share their plans with us. A notice will be circulated very soon. Be sure to RSVP at Lands and Resources 705-237-8600.

David.laronde@temagamifirstnation.ca



TFN Lands & Resources

INFORMATION FROM THE TFN MEMBERSHIP OFFICE

by Sheri Mathias, Indian Registration Administrator (IRA)

Information from the Temagami First Nation (TFN) Membership Office

The Indian Act is the Canadian federal legislation first passed in 1876 that sets out certain federal government obligations. It provides for the registration of persons as Status Indians, identifies who is entitled to be registered and who is not, sets guidelines for Departmentally Administered Band Lists. There have been major changes made to the original Indian Act, the most recent being in 2017.

Can you apply under Bill S3?

You can now apply to register as an Indian under the <u>Indian Act</u> and get a Secure Certificate of Indian Status (secure status card) at the same time.

You may be eligible for Indian status as a Bill S-3 applicant if:

 your direct-line female ancestor (mother, grandmother, great-grandmother; not aunt) lost her Indian status through marriage to a non-Indian man before April 17, 1985

or

 your direct-line female ancestor was born out of wedlock of an Indian father and a non-Indian mother between September 4, 1951, and April 16, 1985

or

 your direct-line ancestor lost their Indian status as the result of their mother's marriage to a non-Indian man between September 4, 1951, and April 16, 1985

or

• your direct-line ancestor lost their Indian status as the result of a successful protest based on their non-Indian parentage between September 4, 1951 and April 16, 1985

For research purposes, family tree charts are located at the TFN Library and at the TFN Membership Office located at the Lands and Resources (L&R) Office on Bear Island. Application forms for Registration on the Indian Register are available at the Membership Office (705) 237-8600 or online, visit canada.ca/Indian-status or call 1-800-567-9604

Thank you, Sheri Mathias, IRA 705-237-8600 sheri.mathias@temagamifirstnation.ca

Source: https://www.aadnc-aandc.gc.ca/eng/1462808207464/1462808233170#As a Bill S3 applicant



Economic Development Report

2018 Career Fair





Economic Development Report

TFN / Outland Junior Rangers Camp Opens









The Temagami First Nation / Ouland Junior Ranger program opened July 16, 2018, after an opening ceremony led by Temagami First Nation. The Esker Lake Rangers quickly changed gears from celebrating to training and co-op!

Over the course of week one, the Rangers completed Bear Aware, WHMIS, Occupational Health & Safety, and three chapters of co-op!!

(continued on next page)



Economic Development Report

TFN / Outland Junior Rangers Camp Opens





















The ongoing forest fires in North Eastern Ontario caused the postponement of the much anticipated Temagami Canoe Festival planned for the first weekend of the camp.

Nevertheless, the Outland Youth Employment Program management team and founding partner, First Management Resources Management Group, came to the rescue! They worked together to quickly acquire brush saws, PPE, land and a trainer at the last minute! Thanks everyone for your efforts.

(continued on next page)



Economic Development Report

TFN / Outland Junior Rangers Camp Opens















The Rangers are now brush saw experts and eager to get out thinning! The Rangers are participating in Sp102 Forest Fire Fighter Training and Chainsaw Training with Specialty Services.

This 3 day course is designed for implementation within a forest industry setting. It provides forest industry workers with the required training to be considered trained and capable under the Guidelines for Modifying Forest Operations in Response to Fire Danger.

After this course, Rangers have two days of First Aid training lined up then head right into Science Week at Northern College!

(a special thank you to Sarah Ambroziak from Outland)



Economic Development Report

Kirkland & District Community Development Corp. Symposium July 11, 2018



North-Temiskaming Indigenous Community Consultation

The Kirkland & District Community Development Corporation held a symposium on July 11, 2018 in Kirkland Lake.

The event was attended by Nancy Wabi - EDO Beaverhouse, RoseThomas - EDO Matachewan, Laurie Ypya - Northern Development Officer - Kirkland lake, Denise Deschamps, FEDNOR, Rose-Lyne D'Aoust-Messier - Regional Economic Development Coordinator, North Temiskaming Paula Mangotich, manager, KDCDC.

Robin Potts and John Shymko represented Temagami First Nation.

We discussed common interests and opportunities and began developing a local networking framework where we can keep each other informed of new developments within our respective First Nations.

We were asked to present our progress with the our Junior Ranger Program, the Canoe House and the

Guides of n'Daki Menan.

Our neighbouring counterparts were very interested in our successes.

We resolved, as Temagami First Nation, to host a followup on Bear Island in the fall of this year to compare strategic planning and discuss mutually beneficial brainstorming.

I feel this is the first of many steps that will strengthen the economic ties we have with other regional First Nations.





Economic Development Report

Community Birch Bark Canoe Launch















Community Birch Bark Canoe Launch & Canoe House Concert

Saturday, July 28th, 2018 marked the launch of our community birch bark canoe build at the Canoe House on Bear Island.

The launch was followed by potluck feast at noon and a Canoe House Concert featuring Teme-Augama Anishnabai, folk singer/songwriter Bonnie Couchie, David Laronde and Lee Frappier.



Economic Development Report

Community Birch Bark Canoe Launch













The living tradition of the birch bark canoe links the past to the present, and is the vessel to move us forward. The community birch bark canoe build is a part of the Canoe House Series Project sponsored by Temagami First Nation, the Ontario Arts Council through the Indigenous Cultural Fund and the Ontario and Federal Summer Experience Program.

The community birch bark canoe build was led by Algonquin Metis canoe builder Marcel Labelle from Mattawa, who is transferring the traditional knowledge to N'Daki-Menan Guides, Demi Mathias and Micheal Cheesequay-Cameron.











John Shymko, Economic Development Officer, Temagami First Nation, 705 237 8600 ecdev@temagamifirstnation.ca



Economic Development Report

Community Birch Bark Canoe Launch



















Demi is a Temagami First Nation member taking her Masters in Canadian and Indigenous Studies at Trent University and Michael's roots are from Eabametoong First Nation. He, too, is at Trent University taking Environmental Studies.

This project was coordinated by Robin Potts.

The canoe build was also open for local community members to come and observe, lend a helping hand and engage in the build.



Economic Development Report

Free websites available to band members' businesses





TFN Economic Development, through the Lands and Resources department, is offering free webpages to Temagami First Nation members' businesses. A professional webpage will be designed for all interested members to promote their businesses and a link will be provided on the Temagami First Nation Website. There is no charge for this service.

Please email John Shymko, Economic Development Officer, at ecdev@temagamifirstnation.ca, or call Lands and Resources, 705-237-8600 to book an appointment with John to discuss what photos and information is needed.

Items a business website should have.

- 1) A phone number. 2) An email address.
- 3) Business Hours. 4) Business Location
- 5) A photo of your Business, or an image related to your business.
 - 6) A photo of the business owner(s).
 - 7) A description of what you do.
- 8) A logo, if you have one. 9) A link to a facebook page, if you have one.



Economic Development Report

Free websites available to band members' businesses

Temagami First Nation Businesses

TFNbusiness.ca is owned and operated by the Economic Development division of the Lands and Resources Department of the Temagami First Nation.

The purpose of the www.tfnbusiness.ca is to promote businesses owned and operated by members of the Temagami First Nation.

We provide links to established websites and create websites for small business from the Temagami First

We encourage you to shop locally and to support Temagami First Nation businesses.

Click On Image To Visit Business's Website



the government institutions of the Temagami First Nation.

Temagami First Nation's Administration The focus of this Aboriginal Affairs DAVID LARONDE is an Indigenous Office is located on the Bear Island Consulting Firm and its customized singer-songwriter performing Indian Reserve, which is one square Moving Red Canoe workshops is to contemporary Native Canadian Music. mile of land, mostly rock, in the middle provide a meaningful introduction to the hails from Teme-Augama Anishnabai of Lake Temagami. The Bear Island those who want to, or have to, deal (Deep Water People) in beautiful Indian Reserve community, which with First Nation people.

City Wrong Town" was nominated Best Department institutions of the Blues CD by Aboriginal Peoples Choice Music Awards 2013.



r forty years of experience in originals, prints, and art ca Zeoglidgemen Geto (Stricks) nor the top of a felt. I ye (if year set 0) of this Terragons First Nation on these tolers, Ordani, Carlesto

(REATE THE THINGS YOU WISH EXISTED. HALEY LADONDE





Hugh McKenzie, Canadian OJibway Hellol My name is Haley and I am a Harvesters and Gatherers of Anishnabai Artist 40 yrs experience in Originals, young and passionate Graphic and Ohwngwehoweh and Keetoowah Prints, and Art-Cards Designer working with small to aniyoonwhiya food crops, including medium sized businesses. Based in maple syrup and wild rice..

My Spirit name is Zaagiidgeaway Gabo Terrace, BC, available for work locally (Standing near the top of a hill). I am and remotely.

68 year old OJibway Elder, artist ,
Musician & Traditional Healer from Let's make cool stuff!

Temagami First Nation Bear Island On, POH1CO



Economic Development Report

TFN Business Inventory

Do you own a business?

I'd like to help you out.

I'm creating a database and directory of Temagami First Nation businesses, so I can contact you if I see relevant opportunities. I would also like to send business your way, both directly and though an online presence, so I need your information. Please answer the following.

Your Name:
Business Name:
Business Phone:
Business Address (optional):
Would you like to be featured in an online TFN business Directory?:
Email:
Website: (if you do not have a business website and would like a free one, please contact me.)
Brief description of business or service (15 words or less):

You can email your responses to ecdev@temagamifirstnation.ca or complete the online questionnaire at

https://www.surveymonkey.com/r/RWHDGLK

Thank you.

John Shymko Economic Development Officer, Temagami First Nation 705 237 8600



Economic Development Report

Indigenous Culture Fund Grants

Still Open For Submissions



http://www.arts.on.ca/grants/icf-small-grants

Please be aware that the Ontario Arts Council offers a grant relating to Indigenous Culture of up to \$5000.00 known as the Indigenous Culture Fund Small Grant.

First-time applicants, youth and elders are all encouraged to apply for these with proposed short-term community, culture and way-of-life projects.

Applications are reviewed with a quick turnaround time. Ontario-based Indigenous organizations, groups and individuals are eligible.

There are five funding categories:

1) Community/Culture/Way of Life: for projects, events or activities

Examples:

Organizing a cultural camp where Elders, language speakers and knowledge keepers take youth out on the land and share their teachings.

Hosting a gathering where traditional medicines and harvesting teachings are shared with community members.

Indigenous Language Projects

Examples:

Running Indigenous language immersion classes in the community.

Participating in an Indigenous workshop, program or class as an individual learner.

3) Cultural Research, Documentation, Tools and Resources

Examples:

Developing a protocols tool-kit that will support archaeological digs in the community. Researching and documenting stories about the local community and land to share with future generations.

4) Cultural Mentorship or Learning

Examples:

A master birch bark canoe maker mentors an emerging maker on traditional techniques for a period of time.

A community group offers family and all-ages drumming workshops.

(continued on next page)



Economic Development Report

Indigenous Culture Fund Grants



CONSEIL DES ARTS DE L'ONTARIO http://www.arts.on.ca/grants/icf-small-grants

5) Travel related expenses to attend and/or participate in community or cultural activities, events, workshops or conferences which are typically unavailable in your community.

Examples:

Attending a sweat lodge ceremony in another community.

Participating in a traditional medicines workshop in another region of the province.

The program funds:

Administrative, programming, material, equipment and technical costs or fees to implement the proposed project. Childcare costs for project staff and participants.

Projects that take up to one year to complete.

Out-of-province projects are eligible in the Travel category only.

There are three questions on the application form. You will also be asked to submit a résumé, brief biography, or organizational history and a simple budget outlining what your project expenses will be.

Questions

- 1) Tell us about your cultural context and your connection to community. In this section, you may describe the work you do, where you are located, your experience and how they relate to your funding request. You may also talk about how you define your community, and how you work in that context. (500 words maximum)
- 2) What are you planning to do? Clearly describe your project. Let us know where and when the project will take place. Describe how the project will develop and be completed. (500 words maximum)
- 3) How will this project create opportunities for Indigenous participant(s) to engage in, learn and share their cultural practices and expand their traditional knowledge? What are the long-term impacts on the participant(s) and/or their community as a result of participation? (500 words maximum)

I can help you apply for this.

Please call me at 705 237 8600 to set up an appointment.







SHUTTLE BOAT SCHEDULE - AUGUST 2018

SCHEDULE A MONDAY TO FRIDAY Depart ear Island Mineroad	Sun 12 12 19 19 19	Mon 6 <i>CIVIC</i> HOLIDAY-NO SERVICE 13 237-8284 20	AU Tue 7 237-8201 14 21 21 237-8201	AUGUST 2018 Wed Thu 237-8201 23 8 9 237-8201 23 22 23 237-8201 23	-8201 -8201 -8201	Fri 3 237-8284 10 237-8284 17 237-8201 24	Sat 4 11 25	NOTE: All trips required call to book WEEKDAY ON-CALL TRIPS AVAILABLE (Call in advance) No Service: Weekends or Holidays
	26				30	31		
		237-8284	237-8201	237-8201	237-8201	237-8201		

ON-CALL TRIPS MAY REQUIRE ONE (1) HOUR NOTICE - PLEASE LEAVE MESSAGE FOR BOOKING & CANCELLED TRIPS NOTE:

THIS SCHEDULE MAY CHANGE WITHOUT NOTICE ~ WEATHER PERMITTING

FOR MORE INFO CALL (705) 237-8943 ~ All trips must be confirmed by calling the Driver or Band Office Two Regular size Bin Limit; \$10 per passenger (regular scheduled trips); \$50.00 per On-Call Trip Community members only

- Programs & Services (Internal & External agencies) On-Call fees have changed PO's mandatory & required before boarding
 - PFDs are mandatory for all passengers

Drivers: Dan Mongrain (705) 237-8201 Lynn White: (705) 237-8284





Bear Island Blast Submissions

The deadline for submissions to the September edition of the Bear Island Blast will be August 31, 2018.

Please email any submissions to communication@temagamifirstnation.ca or call 705-237-8943 for more information.

